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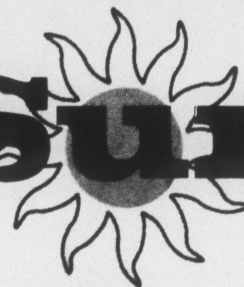
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# The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 54 No. 5

Thursday, October 21, 2021

\$1.50



THE LATE Sergeant Lawrence Grenham's sister-in-law Carol Cooper, right, of Weymouth, and her daughter, Angel Cooper, pause at the memorial naming the Sergeant Lawrence Grenham Playground on Macy Street in Hough's Neck following a recent rededication ceremony.

Quincy Sun photo/Tom Gorman

## HN Playground Rededicated In Memory Of Sgt. Lawrence Grenham

By TOM GORMAN

Childhood friends Lawrence Grenham and James Fratolillo could often be found on the Macy Street Playground in Hough's Neck. They played together. Went to school together. Even went to war together. Fratolillo returned home. Grenham did not.

On Saturday, Oct. 9, Fratolillo joined Grenham's relatives, residents, veterans,

and local officials to rededicate the very playground where he and his longtime friend played. The Sergeant Lawrence A. Grenham Playground pays tribute to the Vietnam War Army Infantryman, a member of the elite Americal Division, who was killed in action on March 17, 1968, near Chu Lai in South Vietnam.

"I can think of no better way to pay tribute to Larry than to dedicate a children's playground in his name," Fratolillo told the gathering.

The Quincy Veterans Council hosted the ceremony rededicating the refurbished playground. Council member, Army Major Ally Sleiman, director of Quincy Emergency Management,

Cont'd On Page 19

## School Board Candidates Identify Priorities At Forum

By SCOTT JACKSON

With Election Day fast approaching, the residents running for seats on the School Committee identified their priorities during a recent candidates' night.

The Quincy Democratic City Committee held its forum for the school board candidates the evening of Oct. 12 via Zoom.

Five of the six candidates on the Nov. 2 ballot – incumbents, Doug Gutro, Emily Lebo and Courtney Perdios, plus newcomers Tina Cahill and Liz Speakman – were in attendance for the forum. The sixth candidate, Liberty Schaaf, did not appear at the event but members of the QDCC said she would be given a chance to

speak at Thursday's candidates' night for the at-large City Council race.

The top three vote getters in the upcoming municipal election will win four-year terms on the School Committee.

The candidates did not debate each other at the Oct. 12 forum; instead, they

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## Early Voting In City Election Next Week

By SCOTT JACKSON

Eligible voters can cast their ballots in Quincy's municipal election – which features contested City Council and School Committee races – during the in-person early voting period next week.

Early voting will be held inside City Hall beginning Monday, Oct. 25, through

Composite  
Sample Ballot  
★ Page 14 ★

the end of the day on Friday, Oct. 29. Early voting will take place from 8:30 a.m. to 4:30 p.m. on those dates.

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## Councillors Want Update On FoxRock Q. Center Plans

By SCOTT JACKSON

City councillors want an update from FoxRock Properties on the company's plans to redevelop the Ross Lot in Quincy Center. They

also want to hear from legal counsel to review the pact between the city and FoxRock that allows the company to redevelop the

Cont'd On Page 18



A COOPER'S HAWK rests on a fence post in a yard on Alton Road across the street from Faxon Park. This hawk and a few of his friends have been alighting in the trees in this yard and spying on the bird feeders waiting to grab an unsuspecting smaller bird for dinner. They're often successful in their hunts however, sometimes they are spotted and the alarm is sounded from one bird to the next and they all scatter to the winds. Faxon Park is abundant with wildlife. In addition to the many hawks a Turkey Vulture and a Bald Eagle were spotted this past year. Larger animals also roam the park and at times venture into the surrounding yards – deer, fox, coyote, raccoon, possum, ground hog, and wild turkeys have all been seen over the past few years.

Photo and description courtesy Joe Mullen




Public Schools Enrollment Down Slightly - Page 13

Pumpkin Spice Festival Oct. 30 - Page 15

Christmas Parade Theme Selected - Page 18

More Quincy news:

The Quincy  .com



# Avoiding Overtraining And Injury As We Age

## Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

The aging process is accompanied by physiological changes that increase the risk of physical injuries and health issues for both sedentary and active adults. Clearly, people who don't exercise experience greater risk of major illnesses and infirmities, but those of us whose training sessions are too frequent, too long, or too intense may encounter various musculoskeletal problems.

Let's begin with middle-aged and older individuals who do not perform regular and purposeful physical activity. On average, they lose 6 pounds of muscle, reduce their resting metabolism by 3 percent, gain 16 pounds of fat, and thin their bones by 20 percent every decade of life. This undesirable cascade of degenerative processes increases the risk of experiencing sarcopenia, osteopenia, obesity, diabetes, heart disease, stroke, certain types of cancer, arthritis, and low back problems.

### Strength Training

Fortunately, all of these potentially serious health issues may be addressed through a sensible and sustainable program of exercise that includes reasonable amounts of strength training, aerobic activity, and stretching exercise. Performing 20 minutes of strength training

twice a week is sufficient to reverse muscle loss. In our research studies with more than 3,000 men and women between the ages of 20 and 90, a basic and brief strength training program produced a 1-pound per month increase in muscle mass during the first several months of exercise. Strength training also raises resting metabolic rate by approximately 7 percent, which significantly increases calorie use 24 hours a day. Because our resting energy expenditure accounts for about 70 percent of the calories we burn every day, a faster metabolism facilitates fat loss. In our exercise studies without dietary changes, our participants lose more than 1 pound of fat each month. In our exercise studies with dietary changes, our participants lose about 3/4 pound of fat each week. Strength training is also the most effective means for reversing bone loss. Participants in our 9-month osteoporosis study who did not do strength training experienced a 1 percent decrease in their bone density, whereas participants who performed resistance exercise experienced a 1 percent increase in their bone density.

### Aerobic Activity

Performing 20 minutes of aerobic activity 3 days a week is adequate for enhancing cardiovascular health

and fitness. This can be in the form of walking, jogging, cycling, swimming, rowing, stepping, dancing, or other types of endurance exercise. Regular aerobic activity increases the blood pumping capacity of the heart, the blood delivery capacity of the circulatory system, and the oxygen carrying capacity of the blood (red blood cells). These highly beneficial physiological adaptations result in lower resting heart rate and lower resting blood pressure for enhanced cardiovascular function. Endurance exercise also improves blood sugar readings and blood lipid profiles, including lower triglyceride levels, lower cholesterol levels, less LDL (bad) cholesterol, and more HDL (good) cholesterol. Of course, aerobic activities burn lots of calories which enhances fat loss.

### Stretching Exercise

Stretching exercise is effective for improving joint flexibility, which is essential for maintaining optimal musculoskeletal function. Stretching exercise complements strength training, as the ability of muscles to lengthen painlessly and the ability of muscles to shorten powerfully are 2 sides of the same coin. This is particularly true for the lower back muscles that need to be both strong and flexible to avoid common problems in this

vulnerable area of the body. Because 30 to 60 seconds of gentle stretching is adequate for attaining desirable levels of joint flexibility, most of the major muscles can be effectively stretched in about 5 minutes.

### Program Design

People who perform a balanced program of physical activity (strength training, endurance exercise, and stretching) reduce their risk of health issues and injuries as they age, as long as they do not overtrain. If you are a regular exerciser, please avoid the temptation to train too hard, too long, or too often. Re-establish training goals every few years as physiological changes in the body inevitably reduce our physical performance capacity. With respect to muscle strength and movement speed, the progressive reduction of fast-twitch muscle fibers that accompanies the aging process means that you will not be able to jump as high, sprint as fast, or lift as heavy at 50 as you did at 30. With respect to cardiorespiratory endurance, the reduction in maximum heart rate (about 10 heartbeats per decade) and lung capacity (about a liter less than our early adult years) that ac-

companies the aging process means that you will not be able to run, cycle, swim, or row the same times at 60 as you did at 40. Older adults who try too hard to maintain their younger years' performance standards typically experience a variety of overuse injuries to their muscles, tendons, and joint structures. Speaking from personal experience, it is prudent to adjust your exercise intensity, duration, and frequency accordingly as you age. If you continue to train in a sensible and sustainable manner, you should be able to remain physically active for a lifetime.

### Indicators of Overtraining

The typical signs of overtraining include poorer exercise performance, general tiredness, muscular fatigue, changes in appetite or sleeping patterns, and reduced ability or desire to train at your previous effort level. If you encounter these or associated physical or psychological issues, it is recommended that you take a week off from your present training protocol. As you begin to feel more energetic, reactivate your exercise program at lower levels of frequency, duration, and intensity. As you regain your muscular strength and cardiovascular endurance,



WAYNE WESTCOTT

gradually increase your exercise program components to a satisfying and sustainable level. As a preventive measure, consider taking an easier week of training every four to eight weeks. This is unlikely to reduce your fitness level, and should enable you to continue your training program with less risk of staleness, burnout, or overtraining injuries.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks.

Wayne can be reached at 617-405-5978 or at [wwestcott@quincycollege.edu](mailto:wwestcott@quincycollege.edu).

## THE QUINCY DEMOCRATIC CITY COMMITTEE

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Quincy Dems Past, Present, and the Future

SUNDAY, OCTOBER 24, 2021  
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Please send any questions to [quincydems@gmail.com](mailto:quincydems@gmail.com)



## Grand Opening

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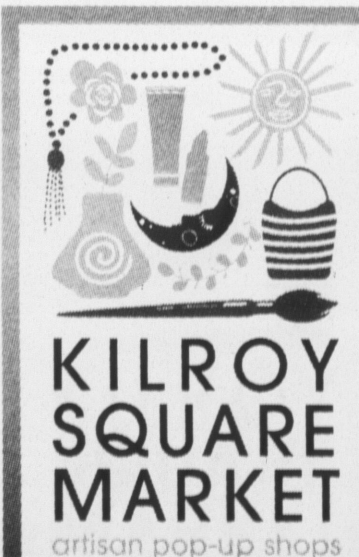
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# Koch Questions If QEA Is Acting In Good Faith

By SCOTT JACKSON

Mayor Thomas Koch recently questioned whether the Quincy Education Association has been acting in good faith in regard to contract negotiations between city and the teachers' union.

The president of the QEA said the city and union had mutually agreed to put off contract talks, and the union would be happy to return to the bargaining table.

Koch made his comments about the QEA during the Oct. 13 School Committee meeting after a group of parents submitted a letter

saying they were "disheartened" to learn the city had offered the union a 0 percent raise for fiscal year 2021 and a 1.25 percent raise for fiscal year 2022 when other unions representing municipal workers, such as police and firefighters, agreed to contracts with a 0 percent raise for fiscal year 2021 and 3 percent for fiscal year 2022.

During the meeting, Koch, who is the chairperson of the School Committee, questioned whether the union was acting in good

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QUINCY POLICE extend a big thank you to the Giordani family for presenting a \$1,000 donation to the department's Project Lifesaver Program. The donation will help assist families with cognitive disorders. From left to right: Sgt Patrick Buonaugurio, Officer Matthew Miller, Olivia Robertson, Jamison Giordani, Caroline Giordani, Officer Mike O'Brien, Captain John Steele and Officer Jay Grazioso. Project Lifesaver is part of a national program to locate and rescue missing persons who have wandered due to "Alzheimer" or related conditions such as autism and/or dementia. Electronic tracking is used by trained officers to locate a missing person enrolled in the program.  
Photo Courtesy Quincy Police Department

## Homesteading Basics: Raising Backyard Chickens Topic Oct. 28

Thomas Crane Public Library's Homesteading Basics series continues on Thursday, Oct. 28 from 7 to 8:30 p.m. with Raising Backyard Chickens.

Local backyard chicken enthusiast Dr. Ejike Eze will instruct on what supplies you need, what to expect, what kinds of different breeds of chickens are avail-

able and where to buy them in his exciting presentation that will get you started with raising your own backyard chickens. He'll also include information on local laws and licenses regarding chicken keeping. If you've been thinking about raising chickens, don't miss this program!

Dr. Eze grew up in a ru-

ral village in Africa where everyone raised a variety of livestock. His favorite has always been chickens and goats. Now residing in Massachusetts, he has settled for

raising just chickens, at least for now.

This program will be held in person at The Thomas Crane Public Library. Capacity for this event will be

limited and masks are recommended. Doors will open 15 minutes before the start of the program.

Visit the Crane Public Library website for more in-

formation.

The program is sponsored by the Friends of the Thomas Crane Public Library.

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# The Quincy Sun

(USPS 453-060)  
Published Weekly on Thursday by  
The Quincy Sun Publishing Co., Inc.  
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth  
Editor and Publisher

Henry W. Bosworth, Jr.  
Founder - 1968  
Editor and Publisher  
Sept. 26, 1968 - Feb. 7, 2009

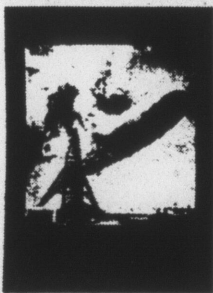
\$1.50 per copy newsstand • \$40 per year in Quincy  
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: [www.TheQuincySun.com](http://www.TheQuincySun.com)  
email address: [thequincysun@verizon.net](mailto:thequincysun@verizon.net)  
Circulation Dept. email address:  
[quincysunsubs@gmail.com](mailto:quincysunsubs@gmail.com)

Periodicals postage paid at Boston, MA  
Postmaster Send address change to:  
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

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## Moments in time

THE HISTORY CHANNEL

• On Nov. 5, 1605, King James I of England learns of a plot to blow up the Parliament building. Guy Fawkes had been found lurking in a cellar with 20 barrels of gunpowder. Fawkes revealed that he was part of a conspiracy to annihilate England's Protestant government and replace it with Catholic leadership.

• On Nov. 7, 1774, Richard Bache succeeds his father-in-law, Benjamin Franklin, as postmaster general. Benjamin Franklin was fired for opening and sending to a publisher Massachusetts Royal Governor Thomas Hutchinson's correspondence.

• On Nov. 6, 1854, John Philip Sousa, "The March King," is born in Washington, D.C. Sousa composed 136 marches, including "The Washington Post" (1889) and "Stars and Stripes Forever" (1896).

• On Nov. 4, 1922, British archaeologists discover the tomb of King Tutankhamen in the Valley of the Kings in Egypt. The tomb contained a stone sarcophagus with three nested coffins. Inside the final solid gold coffin was the mummy of the boy-king Tutankhamen, preserved for more than 3,000 years.

• On Nov. 2, 1947, the Hughes Flying Boat -- the largest aircraft ever built -- is piloted by designer Howard Hughes on its first and only flight. The massive wooden aircraft had a wingspan longer than a football field and was designed to carry more than 700 men to battle.

• On Nov. 1, 1959, Montreal Canadian Jacques Plante becomes the first NHL goaltender to wear a full facemask. Despite the coach's objection, Plante put his foot down as he'd "already had four broken noses, a broken jaw, two broken cheekbones and almost 200 stitches" in his head.

• On Nov. 3, 1976, "Carrie," a horror film starring Sissy Spacek and based on Stephen King's 1974 best-selling first novel, opens in theaters. It tells the story of a high-school outcast who uses her telekinetic powers to exact a violent revenge on prom night.

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This insect's skull-like markings on its back are unsettling, and when it is disturbed, it squeaks loudly, hops about and shrugs its wings up and down. It has long been superstitiously regarded as a harbinger of war, pestilence, hunger and death. Entomologists drew from mythology to name it: *acherontia*, from the river of pain in the underworld, and *atropos*, the Fate who cuts the thread of life.

— Brenda Warner  
Source: [www.butterflies.org](http://www.butterflies.org)

## Early Voting In City Election Next Week

Cont'd From Page 1

The in-person early voting will take place at the election department's offices, located on the second floor of the glass City Hall annex building at 1305 Hancock St.

Absentee and mail-in balloting are also available for the municipal election. The deadline to request to vote by mail is Wednesday, Oct. 27 and the deadline to request an absentee ballot is noon on Monday, Nov. 1. All ballots must be received by 8 p.m. on Election Day, Tuesday, Nov. 2, to be counted.

Polls will be open from 7 a.m. to 8 p.m. on Tuesday, Nov. 2. The same polling places used during the September preliminary election and last November's presidential election will be used on Election Day.

This year's municipal election includes four contested City Council races.

Four candidates are running for the three at-large seats on the council.

All three incumbents -- Noel DiBona of 70 Chickatabot Rd., Nina Liang of 100 Grand View Ave. 8A, and Anne Mahoney of 12 Ferriter St. -- are running for reelection. DiBona and Liang are both seeking their fourth two-year term and Mahoney is seeking her third. DiBona and Mahoney previously served on the School Committee.

Joining them on the ballot is William Burke of 28 Rice Rd. Burke ran un-

successfully for state representative in 2018 and had run for Congress two years prior.

There will also be races for three of the six ward seats on the council.

In Ward 1, incumbent David McCarthy of 48 Whitney Rd. will face off against Joseph Murphy of 18 Macy St. McCarthy, who formerly served on the School Committee, is seeking his third term on the council. This will be the third time McCarthy and Murphy have gone head to head.

In Ward 2, incumbent Anthony Andronico of 46 Endicott St. is up against Steven Perdios of 86 Ruggles St. Andronico, who had been serving on the School Committee, was appointed to the Ward 2 seat in January following the resignation of longtime councillor Brad Croall. Croall was first elected in 2011, when he defeated Perdios for an open seat.

In Ward 5, incumbent Charles Phelan Jr. of 298 Fenno St. is facing a challenge from Stephen Christo of 42 Standish Ave. Phelan is seeking his second consecutive term; he previously represented Ward 5 on the council from 1988 to 1996. Christo and Phelan ran against each other for an open seat in 2019.

The remaining incumbent councillors -- Ward 3 Councillor Ian Cain of 93 Forbes Hill Rd., Ward 4 Councillor Brian Palmucci of 16 Cross St. and Ward 6

Councillor William Harris of 74 Ashworth Rd. -- are running unopposed. Cain and Harris are seeking their fourth terms and Palmucci his seventh.

This year's election also includes a six-person race for three seats on the School Committee.

The field includes incumbents Douglas Gutro of 85 Arnold St., Emily Lebo of 354 Highland Ave. and Courtney Perdios of 86 Ruggles St. Gutro, who previously served on the City Council, is concluding his first four-year term on the committee; Lebo has served ten years on the board; and Perdios was appointed to the committee in February to fill out the remainder of Andronico's term after he joined the council. Perdios had finished in fourth place in the 2019 school board election.

Joining them on the ballot are first-time candidates Tina Cahill of 51 Grenwood Rd., Liberty Schaaf of 28 Howe St. and Liz Speakman of 129 Merrymount Rd. Schaaf and Speakman had also been nominated for the open seat Perdios filled during the February joint convention.

Seven candidates had qualified for the ballot in the committee race, necessitating a preliminary contest in September to whittle the field down to six.

Cahill finished first in the preliminary with 2,330 votes. Lebo came in second with 2,216 votes, and Perdios was third with 1,984 votes, followed by Schaaf

with 1,915, Gutro with 1,777 and Speakman with 1,351. First-time candidate Ellen Patterson O'Donnell of 6 Hatherly Rd. came in seventh with 857 votes and was eliminated from the race.

City Clerk Nicole Crispo is predicting a turnout between 15 and 18 percent in the municipal election, meaning between 9,615 and 11,540 of the city's 64,109 registered voters will have cast ballots by the times polls closed.

Crispo noted the turnout in the Sept. 14 preliminary election was 8.11 percent and said she expects that number to increase with the City Council races also on the ballot.

As of the afternoon of Oct. 15, 320 residents had requested mail-in ballots and 152 residents had asked for absentee ballots, she added.

The turnout in the 2019 municipal election was 24.57 percent, with 14,291 of the city's 58,174 then-eligible voters casting ballots. Unlike this year, the 2019 election included a mayoral race. There was also an open seat on the School Committee in addition to the open Ward 5 seat.

In the 2017 municipal election -- which had no mayoral race -- the turnout was 26.22 percent, with 15,692 of the city's 59,841 voters casting ballots. That year's contest included two open seats on the council -- at-large and Ward 1 -- plus an open school board seat.

## Online Purchase Scams Up; BBB Warns Holiday Shopping Is At Risk

By BETTER BUSINESS BUREAU

Online purchase scams now account for more than a third of all scam reports filed with the Better Business Bureau (BBB), and four out of five consumers who report such scams lose money, making it the #1 riskiest scam type.

BBB is warning consumers ahead of the holiday shopping season to be aware of how scammers deceive consumers, whether they are actively shopping or passively browsing.

### The Mite Box Thrift Shop Open

The Mite Box Thrift Shop at St. Chrysostom's Church, corner of Hancock and Linden Streets in Wollaston, is open.

Hours are Thursday and Friday from 10 a.m. to 2

p.m. Inventory includes Halloween costumes and decorations. Shoppers are reminded to wear a mask or face covering in the shop.

The 2021 BBB Online Purchase Scams Report examines more than 55,000 online purchase scam reports submitted to BBB Scam Tracker between 2015 and 2021; as well as new survey research conducted in 2021 to get insights from those who reported online purchase scams in 2020 and 2021.

Online purchase scams consistently rank among the top three riskiest since 2017, and a significant number of people continue to lose money when targeted by on-

line purchase scams (74.8% in 2021). The median dollar loss for this scam type has risen in recent years, up from \$76 in 2019 to \$102 so far in 2021.

Experts are predicting an earlier start to the 2021 holiday shopping season because of supply chain concerns, microchip shortages, and holiday hiring. BBB warns scammers will find ways to take advantage of the situation by varying the product categories, capitalizing on what people are looking for online and focusing on the most sought-after gifts such as electronics, toys, and other trendy gift items.

"These critical findings can help guide our scam prevention outreach to those most vulnerable to these scam types," said Melissa Trumpower, executive di-

rector of the BBB Institute for Marketplace Trust, BBB's foundation. "Online purchase scams don't just affect those who lose money. For every victim who lost money, that meant less income to buy groceries, gifts, pay the utility bill, or the loss of personal information that could lead to identity theft."

Each year, the BBB Institute issues a BBB Scam Tracker Risk Report, which analyzes the previous year's data. Since the advent of the COVID-19 pandemic, online purchase scams have jumped along with an increase in online shopping. BBB took a deeper dive into the data by surveying people who had reported scams to ask them more about their situation.

Whether a consumer

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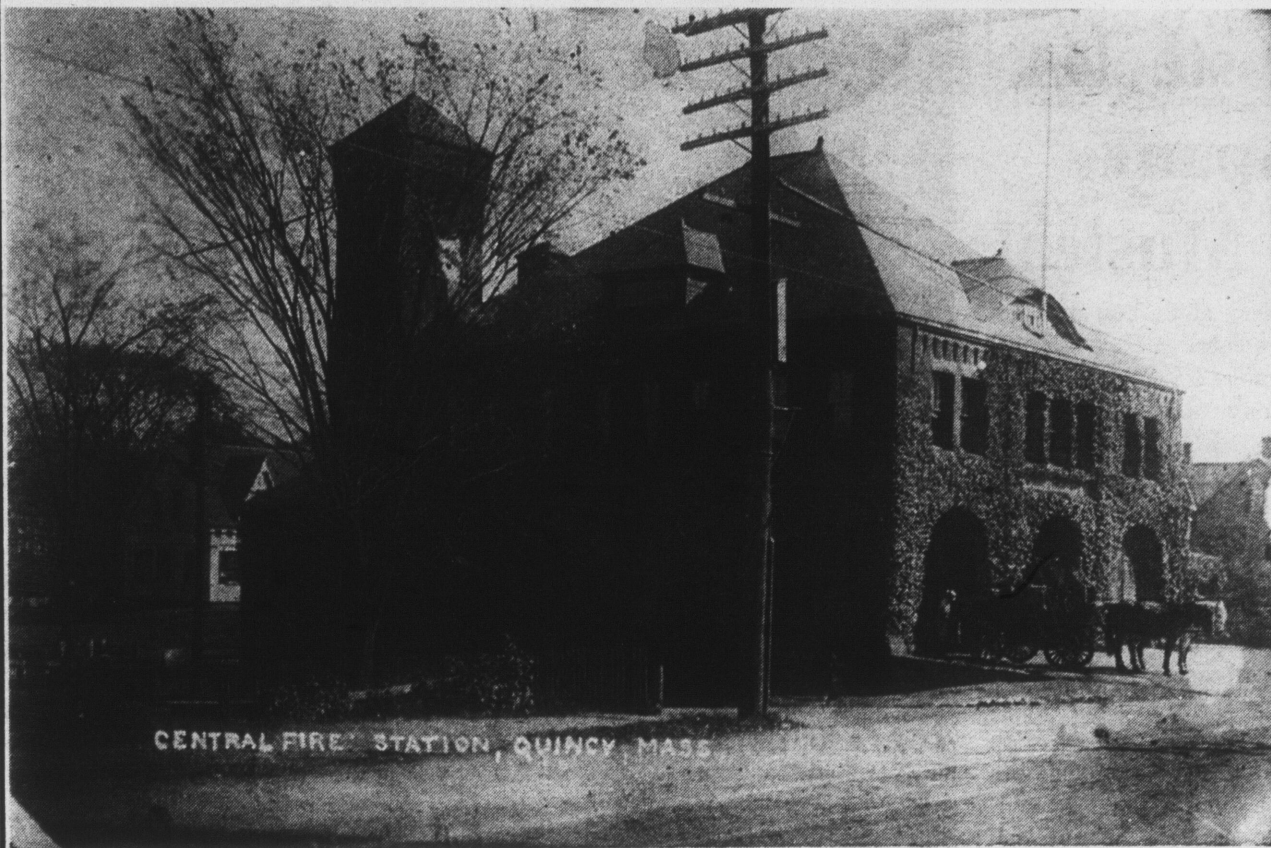
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## Scenes From Yesterday



THIS IS A 1920 real photo postcard view of the old Central Fire Station on the corner of High School and Quincy Avenues in Quincy Center. It was built in 1892 shortly after Quincy became a city and the state mandated that public buildings such as schools and fire stations had to be constructed of brick rather than wood. This brick building, built for horse-drawn equipment, was replaced with the present 83-year-old headquarters building on this site in 1938. It was one of many WPA

projects in Quincy during the Great Depression. The previous fire headquarters building that served the community for almost 50 years was a Quincy granite building on School Street that originally was a school and later police headquarters. Of the eight fire stations in Quincy today, only the Wollaston Fire Station was originally built for horse-drawn fire apparatus as shown here.

*From the Tom Galvin Postcard Collection*

## Quincy's Yesterdays

This Week  
1978  
43 Years Ago

### 'Ward Gangs' To Fight Snow, Litter

Public Works Commissioner James J. "Pete" Ricciuti proposed bringing back 'ward gangs' in an effort to keep up with burgeoning demand for public works services such as cleaning up litter and repairing sidewalks.

Each gang, consisting of foreman and four or five other workers, would be stationed in one of Quincy's six wards year-round on a permanent basis. In times of a snow emergency, such as the blizzard that paralyzed the city for a week in February, each gang would be able to open up streets because of their knowledge of the area.

Ricciuti said the city used ward gangs, when the Highway Department was tasked with rubbish and garbage collection as well as other chores. Those crews remained active until the late 1950s.

"The ward gang in West Quincy, for instance, used to be stationed in the West Quincy Fire Station. Their tools were kept there. They'd report there in the morning, the foreman would read them in and take their time," Ricciuti explained.

"The machinery came in, like street sweepers, and someone made the decision we didn't need ward gangs anymore. They forgot that the more sophisticated the machine the more problems you have with breakdowns."

The first move in putting together the new ward gangs, Ricciuti said, would be to promote seven current public works employees to the position of foreman. That would cost the city less than \$18,000 in salary per year, and no new workers would need to be hired immediately.

Mayor Arthur Tobin said he planned to put Ricciuti's plan into action by executive decision after the City Council approved the seven new foreman positions.

#### KENNEDY MEETS STUDENT EDITORS

U.S. Senator Edward M. Kennedy met with editors of student newspapers from throughout the South Shore at the offices of The Quincy Sun.

Among the student editors present were Katy Carlisle of Quincy High's Pony Express, Cindy Burgess and Kathy Mullaney of Quincy Junior College's the Challenge, and Bill Nichols and Dan Whitney of Eastern Nazarene's Campus Camera.

The main focus of the meeting was higher education. Kennedy said that of the top third of students, those in upper and middle income families had two times the chance of getting into college than students from low income families.

"You have to deal with the student on the basis of his talent and his ability and free him and his parents from the financial burden," Kennedy said.

#### QUINCY-ISMS

North Quincy High's boys soccer team defeated Quincy High, 3-1, behind two goals from Chris Sullivan and one from Ed Kearney. Bill Joyce had the Presidents' lone goal... Reps. James A. Sheets and Michael W. Morrissey were drafting legislation that would limit Massport's authority to recommend changes to flight patterns for planes departing Logan Airport... Humberto Cardinal Medeiros, the Roman Catholic Archbishop of Boston, planned to be a chief celebrant for Sacred Heart Parish's 75th anniversary Mass... Film star Dana Andrews was named an honorary Quincy citizen by Mayor Arthur Tobin. Andrews was in the area to address the South Shore Council on Alcoholism... James Mastrantonio was named "Man of the Year" by the Quincy lodge of the Sons of Italy... The Strand theater, Quincy Center, showed the horror films "Empire of the Ants" and "Tentacles" as a matinee double feature. Tickets were \$1.25... Citing serious accidents in the area, Rep. Thomas Brownell urged the Metropolitan District Commission to set up speed traps on Quincy Shore Drive between Furnace Brook Parkway and Sea Street from midnight to 2 a.m. and during the late afternoon rush hour... United Nations Day was celebrated in Quincy at the United First Parish Church... The Norfolk County Tourist and Development Council provided a grant for a \$14,000 study of the Wollaston business area, which Councillor Stephen J. McGrath said would look into parking problems, public works improvements and storefront upkeep... Dr. Edward Pierce, president of Quincy Junior College, announced plans to start a nursing program at the school in 1979... Frank Locke of Harvey's Saltwater Fishing Club, Arnold and Helen Beresen of Page's Pharmacy, and Manet Health Center President John Hacunda received good neighbor awards from the Houghs Neck Community Council.

## READERS FORUM

### Boy Scout Seeks Donations For Eagle Scout Project

My name is Leo He and I am an Eagle Scout candidate from Scout Troop 42 Quincy. I have planned an Eagle Scout service project with the Quincy Park and Recreation Department on the hiking trail connecting the Southern Artery to the Quincy Rec's boat launch area alongside Black's Creek.

My project will provide major improvements to the trail such as a new layer of mulch for the trail to keep the dust and weeds down, water bars to mitigate the impact of erosion into the marsh, signage at trail intersections, and general cleanup. Ultimately my project will improve the trail and make for a better outdoor recreation area.

I hope to complete the project this fall. I am currently in the fundraising phase of my project and I want to ask you for your help. With my vision, my goal is to fundraise \$500 in order to purchase supplies and materials, specifically for the signs. Any additional donations will be given to the Parks and Recreation department. I have created a GoFundMe page (<https://gofund.me/c5cb0172>), and can take mail in donations made payable to Quincy Friends of Scouting at 21 Puritan Drive, Quincy, Ma 02169. If you would like to support me, thank you for your consideration.

Sincerely,

Leo He  
Eagle Scout Candidate  
Troop 42 Quincy



LEO HE, an Eagle Scout candidate with Troop 42 in Quincy, is seeking donations to help with his Eagle Scout project. The project entails improvements to the hiking trail connecting Southern Artery to the Quincy Recreation's boat launch area alongside Black's Creek.

### Mr. Spring Responds To Mr. J.P. Hahn

To Mr. J. P. Hahn on his response to my article in the Sept. 20, 2021 edition.

First I would like to say that I don't need to be lectured by someone who does not know me nor I him. To say you found it interesting that I wasn't bothered by other derogatory racial and sex based comments in the book - how would you know that? I find that to be self judgmental at best. It's obvious that you must read much more about those particular subjects than I ever have. I thought Corn hole was a game played with bean bags.

It appears you missed the focus of my article which my was the objection of seemingly no thought is given to age appropriateness. You are correct in assuming that I do not want a teacher or an elected board unilaterally deciding what is appropriate for school children without parental consent, outside of the Three R's and science. While you said however, "you would leave that decision to the 'experts', educators who do work tirelessly for children. "My concern is not as much with the teachers (my wife is a retired teacher) as it is with our the school boards and or committees who

approve or mandate what students should be learning. The so-called experts who want to instill their own personal beliefs without interference. In other words raise our children in their own likeness whether it is racially, religious, gender based or politically motivated.

This is not a fantasy. There are more and more instances of school committees around this country having their feet held to the fire for trying to take away parental authority. (i.e. London County, VA.) Fortunately not here in Quincy, yet. We still have one of the top school systems in Massachusetts and I hope it remains that way.

State legislatures need to be scrutinized also. Massachusetts legislators have proposed bills to give the students, K-12, the option NOT to inform their parents in the case of any medical procedures the student needs nor may have had done. What next? No, Mr. Hahn, I don't wear a tin foil hat. Enjoy your next book. Personally I enjoy American history.

Edward Spring  
Quincy



# Arts & Entertainment

## Despite Pandemic Obstacles, New Theatre Company To Premiere Original Musical

Lightning House Players, a new local theatre company, is producing an original two-act musical, "The Glassblower's Daughter: An American Fairy Tale," scheduled to premiere a live performance at the Regent Theatre in Arlington this October. Performance dates are Friday, Oct. 22 through Sunday, Oct. 24.

Lightning House Players had planned for "The Glassblower's Daughter" to be its inaugural production last year, but then the COVID pandemic struck.

"In retrospect, it seems that we picked the wrong year to launch a new theater company," said Lightning House founder and local playwright, Zareh Artinian, Jr. "However, we were committed to bringing this inspiring tale to our audience, and quickly switched gears over the summer to create a streamed reading with music. It was a great opportunity to introduce audiences to this new work."

The fledgling theatre company overcame many challenges over the past two years due to the pandemic. Normal processes involved with developing a show had to be modified. The produc-

ers took a hybrid approach to auditions, allowing potential performers to submit pre-recorded videos, schedule auditions over Zoom, or to audition live. Call backs for the second round of auditions were mostly held in person at the Regent Theatre. Flexibility became the name of the game.

Lightning House Players required all performers to either be vaccinated or to provide weekly proof of a negative COVID test. Masks were required for all rehearsals, and hand sanitizer, wipes, rubber gloves and disposable masks were plentiful.

The new work is an original, two-act musical for which Zareh wrote the book, with music and lyrics by local composer and musician Kelvyn Koning, a graduate of the Boston Conservatory at Berklee School of Music, and original choreography by Katherine Encarnação.

The musical's story is "about fighting adversity," Kelvyn says. "It's an inspiring story, especially for people who feel they are up against insurmountable odds."

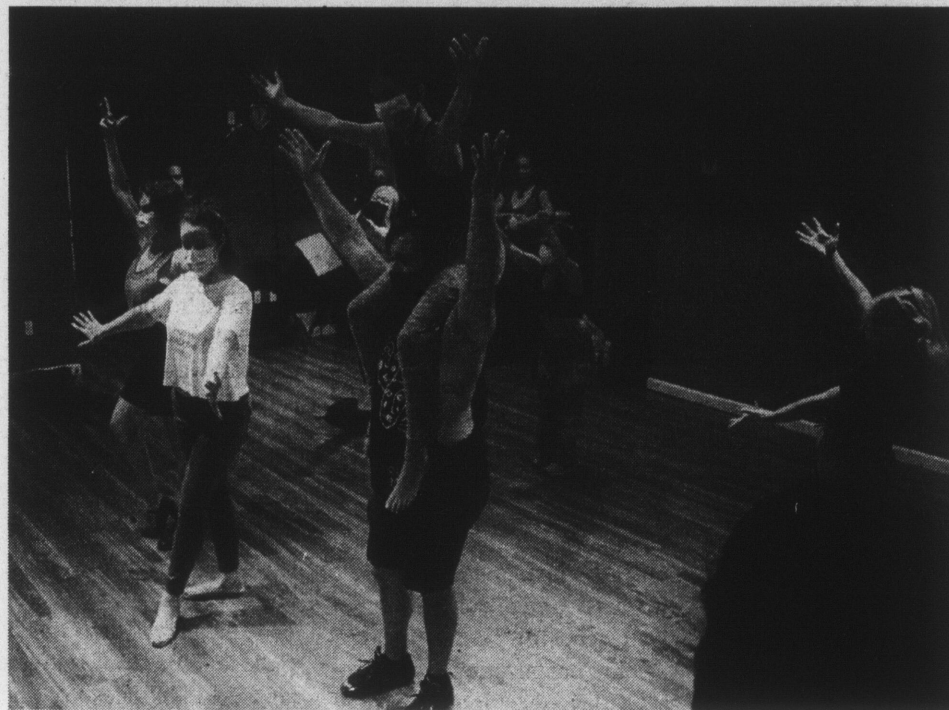
The cast boasts local actors, singers and dancers.

Many of the cast members are either students or recent graduates of the Boston Conservatory at Berklee College of Music. According to their website, one of Lightning House Players' goals is to provide a space for new and emerging talent to apply their skills, as well as creating a space for lesser heard voices and points of view.

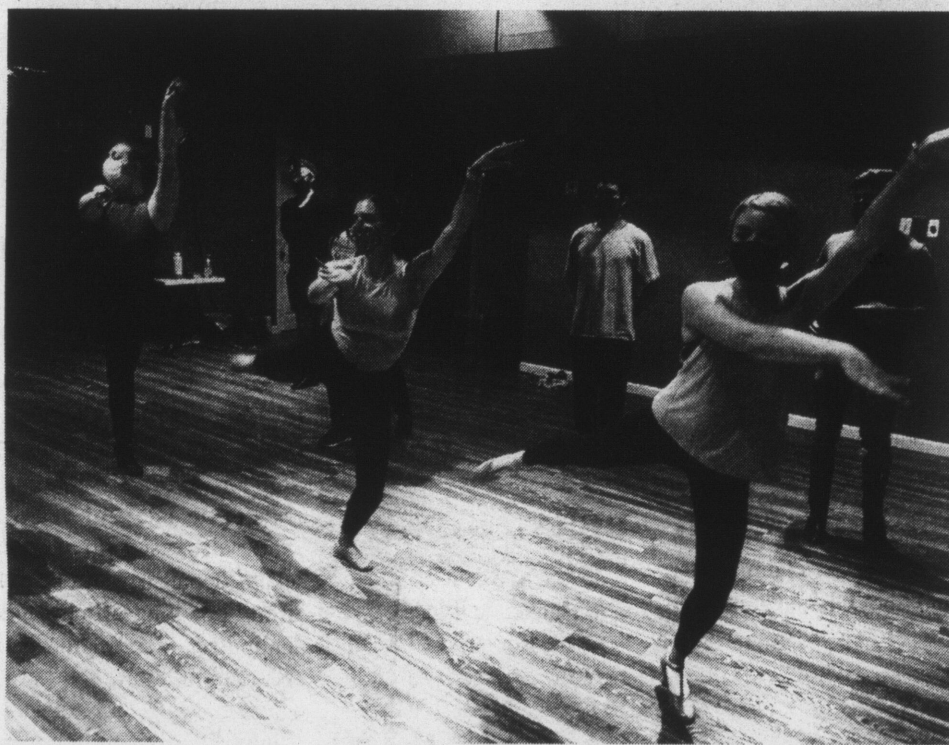
"Our mission focuses on producing works of theatre for social justice that uplift and inspire people," Zareh says.

Kelvyn adds that one of his personal goals is "to foster empathy, healing, and social justice for individuals and communities through music." "The Glassblower's Daughter," with its message about finding and using one's voice to speak out against injustice, is the perfect showcase to let people know what Lightning House Players is all about.

Lightning House Players has been posting updates about their production online. You can follow their activities at [www.LightningHousePlayers.com](http://www.LightningHousePlayers.com), as well as on Facebook @ LightningHousePlayers/.



MEMBERS OF THE cast of *The Glassblower's Daughter* rehearse the energetic dance number for *The Circus That Comes to Your Door*.  
Courtesy Photos



MEMBERS OF THE dance ensemble rehearse to the haunting melody of *The Governor's Ball*.

## Movie Review: 'No Time To Die'

By BOB GARVER

Last spring, the James Bond movie "No Time to Die" became the first movie to be pushed back because of the pandemic. The subsequent 18-month delay made me crave the film even more, and I confess my expectations might have gotten a little too high. In fact, it's probably for the best that the film was delayed, because if it had opened in April of 2020, it would have been less than a year removed from "Avengers: Endgame," which it is conspicuously trying to emulate. Director Cary Joji Fukunaga has crafted less of a Bond movie and more of an MCU movie with James Bond in place of Tony Stark.

Bond (Daniel Craig) makes an effort to retire from spy work and settle into married life with wife Madeleine Swann (Lea Seydoux), but their honeymoon gets interrupted by the remnants of the evil SPECTRE organization. He accuses her of setting up the attack, which hurts her emotionally, and ultimately puts her on a train out of the country with the intention of never seeing her again. We cut to five years later (reminiscent of "Endgame") when Bond's CIA friend Felix Leiter (Jeffrey Wright), accompanied by State Department liaison Logan Ash (Billy Magnussen), lures him out of retirement to try to stop SPECTRE. He's joined by rookie agent Paloma (Ana de Armas) and in many ways the mission is more successful than expected, but in others it's a total disaster that puts the fate of the world at risk.

Bond has to go back to work for MI-6, meaning that he gets to meet up with old friends M (Ralph Fiennes), Q (Ben Whishaw), and Money Penny (Naomie

Harris), as well as Nomi (Lashana Lynch), a younger agent who has been assigned Bond's old 007 number. He interrogates arch nemesis and former SPECTRE head Blofeld (Christoph Waltz), who indirectly directs him back to Madeleine, who is the key to Safin (Rami Malek), the mastermind of a DNA-based plot to kill millions.

Maybe the biggest disappointment of the film is Malek's villain. He's a frightening force in an early flashback scene, but once he's unmasked (literally), he's just another stock villain who insists that humanity can only be saved if he kills a great deal of it. He also likes to tend to his garden, in case the parallels to Thanos weren't blatant enough. He controls a trump card that gives him the upper hand on Bond, and he foolishly throws it away after an annoyance.

The good news is that the scene I was most anticipating certainly delivers. The "Knives Out" reunion between Craig and de Armas

is filled with fun chemistry and action. I can't see de Armas in another movie soon enough, and if casting directors weren't breaking down her door before, they will be after her action scenes in this movie. The problem is that what the scene delivers in quality, it lacks in quantity. This movie is 163 minutes long and de Armas isn't in it for more than ten. But those less-than-ten minutes are the highlight of the film.

Back in 2012 I wrote that the best thing about "Skyfall" was James Bond's vulnerability. It was nice to see a more human side of the character. But with "No Time to Die," I feel like we're getting too much vulnerability, like he's so emotional throughout the movie (and granted, he has a lot to be emotional about) that he's no longer a recognizable version of the character. This will be Craig's last turn as James Bond, and it feels right. Five movies is a satisfying number, and the series can only play the "pulled back into action after he tries to retire" card so



many times before the trope is overdone. Maybe this last entry would have been disappointing if it had opened on time, maybe it falls short of expectations because of the 18-month wait, all I know is that I'm underwhelmed.

Grade: C

"No Time to Die" is rated PG-13 for sequences of violence and action, some disturbing images, brief strong language and some suggestive material. Its running time is 163 minutes.

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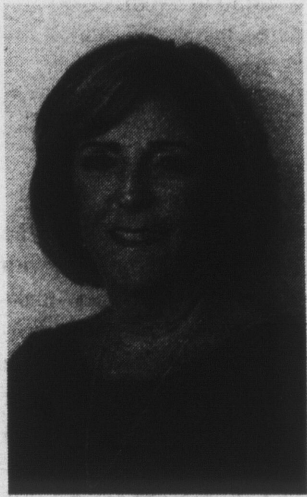


## Dolly Di Pesa Joins Quincy College Board Of Governors

Dolly Di Pesa, managing partner of Di Pesa & Company Certified Public Accountants of Quincy, has been appointed to the Quincy College Board of Governors.

Di Pesa, a Quincy resident, has a lengthy record of community service on behalf of organizations throughout the region. She co-founded the Women's Business Connection of the South Shore Chamber of Commerce and is a past President of the New England Women Business Owners and the Alliance of Women's Business and Professional Organization. She is also past President of both the Quincy Chamber of Commerce and the Rotary Club of Quincy.

Currently, Di Pesa serves as a director of First Finan-



DOLLY DI PESA

cial Trust, and also chairs a fundraising committee for Friends of Thai Daughters, an organization that provides education, safe shelter, and emotional support for girls in Northern Thailand who are at risk for human trafficking.

Di Pesa received her

bachelor's degree in special education and elementary education from Boston College and her master's degree in accounting from Bentley University.

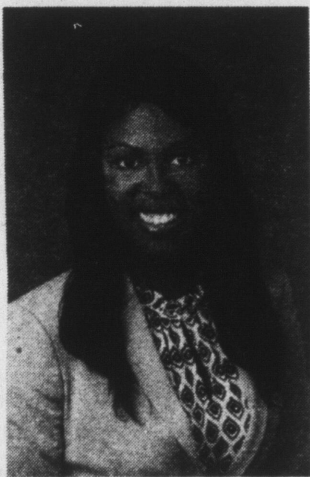
"I'm privileged to join the Board of Governors of Quincy College, which is a true asset to our community," Di Pesa said. "Expanding pathways for students' educational success and personal growth is foundational to the College's mission, and I look forward to working with my fellow Governors to advance those objectives."

Members of the Quincy College Board of Governors are advocates for the institution, have certain governance and oversight responsibilities and demonstrate in action and word a commitment to the mission and purpose of the college.

## Arbella Insurance Group Hires Candice Lohmeier As Director Of Claim

The Arbella Insurance Group announces the appointment of Candice Lohmeier as director of Claim. Reporting to Janet R. Corcoran, executive vice president and COO, Lohmeier will oversee the Springfield and Bridgewater claim offices and the Glass Claim unit, working out of Arbella's Quincy location.

"We are very fortunate to add Candice to our leadership team," said Corcoran. "She brings invaluable experience and insight, including a history in recruiting and employee coaching. She also has deep experience in many areas of Claim, including property, personal auto, commercial and gen-



CANDICE LOHMEIER

eral liability. Candice has already hit the ground running."

Lohmeier joins Arbella from Auto-Owners where, over her 14-year tenure, she

assumed roles of increasing responsibility, most recently as a regional manager. In that role she led a large group of more than 100 professionals handling Michigan auto PIP claims. She also supported the claim department transition from handling Michigan's unlimited lifetime medical benefits to a new state program that offers multiple additional customer PIP coverage options.

Lohmeier holds a BA in international business from Saint Xavier University in Chicago, IL. She has relocated to Quincy from Michigan with her husband and two young children.

## Ward 2 Candidates' Talk Oct. 23

The Ward 2 Civic Association will host a Ward 2 Candidates' Talk Saturday, Oct. 23 from 11 a.m. to 12:30 p.m. at the Fore River Club House.

Hosted by Fiona Cough-

lan, the Ward 2 Civic Association will moderate a Q & A discussion in the "fireplace" room of the club house with the two candidates for Ward 2 city councillor: Anthony Andronico

and Steve Perdios.

Submit questions for the candidates via Facebook message or by email to: ward2civicassociation@gmail.com.

The candidates' talk is open to the public.

## WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



## Bread-Stuffed Meatloaf Roll

By MARIE

Today's recipe is for Bread-Stuffed Meatloaf. This recipe is delicious, moist and different from the usual vegetable filled meatloaf that I make. My family loves this dish and so will yours.

The leftovers (if there are any) make great sandwiches too (warmed or cold!) You can make this dish using homemade tomato sauce, or simply buy a jar of marinara!

**Prepare a 9 x 12 Baking Dish by greasing with a little olive oil. Pre-heat oven to 350 degrees.**

### Directions and Ingredients:

1 and ½ pounds of ground beef  
1 egg  
1 cup seasoned bread crumbs  
2 tablespoons of milk  
¼ cup grated cheese (any favorite)  
Tomato sauce

Prepare the meat loaf by combining the ground beef with egg, bread crumbs, ¼ cup of cheese and 2 tablespoons of milk. Set aside while preparing the Bread Stuffing Filling.

### Bread Stuffing:

2 cups of stuffing mix, or soaked bread  
2 tablespoons of seasoned bread crumbs

1 small onion, chopped  
2 tablespoons Olive Oil  
1 egg  
2 tablespoons of grated Romano cheese  
Salt and Pepper to taste

For the bread stuffing: sauté the onion and celery in the hot oil.

Add the moistening stuffing mix, the grated cheese, salt, pepper and egg, mix and blend well.

If the stuffing seems to be liquidy, add a few more breadcrumbs.

### Make a tomato sauce and then:

**For the meat loaf:** Take the meat loaf mixture and roll it out between two sheets of waxed paper until almost as large as a piazza.

Remove top sheet of waxed paper and in the center of the meat mixture, spread the bread stuffing all the way across.

Fold the sides over carefully and then tuck in the ends, releasing the wax paper as you do.

Bake in a greased 9 x 12 baking dish in a 350-degree oven for about 40 minutes.

About 15 minutes before the tomato sauce is finished cooking, place the meat loaf in the sauce to let the flavors blend. Just like a huge meatball, it takes on the flavor of the sauce and goes great with various types of pasta.

## Baked Apple Crisp

By SUZIE

"An apple a day keeps the doctor away" is not just a cliché. They really are associated with reducing the risk of certain chronic diseases, including heart disease (because of their high fiber and pectin) diabetes, even asthma and certain cancers (specifically colon and liver).

Apples ranked second for highest antioxidant activity. However, they ranked highest for the proportion of free phenolic compounds which make them more easily absorbed in the blood stream. Much of their antioxidants are actually in the peel of the apple (catechin, procyanidins, chlorogenic acid to name a few) so don't peel your apples.

It is very important to only look for organic apples. Apples are one of the most pesticide contaminated fruits there are. Even if you wash them, many pesticides are "lipophilic" which means they enter the flesh of the fruit (or vegetable) so all the washing in the world won't reduce all of them, but does help some.

Make sure you always refrigerate to ensure crispness. A bowl of apples look pretty, but in a couple of days, they will lose their crispness.

Here is a great recipe for those of you who have gone apple picking and have lots of apples to cook with. It is grain free, and refined sugar free, as well as dairy free, although I like to substitute grass fed butter instead of the coconut oil in the crumb topping. ENJOY!

### BAKED APPLE CRISP

(Dairy-Free, Grain-Free, Egg-Free)

**FILLING:** 7 apples, peeled, cored, sliced into thin pieces

1/4 cup orange juice (juice of 2-3 oranges)

2 tbs. raw honey (melted to liquid)

1 tbs. pure maple syrup

2 tsp. cinnamon

1/4 tsp. nutmeg

In a large bowl, mix together apples, orange juice, honey, maple syrup, cinnamon and nutmeg. Pour into a pie dish and bake at 350 degrees for 45 minutes. Remove from the oven to sprinkle crumble on top.

### CRUMBLE TOPPING:

Mix together 1 cup almond flour/meal

2 tbs. finely ground pecans

4 tbs. raw honey (melted to liquid)

2 tbs. coconut oil, butter or spread (softened).

Sprinkle on apples and bake at 350 degrees for about 20 minutes.

## Healing Tree Yoga & Liv Fitness Hosting Open House Saturday

Healing Tree Yoga & Liv Fitness, 218 Sea St., Quincy, will host an Open House Saturday, Oct. 23 from 9 a.m. to 4:30 p.m.

The event will feature free yoga and fitness classes all day and vendors as well as complimentary cookies

from Ginger Betty's and coffee from Coffee Break Cafe.

To register for classes visit healingtreeyoga.com.

### Abigail Ames On

### Curry College Dean's List

Abigail R. Ames of Quincy has been named to the Dean's List for the spring semester at Curry College in Milton.



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# Quincy Art Association Fall Classes 2021

The Quincy Art Association announces the following fall classes started the week of Oct. 11.

## Adult Classes (6)

**Note: All students, teachers, and models must be vaccinated**

### Figure Sculpture Dan Myers

We will be sculpting a 1/4 life size clay figure from a live model in a reclining pose.

Focus will be on gesture, proportion, bone & muscle anatomy, surface modeling, and use of special tools for detailing. All pieces will be fired in a kiln to terracotta and information on patina and mounting for exhibit will be offered. All materials: model fee, clay, tools, and use of kiln are included.

Wednesdays, starting 10/13

7 to 10 p.m.  
6 classes  
Members \$220  
Non-Members \$250

### Clay Potters Wheel Sue Hoy

This ceramic class will cover basic wheel techniques as well as slab, coil, and hand building. Inde-

pendent projects are welcomed. Open to all levels of students. All materials and firing are included

Wednesdays starting 10/13

6 to 9 p.m.  
6 classes  
Members \$220  
Non-Members \$250

### Open Studio Life Class Dan Myers & Kris Kreitman Model Coordinators

This is an unstructured class for artists to drop in and draw or paint the portrait of a clothed model or the figure of a nude model. Poses are for 3 hours. Open to all levels and media. Must be 21 years old.

Tuesdays, ongoing 7 to 10 p.m.  
Artists pay \$15/session for model

### A Painter's View of the MFA (One class only/Online) Tamara Mann

This is a single, virtual, online art appreciation lecture with slides featuring Tamara's personal visit to the MFA. She will lead the class to see selected

artworks that demonstrate painting methods and interesting relevant history. Students will use their own computers or tablets to sign on.

Monday, Nov. 1  
7 to 9 p.m.  
Members \$24  
Non-members \$30

### Fundamentals of Drawing Isabel Shamitz

We will use charcoal and graphite pencils to explore tonal value using photo reference and still life objects. A choice of group and/or personal projects, along with attention at all levels will be offered. Demonstrations and instruction in sight-sizing, tonal values, and basic linear perspective. (See supply list online, not included in class fee)

Thursdays starting 10/21  
10 a.m. to 12 noon  
6 classes  
Members \$150  
Non-members \$180

### Fundamentals of Oil Painting Isabel Shamitz

Come try your own style of painting! This is an intro-

duction to the properties of oil paints. Use of brushes, liquid mediums, painting surfaces, and other tools will be discussed. Explore the ways to execute your personal style and approach within the 2 dimensional surface. (See supply list online, not included in class fee)

Fridays starting 10/22  
10 a.m. to 12 noon  
6 classes  
Members \$150  
Non-members \$180

### Children's Classes (4) **Note: All students age 12 and over must be vaccinated**

### Kids Beginning Pottery Wheel Sue Hoy

Learn the basics of centering and shaping clay on a pottery wheel. Students will trim and glaze their work. Projects will be fired and ready for pick up within 2 weeks. All materials included.

Age level: 8 and older

Thursdays starting 10/21  
3:30 to 5 p.m.  
6 classes  
Members \$110  
Non-members \$130

### Clay Time Sue Hoy

Join the fun! Learn the basics of hand building with ceramic clay while making holiday themed projects. Students will explore coiling, pinch pot, and slab techniques. Glazed projects will be fired and ready for pick up in 2 weeks. All materials included.

Age Level 6 and older  
Wednesdays starting 10/20

3:30 to 5 p.m.  
6 classes  
Members \$110  
Non-members \$130

### Art Creation (Ages 6 to 11) Yael Kolbech

Each child will be encouraged to explore and experiment with many different types of painting and drawing to help spawn

creativity and build skills. Students will be grouped according to age and skill and learn the basic elements of design and composition. All materials included

Tuesdays starting 10/26  
4 to 5:30 p.m.  
6 classes  
Members \$110 members  
Non-members \$130

### Art Creation for Teens (Ages 12 to 15) Yael Kolbech

Each teen will be encouraged to explore and experiment with many different types of painting and drawing to help spawn creativity and build skills. Students may be grouped according to age and skill to learn the basic elements of design and composition. All materials included.

Thursdays starting 10/28  
4 to 5:30 p.m.  
6 classes  
Members \$110  
Non-Members \$130

## Council On Aging Fall Craft Fair Saturday

The Quincy Council on Aging will hold its annual Fall Craft Fair Saturday, Oct. 23 from 10 a.m. to 2 p.m. at the Kennedy Center, 440 East Squantum St., Quincy.

Admission is free. Vendors include Caryn's Corner, Piper Dee Naturals, Gramma's Boredom Wreaths, Nails to You, Scentsy, South Shore Vibes, Tupperware, Tastefully

Simple, Cards by Lo, hand-painted ornaments, Irish Kitten, Creatives by Kerry, jewelry, quilts, aprons, knitted items, baked goods and more.



## Collaborative Welcome Back Event Held With Area Agencies Bringing Basic Needs To The Community

Over 300 enthusiastic people, from children to seniors, attended a recent community Welcome Back event hosted by Bay State Community Services.

The Quincy Family Resource Center, in collaboration with the Greater South Shore Behavioral Health Collaborative, brought together a number of local agencies that provide essential services to the broader Quincy community. The Quincy FRC distributed backpacks and school supplies to children and offered free feminine hygiene products through their free program; Quincy Community Action Programs (QCAP) launched their first Mobile Food Pantry, distributing

food to nearly 150 households from a newly purchased refrigerated truck; Manet Community Health Center held a pop-up COVID-19 vaccine clinic, and Bay State Community Services, BAMS, Quincy Asian Resources (QARI) distributed information about various services available to adults and children in the community. On a hot and sunny afternoon, attendees also enjoyed free ice cream, cold water, and other snacks.

The Greater South Shore Behavioral Health Collaborative, generously funded by South Shore Health Community Health Initiative, Bay State Community Services was pleased to of-

fer this fun and informative event along with the following organizations: Brockton Area Multi Services (BAMS), Father Bill's & MainSpring, Quincy Asian Resources, Inc. (QARI), Quincy Community Action Programs, Inc. (QCAP), South Shore Community Action Council, and the Weymouth Health Department. Also included in the Collaborative are: Aspire Health Alliance, the Blue Hills Community Health Alliance (CHNA 20), Manet Community Health Center, and South Cove Community Health Center. This event is part of the Collaborative's efforts to provide coordinated care to clients across multiple agencies.

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# BBB Tip: Know Your Rights When It Comes To Payment Types

By BETTER BUSINESS BUREAU

You bought something online, and the seller wants you to pay through CashApp. Is that okay? You got a new job, and your new employer sends you a check – for more than your salary. Is it okay to deposit? Your water bill is overdue and the “utility company” demands payment through a pre-paid debit card. Is that a problem? In all three cases, it’s a scam!

Knowing the ins and outs of payment types is one of the best ways to spot a scam. Peer-to-peer (P2P) payment apps, such as Zelle, CashApp, and Venmo, are becoming increasingly popular. But digital wallets aren’t the only way to transfer funds without using a debit or credit card. Checks, prepaid debit cards, and gift cards can all transfer money from one person to another.

How safe are these payment methods? And when should you use or avoid them? BBB offers the following advice to help you understand how each payment method works, make payments safely, and avoid falling victim to scams.

## P2P Payment Apps

• **Know how P2P payment apps work.** P2P payment apps allow users to send money to each other using a mobile app, usually as a smartphone app. To use a P2P payment app, you must first set up an account, after which you can link your bank account directly or a credit or debit card to provide the funds sent to other users. Once your account is set up, you can search for other users with phone numbers, usernames, or emails. Sending money is relatively easy. You simply choose the recipient, select an amount, designate the reason for the payment if you wish, then submit the payment. Depending on the app and your payment method, it can take anywhere from a few seconds to a few business days to complete the transaction.

• **Know your rights.** Unlike traditional banking systems, most P2P apps won’t cover your funds in case of fraud. If you sent money to a scammer and later realize your error, it’s unlikely you’ll have any success getting the company to reimburse you. The best way to protect yourself from scammers is to think carefully about who you send money to using this payment method.

• **Use P2P payment apps wisely.** Keep in mind that some digital wallet apps take a few days to process a transaction. Scammers take advantage of the system to “send funds” that they know will never go through. Get to know other

digital wallet scam tactics too, so you’ll be quick to notice when something is fishy. Avoid businesses or individual sellers who only allow you to pay with P2P payment apps. Instead, use these apps to transfer funds to your friends, family, and other people you already know and trust. Link your credit card (instead of your debit card or bank account) for an added layer of protection and enable any additional security settings the app offers, like multi-factor authentication. If you need tech support or assistance, double check you are calling or visiting the website of the official company, not an impostor’s hotline.

## Checks

• **Know how checks work.** Federal banking rules require banks to make the funds available within a day or two when someone deposits a check. The problem is, funds may not truly be transferred from the payer’s account for several business days. If it turns out the check is a fake or if it bounces, the bank has the right to recover the amount they deposited into your account. Cashier’s checks are checks guaranteed by a bank, not an account holder, while money orders are generally prepaid by a person or business. Both are treated as guaranteed funds, but it’s important to make sure they are legitimate, as scammers are skilled at forging them.

• **Know your rights.** If a check is suspicious the bank may put a hold on it before crediting your account. However, if the check passes inspection, your bank will credit your account in the amount written on the check. The check must then go from your bank to a clearinghouse and from

there, to the bank where it originated from. Because there are several parties involved, it can take up to two weeks to determine if a check is legitimate. If you spend the money the bank credited to your account in the meantime and it turns

out the check was a fake, you’ll be responsible for returning the funds. If the fraudulent check appears to come from a specific company, the company will not be held liable as long as they didn’t know about the fraud.

• **Use checks wisely.** If a

stranger sends you a check, cashier’s check, or money order, think twice before you deposit it and use the funds. Some scammers send checks for large amounts and ask you to return part of the funds via wire transfers or prepaid debit cards.

This is a scam! Unless you already know and trust the person or company who sent you the check, always wait for the funds to clear before you spend the money. Look carefully at any check you receive, keeping

Cont’d On Page 11

## Ask Rusty – Basics Of Applying for Social Security

By RUSSELL GLOOR

National Social Security Advisor

at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

**Dear Rusty:** I am planning to apply for Social Security in May of 2022 and would like to understand how to file. I will be taking it when I am 62. **Signed: Ready to Retire**

**Dear Ready to Retire:** Congratulations on your upcoming retirement! You should apply for your Social Security benefits about 3 months before you wish benefits to begin (you will tell them the month you want benefits to start when you apply). Since you plan to apply at age 62, be aware that you must be 62 for an entire month to be eligible for benefits – you cannot get benefits for the month you turn 62 (unless you were born on the 1st or 2nd of the month). Rather you become eligible the following month.

Your benefit payment date will be either the 2nd, 3rd, or 4th Wednesday of the month, depending on the day of the month you were born. Born between the 1st and 10th of the month your payment will be received on the 2nd Wednesday; born between the 11th and 20th of the month, payment will be made on the 3rd Wednesday; born after the 20th of the month your payment will be received on the 4th Wednesday.

You can apply for benefits over the phone by calling Social Security at 1(800) 772-1213 (or by calling your local office) and requesting an appointment to apply. However, by far the most efficient way to apply is online at [www.ssa.gov/applyforbenefits](http://www.ssa.gov/applyforbenefits). Here’s a link to a short video about applying online: [https://www.ssa.gov/hlp/video/icclaim\\_r01.htm](https://www.ssa.gov/hlp/video/icclaim_r01.htm). To do the online application you will first need to create your personal “my Social Security” online account which is easy to do at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount). When you have that online account set up, you will see your estimated benefit amounts at several ages. You’ll see that if you claim at age 62 your benefit will be 30% less than it would be at your full retirement age (FRA) of 67 (a permanent reduction), and you’ll also see that your benefit at age 70 would be about 75% more than your benefit at age 62.

Please also be aware that if you claim before your full retirement age and you continue to work, Social Security has a limit for how much you can earn before they take away some of your benefits. The 2022 earnings limit is not yet known, but it will be something a bit more than the 2021


## Social Security Matters

limit of \$18,960. If you exceed the annual limit, Social Security will take back benefits equal to \$1 for every \$2 you are over the limit (half of what you exceed the limit by). The earnings limit goes up by over 2.5 times in the year you reach your full retirement age and goes away entirely once FRA is attained.

Finally, your Social Security benefits may be subject to income tax if your combined income from all sources is high enough. The thresholds depend on your IRS filing status – if you file as “married/jointly” and your combined income (yours and your husband’s) is more than \$32,000, then 50% of your SS benefits for the tax year becomes part of your taxable income. If your combined income as a married couple is more than \$44,000 then up to 85% of your SS benefits will be taxable. The thresholds are less if you file your taxes as a single – in that case income over \$25,000 means 50% of your SS benefits are taxable, and income over \$34,000 means up to 85% of your benefits will be taxed at whatever your normal IRS tax rate is.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org)



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On Friday, Oct. 8, officers were made aware of a Be On the Lookout (BOLO) for a motor vehicle wanted by the Lynn Police Department. The BOLO relayed that a blue KIA bearing New Hampshire registration was wanted by the Lynn Police after the operator/vehicle was involved in a shooting on Sept. 15.

While on patrol, Officer Patten began checking area hotels and businesses for the wanted vehicle. At approximately 9:30 a.m., Officer Patten alerted Quincy Police Communications that he had a visual of the wanted KIA parked in the parking lot of Stop & Shop Supermarket, 65 Newport Ave. Officer Patten could not tell if the vehicle was occupied at this time. The KIA then started up and pulled out of the parking lot. Officer Patten continued to follow from a distance while confirming that the vehicle was wanted.

Detective James Menz confirmed, via the radio, that the vehicle was still listed as wanted. Officer Patten observed the KIA pull into the parking lot of the La Paloma Restaurant, 195 Newport Ave. Officer Patten pulled his marked cruiser into the Wendy's Restaurant parking lot which is directly south of La Paloma's lot and only separated by a row of mulch. Officer Patten did not activate his cruiser's lights or sirens.

Officer Dimattio and Sergeant Daniel Flaherty pulled their marked cruisers into the La Paloma lot. Sergeant Flaherty and Officer Patten approached the driver's side of the parked KIA while Officer Dimattio went to the front passenger side window. Due to the fact that the vehicle was wanted in relation to a shooting, Sergeant Flaherty opened the front driver's side door and engaged the sole occupant, who was seated in the driver's seat. Sergeant Flaherty informed the male that he was a Quincy Police Officer and needed to talk to him outside of the vehicle.

The driver refused to exit the vehicle and started moving around the passenger compartment in an agitated state. Sergeant Flaherty was able to grab hold of the driver's left hand to prevent him from accessing a weapon and tried to verbally de-escalate the situation. Sergeant Flaherty kept telling the operator that they only wanted to talk to him, that he wasn't

## A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS  
Public Information Officer  
Quincy Police Department

under arrest, and he just needed to cooperate by exiting the vehicle.

At some point, the operator grabbed his cell phone in his right hand and stated that he wanted to record the incident. Sergeant Flaherty told him to hit the record button but then drop the phone on the dash and slowly get out of the car. The driver began yelling loudly at Sergeant Flaherty, Officer Patten and Officer Dimattio that he wasn't getting out of the vehicle. He dropped the phone and attempted to reach under his seat for something. Sergeant Flaherty still had hold of the man's left hand and kept asking him to peacefully step out of the vehicle so no one would get hurt.

The operator eventually got out of the vehicle in an extremely agitated manner. As Sergeant Flaherty was trying to control him and calm him down, the operator elbowed Officer Patten, striking him in the chest. At that point, Officers Patten, DiMattio and Sergeant Flaherty wrestled him to the ground to take him into custody. No one was injured and officers kept telling the male to simply comply and stop resisting. While this transpired, at least one citizen became alerted and alarmed by the incident.

Officers later identified the witness. The witnesses told officers that he felt officers gave the male several opportunities to comply and that the driver escalated the incident.

The driver was placed under arrest for assault & battery on a police officer, knowingly resisting arrest, and disorderly person. The vehicle was towed to the Quincy Police Station and secured. The vehicle was then released to the Lynn Police Department so that a search warrant could be executed.

On Monday, Oct. 11, Lynn Police Department executed a search warrant on the vehicle and located a revolver in the

console. The suspect, a 29-year-old male from Hyde Park, N.H. will face additional charges. Great work by all officers involved!



PHOTO OF THE gun recovered during the arrest at LaPaloma on Newport Avenue. The gun involved in the second incident has not been located.

### Another Job Well Done

On Tuesday, Oct. 5, at approximately 4:30 p.m., officers responded to Avalon Avenue on multiple reports of possible gun shots. Upon arrival, officers were unable to locate any type of disturbance in the area.

Upon speaking with the initial caller and witnesses, officers learned that two black males exited a dark colored vehicle, possibly a Honda Accord. One of the suspects then fired two shots into a white BMW. The first suspect returned to the dark colored vehicle and fled the scene. The second suspect, who had fired the shots, ran towards Avalon Ave. The white BMW also fled the scene. This information was broadcast to Quincy police officers as well as surrounding cities and towns. The victim's vehicle was located a short time later by the Braintree Police Department. The occupants of the vehicle were not injured.

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## QUINCY POLICE CRIME AWARENESS JOURNAL

### FRIDAY, OCT. 8

**BREAKING AND ENTERING/PAST (dwelling), 8:31 a.m., Brook Road.** Reporting party states when he arrived to location the door appears to have been jimmied. Report of B&E.

**ASSAULT AND BATTERY, 9:35 a.m., Newport Avenue.** Arrest made. Headed south pulled into LaPaloma lot. Possibly wanted for firearms violation. Blue KIA N.H. registration. Party was resisting now one in custody. Arrest made at 195 Newport Ave. Arrest charges assault and battery police officer, resisting arrest, disorderly conduct. Vehicle to be towed to QPD. 807 followed tow in to QPD. Lynn P.D. will pick up with their own tow head back to Lynn P.D. for processing of search warrant.

**LARCENY (check/money), 4:29 p.m., Dewson Road.** In QPD lobby. Someone stole check in mail and it was cashed for \$10,245 and person used white out. Report.

**VANDALISM/PROPERTY (to vehicle), 4:35 p.m., Wilson Avenue.** In QPD lobby. Trash collector threw barrel at reporting party's business car. Report.

**VANDALISM/PROPERTY (3 windows), 7:44 p.m., Granville Street.** Reporting party states tenant on first floor broke three windows. Report.

### SATURDAY, OCT. 9

**ASSAULT AND BATTERY (unresponsive), 1:15 a.m., Craic Pub, 536 Washington St.** Male was assaulted and hit his head on the curb and male is now unresponsive. Male fled on foot, unknown direction. Unknown weapons. Brewster Ambulance PT to South Shore Hospital. Believed suspect wearing a pink shirt fled in a black Ford F150. Report submitted.

**LARCENY (past), 12:52 p.m., Ebbett Avenue.** Currency taken from his account. Party in policy lobby. Report filed.

**VANDALISM/PROPERTY (to car), 5:18 p.m., Walmart, Falls Blvd.** Motor vehicle accident in parking lot, no injuries. Open door damaged other vehicle. Case number provided.

**LARCENY/MOTOR VEHICLE (2021 Chevy Silverado), 9:39 p.m., Massachusetts Avenue and Washington Street.** Black truck with a silver toolbox, silver running boards, keys were left inside, truck unlocked. Reporting party states that his truck was parked for two hours on Washington Street while he 'ran in to get a pizza.' Form filled out and report to be filed. Onstar called with a location of 82 Murdock Avenue. Motor vehicle is off and they put a block on the ignition.

### SUNDAY, OCT. 10

**VANDALISM/PROPERTY (rails), 9:58 a.m., Samo-**

**set Avenue.** Set of railings at bottom of walkway were run over by unknown vehicle. Case number given.

**BREAKING AND ENTERING/ATTEMPT (motor vehicle), 11:53 a.m., Avalon Drive.** Motor vehicle in garage attempted through driver's side window. Report.

### MONDAY, OCT. 11

**VANDALISM/PROPERTY (graffiti), 8:29 a.m., Hancock Street.** Reporting party states that paint on side of building noticed when staff arrived this morning. Report.

**VANDALISM/PROPERTY (tires slashed), 11:42 a.m., Parkway.** Reporting party works at Hancock Rehab. She is parked garage and will wait for responding officer in the parking garage. All set for report.

**LARCENY/MOTOR VEHICLE (using without authority), 12:04 p.m., Hunt Street.** In QPD lobby. Incident occurred in Boston. Advised.

**ASSAULT AND BATTERY (owner/customer), 12:31 p.m., 494 Sea St.** Arrest made. White female, backpack, green hoodie out in the lot. Walking to Time Out Pizza. Hit owner Nick in the head. One female under arrest. A&B elder and malicious damage.

### TUESDAY, OCT. 12

**LARCENY/MOTOR VEHICLE (two box trucks), 8:19 a.m., UHaul, Quincy Avenue.** Someone entered lot took two box trucks last night from the parking lot. Crash report.

**BREAKING AND ENTERING/PAST (main office), 9:42 a.m., Avalon Drive.** Main office door was broken into with a screwdriver. White male seen on surveillance video. See reporting party at front office. Happened last night. Report.

**LARCENY/MOTOR VEHICLE, 10:58 a.m., Future Technologies Group LLC, Batterymarch Park.** Incident closed. Vehicle location may be at a residence in Foxboro. Foxboro PD checked address, vehicle was not there at this time.

**LARCENY (packages), 3:44 p.m., Butler Road.** Ongoing problem with packages being stolen. Officer located packages in the drop off area. Caller was a new tenant and was unaware of the system in place for deliveries.

**VANDALISM/PROPERTY (mirror), 5:45 p.m., Hancock Street.** Caller in police station lobby. Wants to report a past road rage incident where his mirror was smashed. Caller advised.

### WEDNESDAY, OCT. 13

**LARCENY/MOTOR VEHICLE (just occurred), 1:34 p.m., Cox CA Automotive, Beale Street.** 2013 Honda Odyssey.

**LARCENY (cellphone), 5:39 p.m., Blackwell Street.**

**Android A12.** Bravo units to Sagamore Street to speak with a party. No one home at the address. Caller will contact the party again in an effort to retrieve the phone. She will call QPD if she needs any further assistance.

**VANDALISM/PROPERTY (statue), 6:58 p.m., Applebee's, 200 Hancock St.** A statue that looks like it belongs to a church. Statue is one the side of Applebee's. Small religious statue. 778 will bring to station.

**LARCENY (past/HP Acer computer), 8:20 p.m., Walmart, Falls Boulevard.** Occurred approximately 7:10 p.m. White male dressed in black, with bike helmet stole computer and fled. Only wants journal entry.

### THURSDAY, OCT. 14

**VANDALISM/PROPERTY (male), 8:32 a.m., Elm Street.** Arrest made. Multiple calls. Neighbors arguing, one just broke the window with a flag pole. Active RO on his neighbor. Caller states his neighbor is outside, screaming, caller taker can hear him screaming 'come outside.' Blue jeans, white shirt, no shoes. Ongoing - arrest for defacing.

**LARCENY (prop manager), 9:36 a.m., Hancock Street.** In QPD lobby.

**BREAKING AND ENTERING/PAST (dwelling), 10:17 a.m., Brook Street.** VR headset missing.

**VANDALISM/PROPERTY (mirrors on van), 10:54 a.m., Centre Street.** Reporting party states his company vehicle just had its mirrors smashed. Will be in Astro van waiting for responding officer and reporting party is enroute to check if there is any surveillance footage of incident. Report filed.

**LARCENY (packages), 11:32 a.m., East Howard Street.** Meet in leasing office. Suspect caught on camera looking to identify.

**LARCENY, 12:40 p.m., Royal Street.** Suspect knows victim's information to bank account and transferred \$200. Wants to speak to officer. Victim has r/o against suspect. Suspect is not on location. Dispute over check. Advised.

**LARCENY/MOTOR VEHICLE (motorcycle), 1:27 p.m., Hamilton Bay, Quincy Shore Drive.** In QPD lobby. Victim has video of two males and one female walking the motorcycle out of his garage at approximately 2:10 a.m.

### Total Calls for Service: 1,077

**Breaking & Entering Motor Vehicle:** Holyoke Street, Billings Street, Atlantic Street, Conant Road (3), Washington Street

**Larceny MV:** 100 block Quincy Shore Drive, Beale Street, Batterymarch Park, Quincy Avenue, Hunt Street, Massachusetts Avenue

**Breaking & Entering in the Past:** Brook Street (2), Avalon Drive

OCT

21

2021



# School Board Candidates Identify Priorities At Forum

Cont'd From Page 1

were given 15 minutes to introduce themselves to those watching and field questions from members of the party committee. Each of the candidates was asked to identify their priorities if they were elected, among other questions.

Gutro is seeking his second term on the committee after serving as a city councillor for fourteen years. He said his experience in office would serve the committee well moving forward.

"These are extraordinarily challenging times and I think here in Quincy our public school teachers, administrators, staff and our School Committee have met the moment," Gutro said. "As we turn the page on the pandemic, I honestly believe that steady experience can help move us forward and if you want an experienced leader and somebody that is willing to stand up on behalf of our kids and our parents, then I humbly ask for your vote."

Gutro identified keeping class sizes low as one of his priorities. As part of that, he wants to know what impact development within Quincy is having on the city's school system.

"One of the things...I introduced before the School Committee was a measure essentially to assess the residential housing development over the course of the last five years to discern its potential impacts on Quincy Public Schools and our budget," Gutro said. "I think that is important for us to look at strategically as a group."

Another priority Gutro identified is digital literacy. He said neither of his sons — one of whom graduated from Quincy High in June and the other of whom is now a senior at North Quincy High — had taken classes on typing before they entered high school.

"Not just typing, but digital literacy, understanding how to surf the internet, some of the cyberattack potential issues, how to do research — all of that is extraordinarily important and I am proud we adopted a digital literacy curriculum for our students," Gutro said. "Typing or keyboarding as they call it is introduced now in the second grade."

Lebo is currently finishing her tenth year on the School Committee after having worked in the district as a teacher and ad-

minister; she was also an administrator for the Boston Public Schools. Lebo said she comes prepared to every committee meeting.

"I really think I am the most experienced and knowledgeable person who is running. I love the work," Lebo said. "I never, ever, ever go to a meeting that I am not prepared for. I do all the reading I can and all the comparison I can before I get to the meeting."

Lebo said she is concerned about learning loss, but her top priority is addressing social emotional learning in grades K to 12.

"We have a great program in the elementary schools," Lebo said, "but just as our kids go into middle school and start facing some of the significant challenges of adolescence in their teen years and they become inundated with social media, they need more skills to be able to navigate that and to be able to function better in the world and respectfully with other people in the world."

Lebo said she has already made some inroads towards expanding social and emotional learning.

"Mr. Gutro and I actually both pushed to have DOVE

become an integral part of that program so they are in both of our high schools and all of our middle schools actually producing curriculum next year. They are also having some mental health and wellness people in this year too, which we also pushed for," Lebo said.

"I also asked that the health educators, we work to get them back at the middle school a few years ago as the budget was improved and I asked that they please come back to the high schools, because the high school kids were not hearing anything about consent."

Cahill is currently the executive director of the Recovered Souls Foundation and previously worked as a teacher and administrator. She is making her first run for elected office.

"At this point in my life I feel as though I have the background and experience to be able to contribute in a positive manner," Cahill said. "I'm running because I think it is important that we understand that we have to represent everyone — students, parents, faculty, administration and especially the citizens of Quincy. We should represent everyone equally when we are on the

School Committee because of the importance the system has for all of us."

Cahill said addressing learning loss is one of her priorities.

"I know plenty of parents who have children that they are really concerned about what they lost last year when they were home. I also think the reentry into school and the anxiety that some kids are feeling going back to school, maybe feeling like they are not prepared or being back with their peers, those are things I think we need to look at," Cahill said, suggesting the district could use funds from the American Rescue Act Plan to "pay for some programs, tutoring, counseling to help kids who maybe are struggling to get back into the rhythm of school."

Cahill, who previously worked at Quincy College, said that experience could be important as the district begins its early college high school program.

"I think that is a great program for students who are kind of on the fence and don't really know if they want to go to college or if they are being identified as students who maybe could use that push," Cahill said.

"My background at the college — I was there for almost six years — I think that could be helpful."

Perdios was appointed to a vacant position on the committee in February and had previously run for a seat in 2019. The mother of three children in the district, Perdios said she is an advocate for parents.

"For the past eight years, I have been a strong parent advocate for our school system, from increasing family engagement and building community as co-president of Clifford Marshall PTO, to regularly bringing parent concerns to the superintendent and school leaders as co-president of Citywide PTO," Perdios said. "I have spent many years actively working to heighten parent voices and better our school system."

Perdios said her top priority is meeting the needs of the school community as students and staff make their way back to full in-person learning.

"Supporting our students and our teachers and our staff as they continue to transition back into the classroom full-time, check-

Cont'd On Page 13

PAID POLITICAL ADVERTISEMENT

## BBB Tip: Know Your Rights When It Comes To Payment Types

Cont'd From Page 9

an eye out for misspellings, flimsy or suspicious check paper, and missing routing numbers or MICR codes. All of these are red flags for a fake check. Make sure the payer is who you would expect it to be, too. If someone claims you've won the lottery, for example, the check should come from the state lottery commission, not a private company. Review this BBB study for more ways to avoid falling victim to check scams.

### Prepaid Debit Cards

• **Know how prepaid debit cards work.** Prepaid debit cards function like a regular debit card, and you can use them at ATMs. Prepaid debit cards may cost a few dollars to buy, but are reloadable. They may also come with periodic fees that can subtract from the balance.

• **Know your rights.** According to Consumer Reports, some reloadable prepaid cards may offer some protection against fraud loss if you report unauthorized use within two days of discovering it. That said, liability is generally limited to \$50. If you load a prepaid debit card and send the card numbers to a scammer as a form of payment, they will likely withdraw all the cash from an ATM and then

try to stall you by explaining a supposed delay the delivery of their product or service. By the time you realize what's happened, you may have no legal recourse to get your money back and no way to identify the scammer. Keep in mind that The FTC's Telemarketing Sales Rule (TSR) prohibits several payment methods in telemarketing transactions in the U.S., including reloadable prepaid cards. Of course, this rule may not stop a scammer from asking you to pay this way.

• **Use prepaid debit wisely.** Don't trust any company or individual that demands payment with a prepaid debit card. Legitimate business transactions should allow you to use other payment methods. Prepaid debit cards are a good way to give a gift or help your teenager learn about money management, but they are not a good way to pay for services or products.

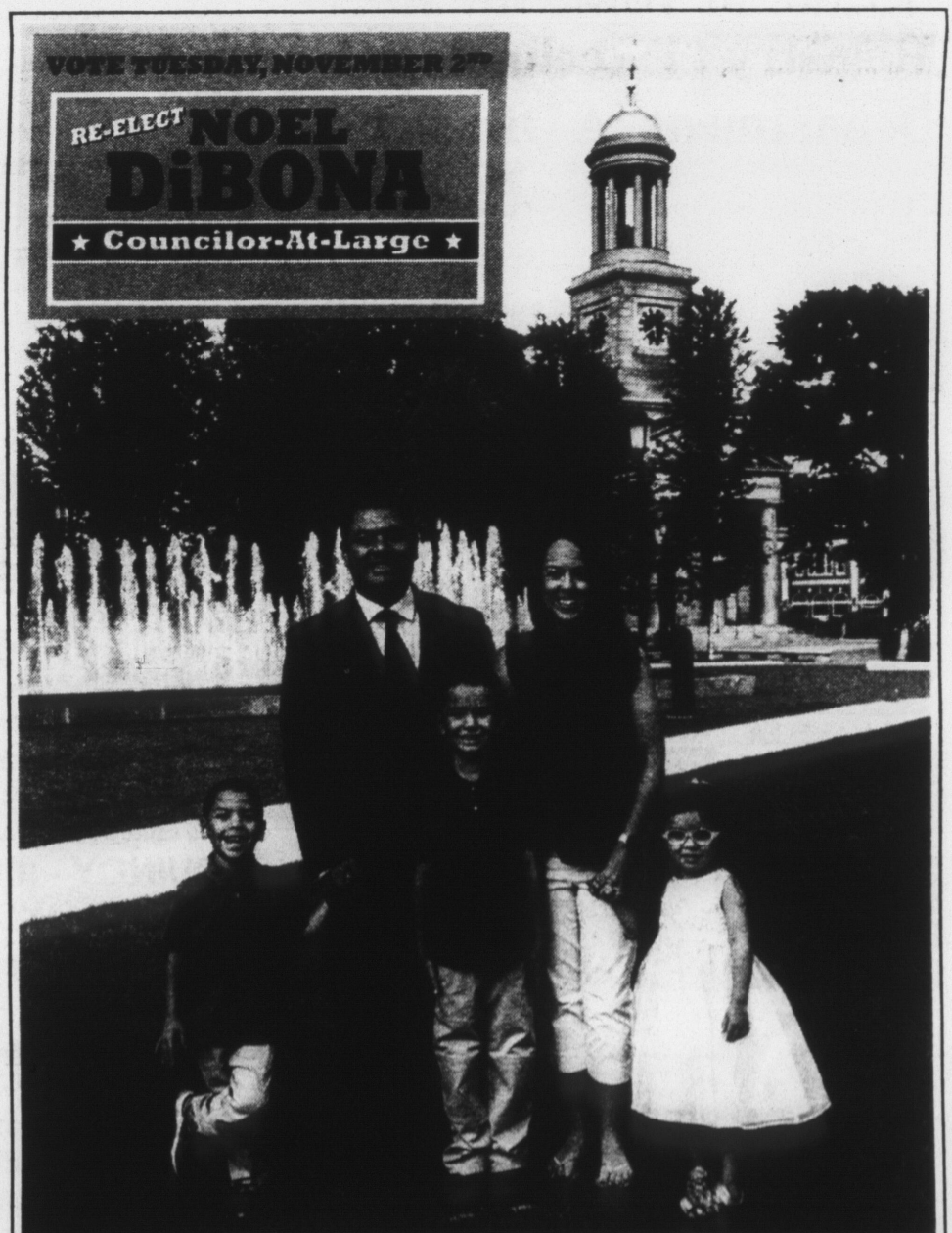
### Gift Cards

• **Know how gift cards work.** Closed loop gift cards can only be used at a specific store or chain of stores. Open loop gift cards are valid at most retail locations. To use a gift card, you must first load funds onto the card via another payment method. Once the funds are

loaded, you may need to activate the card and create a PIN to use it in-store.

• **Know your rights.** It's wise to hold on to the gift card and save your receipt after you purchase and activate it. If any issue comes up later, the company will want proof that you are the one who purchased and activated the card. That said, providing someone with the numbers on the back of a gift card is just like sending them cash. Gift cards don't offer the same protection as a credit card or debit card, and it's nearly impossible to get your money back if you send the numbers to someone who turns out to be a scammer.

• **Use gift cards wisely.** Never do business with anyone who insists on payment with gift cards. It's a scam! Before you buy a gift card, make sure it hasn't been tampered with. Some scammers steal the numbers while a card is still in the store, so they can access the funds as soon as the card is activated. It's best to use gift cards for their intended purpose, as gifts for friends, family, or others you know and trust. Read this BBB gift card study to find out more about gift cards and related scams.



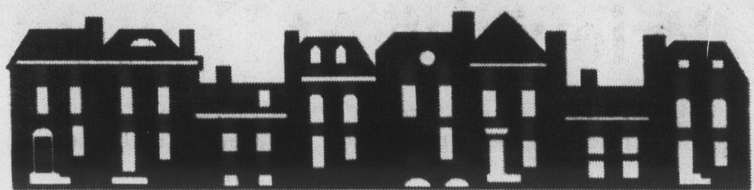
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\*Paid for by the Committee to Re-Elect Noel DiBona





# Real Estate

## Quincy Real Estate Transactions Oct. 12 - Oct. 15

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Adams Manor LLC	Sau H. Cai & Linda L. Nguyen	\$1,575,000.00	188 Adams Street
Sarah E. & Laura L. MacFee	270 Dorchester Ave LLC	\$458,000.00	One Cityview Lane, Unit 709
Jonathan Pacheco	270 Dorchester Ave LLC	\$351,500.00	One Cityview Lane, Unit 204
George & Barbara J. Mathieson	Payming Hool & Nan Y. Cheung	\$515,000.00	930 Sea Street
Richard Nguyen	Ying Zheng & Jianhui Lin	\$850,000.00	135 Arlington Street
178 South Street LLC	Joseph Alagia & Stariska Abadi	\$649,000.00	178 South Street, Unit 3
King T. & Anna Ma	Ramakrishna Chivukula & Soujanya G. Mallapragada	\$352,000.00	200 Cove Way, Unit 315-II
Hernso Nicolas	Arijit Basu & Nibha Mishra	\$680,000.00	75 Turner Street
Jill M. Scarry	Ricky & Winnie Kwong	\$397,500.00	30 Fallon Court, Unit 30
Aaron Long & Tara Welby	Ming Y. Wu & Yu Z. Zhang	\$773,000.00	98 Kemper Street
US Bank Trust National Association	Qin Y. Chen & Minglong Wu	\$613,000.00	187-189 Liberty Street
Denise Barra	Jonathon D. & Christina R. Friedmann	\$781,000.00	1001 Marina Drive, Unit 808E
Yili Li & Binghua Shen	Ying L. & Yong J. Liu	\$1,350,000.00	48 Prospect Street
Narcotta Realty Trust	John K. Chan	\$394,900.00	100 Cove Way, Unit 502
Paul B. Spinney, Jr.	Christensen Quincy Realty Trust	\$950,000.00	90 Ashworth Road
Elizabeth M. Meyer	Van K. Ly & Christopher Chan	\$350,000.00	155 Kendrick Avenue, Unit 208
Leslie A. & Edmund J. Murphy, III	Kaitlin & Sean Murphy	\$300,000.00	10 Presidents Lane, Unit 10-7
John G. Kelly & Nancy A. Sullivan	Adam Kepczynski	\$557,500.00	170 Rhoda Street
10-12 Furbush LLC	Michelle Frazier & Talitha Collins	\$640,000.00	10 Forbush Avenue
Tyer J. & Breann M. B. Cornell	Ahmed E. Zanfaly & Elaha Rahmani	\$640,000.00	987 Furnace Brook Parkway
Newbury 60 LLC	Thomas W. Barber & Marina E. Grossi	\$1,020,000.00	60 Newbury Street, Unit 12
William & Leona Wong	Lifei Lin	\$375,000.00	200 Falls Boulevard, Unit B306
Francis P. & Evelyn B. Storer	276 Billings LLC	\$850,000.00	274-276 Billings Road
Sarah S. Law Living Trust	Qixiang Yang & Huilan Wu	\$402,000.00	115 West Squantum Street, Unit 905
Shawn M. & Kathryn A. Murphy	Jonas & Ermida Cabrera	\$665,000.00	76 Myopia Road
William K. Gardner	John S. Kabay, John K. Kabay & Barbara L. Kabay	\$515,000.00	71 Winthrop Street
Ruth Kundsins Trust	178 South Street LIC	\$970,000.00	71 Pratt Road

### O'Donnell Letter: Proposal To Eliminate Registry IT Technology Department 'A Disaster'

Editor's note: A copy of the following letter was submitted to The Quincy Sun for publication.

Dear Friend of the Norfolk Registry of Deeds and Registry Users,

RE: Registry CIO and Registry IT Department

The Abrahams study delivered recently to the Norfolk County Commissioners recommended not to keep the on-site Registry Chief

Cont'd On Page 17

### Ask Barbara Graceffa: 'Secretary Of The Interior' Using Dark Colors in Home Décor: Terrifying or Tremendous?

As we approach Halloween, I wanted to write about the popularity of using the color black and other deep, saturated colors like charcoal, navy blue, eggplant, and winter green in home décor. A dark color palette doesn't need to be gothic and gloomy; if done right, it will be moody and magnificent.

Although the COVID condition is improving and more folks are returning to work, eating inside restaurants, and going to the

movies once again, many are still cocooning at home and want a cozy feeling. To avoid a gloomy outcome, contrast the dark colors with lots of natural light and with artwork and accessories that use a lot of white and shiny metallics to brighten the look.

And the trend continues into next year. For example, Opus, one of Sherwin-Williams four color palettes for 2022, boasts "dusky deep tones and unexpected accents ... created to be a new

kind of classical, to set drama and emotion to the art of good style, and never, ever fade into the background."

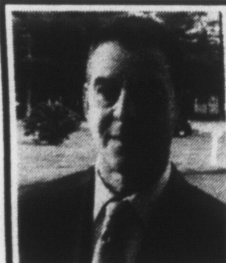
The four examples in the Sherwin-Williams idea book showcase several masterpieces in home décor. The first room uses a dark muddy greenish gray on the walls, ceilings, and trim and is paired with a medium grey rug, mustard colored sofa in a room full of natural light with no window treatments to impede it. In my favorite of the four, the walls are navy blue with bright white woodwork, coral doors and door trim with burnished gold accents on tables and framed art. The blackberry living room color plays beautifully with the leather side chair and marble fireplace, both is black, while the final scheme struts an iron ore color on the walls above the bright white wainscoting in a home office with a cranberry-colored writing desk, black painted chair with a white seat cushion, and gold table lamp with a black

drum shade. Each room exudes luxury.

Want to take baby steps toward this look? Try painting your bottom kitchen cabinets a rich chocolate color, buying charcoal gray dinnerware for your dining table, hanging an oversized black-faced clock in your living room, or adding a forest green geometric or large-scale floral wallpaper on one wall in your bathroom.

Whether you opt for a splash or deep dive into this color trend, you'll love the drama and visual interest it brings to your home.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering, and home staging services at [www.sec-interior.com](http://www.sec-interior.com), read her decorating advice at [secretaryinteriordesign.com](http://secretaryinteriordesign.com) blog and enjoy her quilt art on Instagram @secretaryinteriordesign. You can reach her at 617-921-6033.



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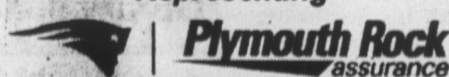
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# School Board Candidates Identify Priorities At Forum

Cont'd From Page 11

ing in often with every member of our school community and being ready to kind of pivot to address whatever needs or issues are coming up is going to continue to be at the top of my mind in the short-term," Perdios said, "until we are a little more out of this."

Perdios said she would like to see fifth grade students move back to the Marshall and Lincoln-Hancock Elementary Schools, rather than have them attend middle schools.

"We have 11 elementary

schools in the city and nine of them go up to fifth grade and two of them do not," Perdios said. "That was because of a temporary space problem...and I think it is about time we find a way for these families to bring those fifth graders back so our 10-year-old students across the city can stay another year in an elementary school where I think they developmentally belong."

Speakman is a clinical social worker and had served as the co-chair of the Citywide PTO's Equity, Diversity and Inclusion Sub-

committee. She said she is proud of how she has run her campaign since it began in March.

"One of the first groups we reached out to was the Quincy teachers' union so we could better understand what are the needs of our educators, because if we don't understand what the educators need then we certainly can't understand what our children need," Speakman said.

"I'm really proud that our campaign has been living our values. We have an incredibly diverse team on

our campaign. Our website, before it even launched, we had it translated into the top four languages that are spoken at QPS. We have materials in different languages. We have interpreters that come with us and we pay them to do some interpreting so we can speak to folks at community events."

Speakman said she wants to give students a sense of belonging to help them learn.

"The theme I really believe we need to focus on is belonging. I think that if our students and our young

people don't have a sense of belonging and connectedness to their school and their educators, it is much harder for them to learn," Speakman said. "There are several concrete ways I think we can continue to create a sense of belonging for our young people."

Speakman also identified as a priority the social and emotional impact of the pandemic.

"We know that many of our children have been isolated, have faced anxiety, depression, have lost loved ones," Speakman said. "If

they are sitting in school and they are worried or anxious or depressed they are not going to take in information and the learning loss is just going to continue."

Organizers of the QDCC forum said they put together a total of 11 questions for the candidates, though not all the questions were asked during the event. All candidates, they said, would be given the chance answer to each of the questions in writing, and those responses will be posted online at quincydem.com.

## Quincy Public Schools Enrollment Down Slightly

By SCOTT JACKSON

The overall enrollment in the Quincy Public Schools is down compared to last year. Meanwhile, school administrators are looking to address class-size issues at North Quincy High School, where the student population has increased in each of the last five years.

A total of 9,612 students were enrolled in the school system as of Oct. 1, according to information Supt. Kevin Mulvey presented to the School Committee on

Oct. 13. At the same time last year, there were 9,680 students enrolled, 68 more than this year. Two years ago, in October 2019, 9,825 students were enrolled in the school system, 213 more than this year.

Despite the recent decreases, the student population has increased over the past decade. There were 9,431 students enrolled in the district in October 2012, 181 fewer students than there are now.

During the meeting,

Mulvey said administrators are working to address class sizes at North Quincy High School and hope to do so by the start of the second semester on Nov. 15.

There are 24 classes at North with 28 students, 26 classes with 29 students, and 13 classes with 30, according to the data presented to the school board. Quincy High School on the other hand has eight classes with 28 students and five classes with either 29 or 30 students.

"North Quincy High is working on addressing the larger sections through creating additional sections for term two," Mulvey said. "As you can see in comparison to Quincy High, there is a large disparity there, so we really have to work on getting those numbers down."

To address the issue, Mulvey said the district would ask teachers who are currently teaching five classes to teach a sixth class. He said it is optional for teachers to teach that addi-

tional class, and they would also be paid extra doing so.

Alternatively, Mulvey said staff from Quincy High School could be moved to North Quincy High School.

Committee member Courtney Perdios said she was uncomfortable with the idea of asking teachers to take on additional classes, particularly in light of the stalled contract talks between the teachers' union and city.

"As little as I like asking teachers to go from one high

school to another, it feels like that might be slightly more amenable than asking them to take on more without kind of solidifying that other issue first," Perdios said.

Committee member Frank Santoro said he would like to know if there is a difference in time teachers at the two high schools spend teaching. While both schools start and end the day at the same time, they follow different schedules

Cont'd On Page 15

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NOVEMBER 2, 2021 / 星期二 2021年11月2日

*Nicholas S. Giguere*  
CITY CLERK

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B. Follow directions as to the number of candidates to be marked for each office.  
C. To vote for a person whose name is not printed on the ballot, write the candidate's name on the line provided and completely fill in the OVAL.
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B. 遵照關於各職位應選候選人之數目的說明。  
C. 要選名字沒有列入選票的候選人，可在所提供橫線上寫候選人的名字，然後將橢圓格完全塗黑。

### COUNCILLOR-AT-LARGE

#### 全市議員

Vote for THREE / 投三位候選人

NOEL T. DIBONA 70 Chickatabot Road	Candidate for Re-election 連任候選人	<input type="radio"/>
NINA X. LIANG 100 Grandview Avenue 8A	Candidate for Re-election 連任候選人	<input type="radio"/>
ANNE M. MAHONEY 12 Ferriter Street	Candidate for Re-election 連任候選人	<input type="radio"/>
WILLIAM BURKE 28 Rice Road		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>
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### SCHOOL COMMITTEE

#### 學校委員會

Vote for THREE / 投三位候選人

DOUGLAS SCOTT GUTRO 85 Arnold Street	Candidate for Re-election 連任候選人	<input type="radio"/>
EMILY LEBO 354 Highland Avenue	Candidate for Re-election 連任候選人	<input type="radio"/>
COURTNEY C. PERDIOS 86 Ruggles Street	Candidate for Re-election 連任候選人	<input type="radio"/>
TINA M. CAHILL 51 Grenwood Road		<input type="radio"/>
LIBERTY M. SCHAAF 28 Howe Street		<input type="radio"/>
LIZ SPEAKMAN 129 Merrymount Road		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>
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### CITY COUNCILLOR WARD 1

#### 第 1 選區市議員

Vote for ONE / 僅可選一人

DAVID F. McCARTHY 48 Whitney Road	Candidate for Re-election 連任候選人	<input type="radio"/>
JOSEPH C. MURPHY 18 Macy Street		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>

### CITY COUNCILLOR WARD 2

#### 第 2 選區市議員

Vote for ONE / 僅可選一人

ANTHONY J. ANDRONICO 46 Endicott Street	Candidate for Re-election 連任候選人	<input type="radio"/>
STEVEN PERDIOS 86 Ruggles Street		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>

### CITY COUNCILLOR WARD 3

#### 第 3 選區市議員

Vote for ONE / 僅可選一人

IAN CHARLES CAIN 93 Forbes Hill Road	Candidate for Re-election 連任候選人	<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>

### CITY COUNCILLOR WARD 4

#### 第 4 選區市議員

Vote for ONE / 僅可選一人

BRIAN D. PALMUCCI 16 Cross Street	Candidate for Re-election 連任候選人	<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>

### CITY COUNCILLOR WARD 5

#### 第 5 選區市議員

Vote for ONE / 僅可選一人

CHARLES JOHN PHELAN 298 Fenno Street	Candidate for Re-election 連任候選人	<input type="radio"/>
STEPHEN M. CHRISTO 42 Standish Avenue		<input type="radio"/>
(Write-in)自填候選人		<input type="radio"/>

### CITY COUNCILLOR WARD 6

#### 第 6 選區市議員

Vote for ONE / 僅可選一人

WILLIAM P. HARRIS 74 Ashworth Road	Candidate for Re-election 連任候選人	<input type="radio"/>
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# Quincy Public Schools Enrollment Down Slightly

Cont'd From Page 13

during the school day.

Overall, North Quincy High School's enrollment has risen from 1,224 in October 2012 to 1,407 this year, an increase of 183 students. North's student population has increased each year since 2016, when 1,165 students were enrolled there. Its population grew by 51 between last year and this year.

Quincy High School's population has decreased over the same time period, from 1,551 in October 2012 to 1,449 this year, a difference of 102 students. Its population shrank by 50 between last year and this year.

School Committee member Doug Gutro said he would like to take a deeper look into the data to understand why the enrollment

numbers at the two high schools have shifted.

"It would be good to get the data around transfers, if there were any transfers from one school to the other or out of district into it. Are we simply having larger families? Did we anticipate this as a move up from the middle schools? And, as we all know, we unanimously put in my resolution asking

about recent residential development and potential impacts on the system," Gutro said.

"It could be any of those, it could be some other rationale, but it would be nice to do a deeper dive in the data to see where it is coming from."

Laura Owens, the assistant to the superintendent, said 150 high school stu-

dents transferred into the district starting in August. Approximately two-thirds of them are attending Quincy High School.

"We definitely had more movement this summer than the previous summer," Owens said. "We also had people moving out, because there is not a substantial difference in the overall population of the district."

In recent years, there are more students residing in Quincy High's district who have opted to attend North than are students in North's district who have opted to go to Quincy High; 233 students in Quincy's district go to North and 190 students in North's district attend Quincy High, according to the data provided to the school board.

## Pumpkin Spice Festival At Bishop Field Oct. 30

By SCOTT JACKSON

Two local neighborhoods groups will host the Pumpkin Spice Festival at Bishop Field on Saturday, Oct. 30, featuring food, music and family-friendly activities.

The festival will take place from 11 a.m. to 5 p.m.

that day at the field, which is located on Holbrook Road near the Montclair Elementary School.

The Board of License Commissioners on Oct. 12 granted a special-use permit and one-day beer and wine license to the Mont-

clair Wollaston Neighborhood Association for the event. Kevin Coughlin, the former city councillor, said the group would be cohosting the event along with the Wollaston Hill Neighborhood Association.

Coughlin said his organi-

zation hosted the first Pumpkin Spice Festival in October 2019. This year's event will be similar, he said, while also celebrating the group's 30th anniversary.

"This year is significant in that it is a marking a celebration of our 30th anniversary of chartering of the Montclair Wollaston Neighborhood Association, so it has a little extra panache I guess in that regard," Coughlin said.

Walter Hubley, president of the Wollaston Hill Neighborhood Association, said his group was excited to participate in this year's Pumpkin Spice Festival.

"We had contemplated

doing an Octoberfest event, but after seven weeks of Saturdays in the Park and PorchFest, we were pretty much out of gas, so we're excited about partnering with our friends at Montclair Wollaston association to bring an Octoberfest event to the neighborhood," he said.

The festival will include a touch-a-truck event with police, fire and EMS vehicles, and potentially US Coast Guard equipment, Coughlin said. There will also be a bouncy house, an obstacle course for kids, face painting and balloon animals.

The festival will also feature live music, Coughlin said, including a performance from his own band, the Rudderings, who performed at this year's PorchFest Quincy.

"You ought to come out and see us," he said. "We're pretty good, even for an almost 67-year-old lead singer."

Montilio's Bakery will be selling pizza, pastries and other baked goods that day. Beer and wine will also be available for sale, with service provided by Devin Adams, owner of The Townshend and Pearl & Lime in Quincy Center.

## NeighborWorks Housing Solutions To Hold 'Opening Doors, Changing Lives' Gala Nov. 10

NeighborWorks Housing Solutions, the leading housing service provider in southern Massachusetts, announces this year's gala will be held Wednesday, Nov. 10th.

The "Opening Doors, Changing Lives" Gala will begin at 6 p.m. on Nov. 10th at Granite Links Golf Club in Quincy. In addition to being held in-person and on-site, this year's gala can also be accessed virtually.

Lead sponsors of the highly gala include NEI General Contracting, who is the Presenting Sponsor. This year's Platinum Spon-

sors include Bank of Canton, Curtis Construction, and Dellbrook JKS. Additional sponsors are listed on the event website: [www.nhsmass.org/gala2021](http://www.nhsmass.org/gala2021).

This year's event will feature a silent auction, where guests can participate and bid in-person or virtually. In-person guests will also enjoy a dinner and program taking place during the evening. Games, raffles and special prizes thanks to the many in-kind sponsors will help make this event a fun evening for a good cause. A virtual event will also be available to those who are

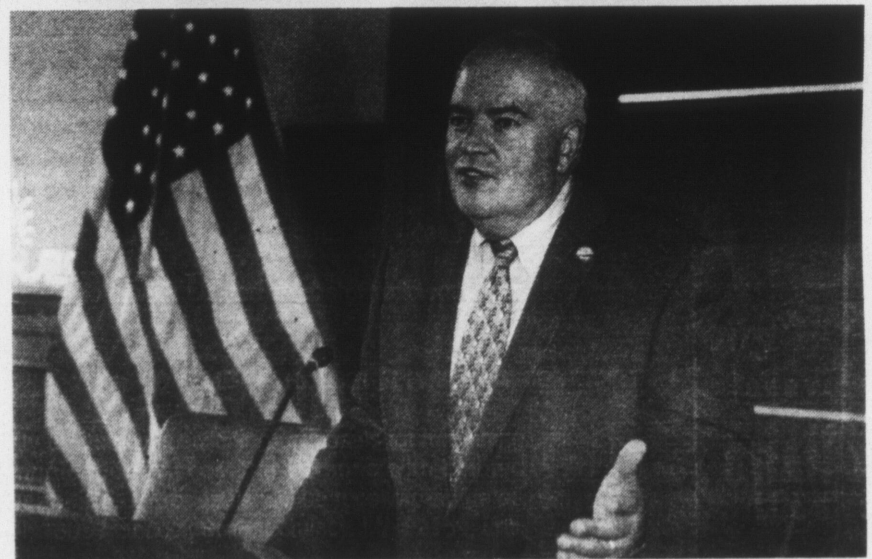
unable to attend the in-person event.

For tickets, sponsorship information, or to make a donation to NHS or the silent auction, visit [www.nhsmass.org/gala2021](http://www.nhsmass.org/gala2021).

"It's such a pleasure to announce our 'Opening Doors, Changing Lives' Gala following a year of so much anxiety and apprehension," said Robert Corley, CEO of NeighborWorks Housing Solutions. "Whether in person or virtually, we look forward to seeing many familiar and new faces joining us on Nov. 10th."

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## Statement From Citywide PTO Subcommittee For Equity, Diversity, Inclusion

### We Support Our Quincy Teachers

For the past year and half, teachers—like other front-line workers—have been asked to work through this unprecedented pandemic. We asked a lot of them, and they delivered, while exhibiting incredible patience, kindness, and resiliency. Teachers figured out ways to adapt. They learned new technologies and found ways to connect with our kids while socially distanced and masked. As situations and guidelines changed, they had students moving in and out of classes, all while helping children adapt to this new situation as well. And now, they are getting students caught up on academics while also addressing the social and emotional effects of the last year and half.

So you can imagine how disheartened we were when learning that the city has offered our teachers a contract extension with a 0% raise for 2021 and 1.25% in 2022, when other unions in the city have already received a 3% raise for 2022.

Our teachers have been tasked with a lot. And we continue to ask a lot of them. Now, we think it's only fair that they get compensated with a fair wage that is commensurate with the increase in the cost of living, and that our paraprofessionals receive a living wage.

With property values surging higher the past two years, Quincy's been blessed with a healthy influx of property tax revenue that has allowed for lower tax rates while still filling the city's coffers and then some. What's more, the latest Consumer Price Index shows that the cost of living is climbing faster than normal; even removing volatile gas and energy prices, the average cost of all consumer goods — from breakfast cereal to housing — has risen 4% in the last year. Surely we can do better than a 1.25% raise for our teachers.

As parents and guardians of the students who are in the care of these teachers, we implore you to give them and paraprofessionals a fair wage and a fair contract. We cannot and should not treat teachers as if they are expendable. We want to retain our incredible teaching staff and attract new talented educators. If Quincy shows that they don't respect teachers, there will be long-term repercussions that will affect all our children.

While we appreciate the steps the city took to accommodate the safety and wellbeing of our teachers and students during this incredibly challenging time, those changes were necessary and the bare minimum. We also strongly feel our teachers deserve better than a 1.25% pay raise.

Citywide PTO Subcommittee  
for Equity, Diversity, and Inclusion

## Koch Questions If QEA Is Acting In Good Faith

Cont'd From Page 3

faith.

"We negotiate in good faith, we follow the law, but I can't say that happens on both sides and it gets very challenging because of not only the letters that are read here, but I get calls, I run into teachers, I run into parents across the city as all of you do," the mayor said.

"I've got to be careful because I am wading into territory where I could get a call tomorrow from the state saying I am violating, but I don't know that the leadership and union really has been acting in good faith. I say that in a way that I challenge them back a little bit."

Koch said the 0 and 1.25 percent raises included in the offer are part of the negotiating process; the mayor said he believes the school board would accept a deal with the QEA that included the same raises given to other unions.

"At the end of day, the School Committee has to vote on it, it is not a decision individually by the mayor, but I would suggest and I have said to everybody that I believe the School Committee would settle tomorrow with the teachers' union with the same numbers every other union in the city has received," Koch said. "I think it is disingenuous of them to be touting the zero and the 1.25 because that is part of a process...it is a game that is played."

Koch added that he appreciates the work done by the teachers and all school employees over the course of the pandemic.

"I also want to say I appreciate — and I have said it at just about every meeting and throughout this whole process — I appreciate the work of our teachers, of our paraprofessionals, of our entire staff... and I am truly grateful for the work that has been [done] by each and every of those members out there," he said.

"I would also say police, fire is talked about a lot... they didn't slow down, they didn't miss calls, they did the job without complaint. What gets missed sometimes is some of those other employees. Sewer backups in a house — when this thing started nobody knew how crazy it was going to get and people continued to do their job. Again, I am grateful to all employees across the city for that."

During the school board meeting, committee member Courtney Perdios said she was uncomfortable with the mayor's comments.

"I want to make it clear that the School Committee members here, and I may get in trouble for this too, we are not on the negotiating team. We have not been at the sessions, so it is really difficult to hear these comments at the door, read these letters," Perdios said.

"This is personal to me; I mean, these are our teachers. I'm frustrated to hear it being called a game, the negotiations. I'm frustrated that we're belittling the value of the QEA. It's our teacher's union, it's the way our teachers have a voice, and whether or not we agree with the leadership, whether

or not we respect the leadership, they're there for the benefit of our teachers, who are there for the benefit of our students."

"I'm uncomfortable with the way that it was left, that the QEA is doing something underhanded, because I don't believe that either," Perdios added.

In response, Koch once again questioned if the union was acting in good faith.

"I appreciate your comments. I'll take issue with a couple of your words," the mayor said. "First of all, I don't disrespect anybody. My thoughts are based on things that went on at the end of the school year."

"When I talk about negotiating in good faith, it takes two sides to do that. We have teachers that when the union says we're not meeting until September, yet they're wearing stickers in schools saying we're not doing our part, I've got a problem with that."

"As John Adams once said, facts are stubborn things and facts are facts. Everyone is entitled to opinions. They are not entitled to facts."

Quincy Education Association President Gayle Carvalho, in a statement to The Sun, said the union would be happy to return to the bargaining table and was optimistic about reaching a favorable outcome for educators.

"The Quincy Education Association is not currently in active contract negotiations with the School Committee, and as we watched

the Oct. 13 School Committee meeting we were surprised to hear the Mayor describe an offer for a wage proposal that the QEA bargaining team has not yet received," Carvalho said the day after the meeting.

"The QEA and Quincy School Committee mutually agreed to pause negotiations to regroup with our respective constituencies after a series of unproductive meetings at the end of the 2020/2021 school year. The School Committee has not yet sent a request to the QEA to return to the bargaining table, but we are happy to do so at any time."

"To clarify, the School Committee has at no time presented the QEA with an offer at the bargaining table of 0 percent for FY21 and 3 percent for FY22. The QEA would be happy to consider and respond to such an offer. However, as is the standard practice of contract negotiations, we are unable to respond until the School Committee presents its offer in the appropriate format, in the appropriate forum."

"The QEA looks forward to resuming negotiations with the School Committee. We are heartened to see the School Committee has apparently made some movement from their last offer of 0 percent for FY21 and 1.25 percent for FY22, and we are optimistic that we will be able to reach a favorable outcome that recognizes and rewards all Quincy educators for their dedicated service to Quincy students throughout the pandemic."

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# Online Purchase Scams Up; BBB Warns Holiday Shopping Is At Risk

Cont'd From Page 4

was actively shopping for a product or passively browsing, it appears this activity had an impact on susceptibility. Sixty-four percent of survey respondents were actively searching for a product when they lost money to an online purchase scam. Thirty-six percent of those who lost money were passively looking or not search-

ing. When it came time to placing an order and expecting the item to be shipped, 32% surveyed reported receiving shipment tracking information that seemed authentic, 30% received fake shipping information, 2% received shipping information they didn't verify, and 36% didn't receive shipping information. Several survey

respondents noted that they didn't suspect a scam at first because they expected shipping delays due to the pandemic.

The analysis of online purchase scam reports submitted to BBB Scam Tracker found that more than 400 different types of products were used by scammers to perpetrate scams. Pets and pet supplies were the riski-

est sales category in 2020. Almost 35% of online purchase scam reports were pet-related, with 70% of people losing money, and a median dollar loss of \$750. The French Bulldog was the top breed used to perpetuate puppy scams.

For tips on how to avoid online shopping scams, visit [BBB.org/OnlinePurchaseScams](http://BBB.org/OnlinePurchaseScams)

To report a scam, go to [BBB.org/ScamTracker](http://BBB.org/ScamTracker).

To learn more about other risky scams, go to [BBB.org/ScamTips](http://BBB.org/ScamTips) and visit the Better Business Bureau scam news feed.

The BBB Institute for Marketplace Trust (BBB Institute) is the charitable arm of the Better Business Bureau. Its mission is to educate and protect consumers, establish best practices for

businesses, and solve complex marketplace problems. The consumer educational programs, which include a wide array of resources on fraud prevention and education, are delivered digitally and in person by BBBs serving communities across North America. To find more information about BBB Institute and its programs visit [BBBMarketplaceTrust.org](http://BBBMarketplaceTrust.org).

## O'Donnell Letter: Proposal To Eliminate Registry IT Technology Dept. 'A Disaster'

Cont'd From Page 12

Information Officer (CIO) that has been funded and in existence at the Norfolk Registry of Deeds for over 20 years. This paid consultant is also recommending eliminating entirely the on-site Registry IT Technology Department.

These recommendations will be a disaster to the operations of the Norfolk Registry of Deeds. It will be such an unsound public policy decision to not have an on-site in-house permanent Registry CIO and a Registry IT Technology Department working in the Registry building for and with the Registry staff, Registry users and the general public.

As an independently elected official legally tasked with running the Norfolk Registry of Deeds I feel it is my duty to point

out that the Abrahams recommendation fails to recognize that the Registry IT Technology Department has been instrumental in implementing numerous modernization initiatives at the Norfolk Registry of Deeds. Technology drives services to Registry users and also protects the security of the data and land records that are used to authenticate the legal real estate title to your home and property. The solid foundation of technology at the Norfolk Registry of Deeds will crumble without a permanent on-site Registry CIO and without a Registry IT Technology Department. The Abrahams recommendation fails to recognize how essential and critical to the functioning of an independent and modern Registry of Deeds that an on-site Registry CIO and

on-site Registry IT Department are.

The Registry IT Technology Department prior to the interference and influence of this Abrahams study had 2 full time permanent persons. Registry operations and Registry users deserve to have a permanent on-site Registry CIO and a Registry IT Technology Department physically at the Norfolk Registry of Deeds working on IT issues that come up on a daily basis. Not to fill permanently an on-site budgeted and existing Registry CIO in place for over 20 years and now to eliminate completely the on-site Registry IT Technology Department is unimaginable in this day and age of technology as well as cybersecurity risks and ransomware. It just makes absolutely no sense.

There will be disastrous operational results if the Abrahams IT recommendation is implemented that will negatively impact those that depend on the Registry for service — real estate brokers, banks, engineers, home appraisers, builders, title examiners, lenders, attorneys, home owners and the general public. Without a Registry IT Technology Department there are countless bad outcomes that can take place. If you are as concerned about this matter as I am, please feel free to contact the people who will be considering the Abrahams study recommendations. Attached is a contact list for the Norfolk County Commissioners and the Norfolk County Advisory Board which represents each of the

28 communities of Norfolk County who will be considering these IT recommendations. Also, please feel free to contact your select boards, town councils and mayors who appoint these voting representatives to the Norfolk County Advisory Board.

This paid consultant and his team had never studied a Registry of Deeds in Massachusetts or anywhere else. Furthermore, since October of 2020 when Mr. Abrahams was engaged by the Norfolk County Commissioners neither him nor his team ever visited the Norfolk Registry of Deeds. Mark Abrahams as a consultant deals mainly with schools. This lack of familiarity and knowledge with Registry of Deeds operations is con-

cerning as evidenced by Mr. Abrahams troubling conclusion to eliminate the established Norfolk Registry IT Technology Department and the dangerous negative impacts of that recommendation.

Let us hope better decisions and policies will come out of a full and vigorous vetting of the recommendations to eliminate the Registry CIO and the Registry IT Technology Department. Thank you for your continued patience and understanding as the Norfolk Registry of Deeds deals with this unfortunate situation.

Sincerely yours,  
William P. O'Donnell  
Norfolk County  
Register of Deeds

## DPH Urges Flu, COVID-19 Vaccinations As Flu Season Arrives

With the arrival of flu season in Massachusetts, the Department of Public Health (DPH) urges residents to get vaccinated now to protect themselves, their families, and prevent the spread of flu, as well as ease the burden of COVID-19 and other respiratory viruses on the health care system. Every person over the age of 6 months is recommended to get a flu shot every year.

On Oct. 15, DPH began its statewide surveillance reporting for the 2021-2022 flu season. Weekly data will be reported every Friday on the severity of influenza-like illness, hospital visits, and flu-related hospitalizations across Massachusetts. Since September 1, 37 lab-confirmed flu cases have been reported in Massachusetts. The number of cases is within the expected range for this time of year.

"While we cannot predict the severity of this flu season, as in every season, flu vaccination remains the best way for people to protect themselves, their loved ones, and their communities against flu, including those who are more vulnerable to serious flu illness and people with certain chronic

health conditions," said Acting Public Health Commissioner Margret Cooke. "For residents who are not vaccinated against COVID-19 or need a booster shot, now is also a good time to get the COVID-19 vaccination."

Flu activity this season is predicted to be higher compared to last season, given that flu activity was uncharacteristically low amid COVID-19 mitigation measures, such as stay-at-home advisories and mask mandates.

Flu can be very serious. Nearly every year in the United States, millions of people get the flu, hundreds of thousands are hospitalized, and thousands die from flu-related illnesses. The most common symptoms of flu are fever, cough, and sore throat. Symptoms can also include body aches, headaches, chills, runny nose, and fatigue.

Flu vaccination is especially important for people who are at higher risk of developing serious flu complications, for example people with a chronic respiratory condition, heart disease, a weakened immune system, and pregnant women. Because flu and COVID-19

may both be circulating this fall, and may have similar symptoms, people with flu-like illness should get tested for COVID and those at higher risk for flu complications should also get tested for flu. There is antiviral treatment available for flu and individuals at higher risk should call their health care provider to discuss treatment.

"A flu vaccine and a COVID-19 vaccine can be given at the same time," said Dr. Larry Madoff, Medical Director of the DPH Bureau of Infectious Disease and Laboratory Sciences. "Whether you are getting your first dose of a COVID-19 vaccine or are eligible to receive a booster shot of COVID-19 vaccine, we encourage you to get a flu vaccine during the same visit."

People who have questions about getting both the flu and COVID-19 vaccines during the same visit should speak with a health care provider.

For more information about influenza, visit [Influenza.Mass.gov](http://Influenza.Mass.gov) or call your health care provider, local board of health, or DPH at (617) 983-6800.



## How Can I Help My Children Not Repeat My Past?

Breaking the generational cycle of violence is a common concern of parents who have experienced abusive relationships. Social Learning Theory tells us that children learn by example and will often imitate behaviors they are exposed to. While that can be concerning, there is hope, as children are always learning and evolving. With guidance, children are able to re-learn how to express and regulate emotions, how to treat others and what love should look and feel like.

For younger children the foundation of successful healthy relationships starts with learning and identifying their own emotions and understanding how they affect their body. Along with this, children should be taught coping skills to aid in emotional regulation and how to manage "big feelings" in a safe way.

Parents can start by helping their child identify positive role models in their lives. Parents can have open discussions around what healthy love and friendship looks like as well as how they should be treating others with an emphasis on safety and empathy over violence or control. Consider having discussions on "what makes a good friend" and teach children about boundaries to help them build autonomy over their bodies by letting them know it is okay to say "no" when they are uncomfortable. Lastly, help them know and discover their self-worth and value by pointing out and celebrating their positive attributes along with practicing affirmations as they grow up into the teen years and beyond.

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# Councillors Want Update On FoxRock Quincy Center Plans

*Palmucci Resolution Seeks Hearings With Legal Counsel To Review LDA, New Appraisal On Site*

Cont'd From Page 1

lot.

Councillors on Monday approved a resolution seeking those updates in an 8-0 vote, with Ward 3 Councillor Ian Cain not voting. Ward 4 Councillor Brian Palmucci introduced the resolution Monday evening.

"Patience is running out from my perspective on FoxRock's development of the Ross Lot," Palmucci said. "It has been five years that we've been waiting for them to build in Quincy Center. If this development were a child, it would be in kindergarten already."

"It has been a long time. Nothing has been built."

In December 2016, Mayor Thomas Koch designated FoxRock Properties as the redeveloper for a portion

of the Ross Lot in Quincy Center. The announcement was made at the same time FoxRock Properties agreed to purchase the former Quincy Medical Center site on Whitwell Street for \$12 million from Steward Health Care.

In June 2019, city councillors approved a land disposition agreement allowing FoxRock to buy a portion of the Ross Lot and redevelop it. That LDA also allowed the company to buy out the city's right of reverter for the former Quincy Medical Center, freeing it up for a residential redevelopment. The developer agreed to pay the city \$4.25 million as part of the pact.

FoxRock's plans for the Ross Lot site — as first introduced to the council in early 2019 — called

for the construction of a 200,000-square-foot medical office building, a 140-room hotel and 110 units of affordable or workforce housing.

The Planning Board approved FoxRock's plans for the Quincy Medical Center property in December 2019, and development on that site has already commenced.

FoxRock went before the Planning Board with its proposal for the Ross Lot site for the first time in September. The developer is scheduled to go before the board again next month.

FoxRock's proposal for the Ross Lot, as presented to the Planning Board, calls for a 150,000-square-foot office building, 125 hotel rooms, and 200 apartments. FoxRock did not say whether any of those apartments

would be set aside for affordable housing at the Sept. 8 meeting; following the meeting, a spokesperson for the company told The Sun "The project will have to go in front of the affordable housing trust which will determine the affordability requirements for the project."

Palmucci said FoxRock has gone back on two pledges it made when the land disposition agreement was being negotiated — to replicate medical services formerly available at the hospital in the downtown and to build new affordable housing.

"One of the things that bothers me the most about this is that the city gave up our ownership rights to the Quincy Medical Center land on the promises that hospital services would come downtown, that the hospital services we're losing at Quincy Medical Center...would be replicated downtown, and now they are saying it will be biotech space," Palmucci said.

"They made a commitment also to build affordable housing and now they are saying the units will be market-rate. The quote in the paper was, 'well, we'll go before the Affordable Housing Trust Committee to figure out what's going to be affordable.' That's not what they promised us, this body, everyone else who voted for this."

"I voted to give the land to them based on those representations about replication of medical services and affordable housing."

Palmucci said he wants

to hear directly from the company — not through statements it makes to the press.

"I would like for them to discuss in a public place... what they plan to do and whether they plan to keep the commitments and the promises they've made to the public and to the city and to the City Council," he said.

Councillor Anne Mahoney, the only councillor who voted against the 2019 agreement between FoxRock and the city, said the update should be provided in the near future. Mahoney noted she and Palmucci had sought an update on the Ross Lot plans in April 2020.

"I do think this is something we need to stay on top of and I would suggest that we start making those meetings ASAP," Mahoney said. "This is really important because this is a complete change...what they are proposing and the reverter is gone, the hospital site is gone."

"Basically, they've gotten two lots of land and we've gotten, from what we understand from the newspaper articles, none of what was promised."

In the resolution put forward Monday, Palmucci said the 2019 LDA would allow the city to take back a portion of the Ross Lot land for \$1 if the company does not meet its affordable housing obligations. Alternatively, Palmucci said the city could require FoxRock to pay an additional fee, based on the land's current

appraised value, to construct market-rate housing.

Among other steps, Palmucci's resolution asks FoxRock to appear at a future council meeting to discuss its plans for the Ross Lot site; seeks hearings with legal counsel to review the LDA; and asks the Koch administration for a new appraisal of the portion of the Ross Lot site on which the residential development would be built.

Palmucci, in a separate resolution put forward Monday and approved 8-0, asked for FoxRock to appear before the council to discuss how the company will maintain public safety and compliance federal, state and local regulations while developing the Ross Lot site, and to address whether or not they plan to hire locally for the project.

In a statement following Monday's votes, Chris Walker, Koch's chief of staff, said the administration remains confident in FoxRock.

"The Council approved the LDA two years ago and the final permitting for the largest commercial development the City has seen in decades is now underway. I'm not sure how that could be considered a delay of any kind — even if there wasn't a global pandemic," Walker said.

"But beyond that, the proof, as always will be in the pudding, and there's no real reason beyond political theater to believe that FoxRock won't continue the progress we've made in the downtown."

## 'It's The Most Wonderful Time Of The Year' Parade Theme

The Quincy Festival Committee announces that the winning entry in the annual contest to choose a parade theme for the Quincy Christmas Parade is "It's the most wonderful time of the year."

In what has almost become another tradition of the 68th annual event, the theme winner is once again Quincy CPA Dolly Di Pesa who has now has her entry selected for the third time. The entries are separated during the selection process and only matched with the

person after the choice is made. Over thirty entries were received for consideration.

The parade theme is an important part of the parade and is used in the judging of the floats made by local nonprofits, schools and business who competed for cash prizes each year. It also sets the theme for the three days of festival events including the November 26th Tree lighting ceremony, the arrival of Santa Claus on November 27th, and the parade which will be on Sunday

November 28th at noon.

Di Pesa's previous themes were "Christmas around the world", and "Do you hear what I hear?" in 2018 and 2019. There was no parade last year and this will be the 68th addition of the event. She will get to ride in the parade as the theme winner and receive a plaque as the theme winner.

Groups who wish to participate by making floats for the parade should contact the committee at 617 376 1052.

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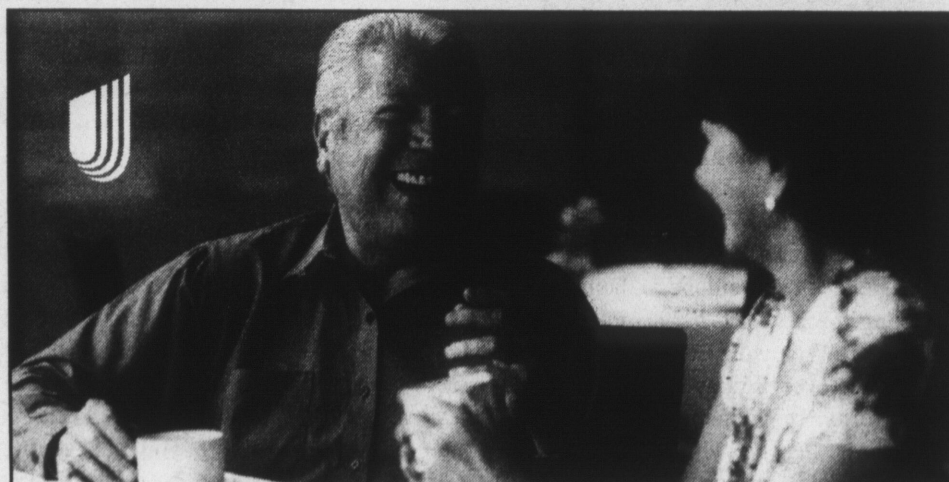
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# Sgt. Lawrence Grenham Playground Dedicated

*Cont'd From Page 1*

served as master of ceremonies.

As he stood before the gathering flanked by color guards of the Morrisette Sons of the American Legion, American Legion Post 95, Quincy Fire Department, and the North Quincy High School Junior Air Force ROTC, Fratolillo recalled growing up in Houghs Neck and how the playground, then known as the Macy Street Playground, was a focal point of enjoyment for neighborhood children.

"Larry and I were just two of the many kids that played in the park," he said.

In 1965, when Fratolillo and Grenham were in their late teens "high spirited, teeming with youthful bravado, adventure, and a little bit of rebellion," the two friends decided to leave high school and join the Army.

"Back in the late 1960s there was much unrest about the Vietnam War," Fratolillo said. "For Larry and most of us who volunteered to serve, we weren't caught up

in the protest of the Vietnam War, nor were we terribly impressed or swayed by the politics. For us, it was about serving our country, paying our dues, just as our fathers did before us. It was simply about answering the call."

Grenham and Fratolillo enlisted in the Army under what was then known as the "Buddy Program," where friends were guaranteed to train and serve together. That guarantee was not to last long.

"In basic training at Fort Dix, New Jersey, Larry got sick and came down with meningitis," Fratolillo said.

Grenham was hospitalized. After some time, he recovered. Because of his illness, Fratolillo explained that Grenham was given the option to leave the army under honorable medical conditions.

"Larry refused and returned to finish out his training and continue his mission," said Fratolillo.

As Grenham was recuperating, the Army decided that the Buddy Program guarantee was "null and



**THE SERGEANT LAWRENCE GRENHAM** Playground on Macy Street is rededicated in the memory of the Houghs Neck soldier who was killed in action while serving in Vietnam.

*Quincy Sun photos/Tom Gorman*

void." Fratolillo moved on, the buddies separated.

"The last time I saw Larry was when I visited him at the hospital at Fort Dix with his family," Fratolillo said.

Eighteen months later, Grenham and Fratolillo were both in Vietnam, "miles apart in different units." Grenham had quick-

*Cont'd On Page 20*



**RESIDENTS AND VETERANS** pause during the dedication of the Sergeant Lawrence Grenham Playground Oct. 9.



**VIETNAM VETERAN** James Fratolillo recalls playing with his neighborhood friend, Lawrence Grenham, in the playground dedicated in his name.



**CAROL COOPER**, left, sister-in-law of the late Sergeant Lawrence Grenham, accepts his high school diploma from Mayor Thomas Koch as School Committee member Emily Lebo looks on.



**ALLY SLEIMAN** of the Quincy Veterans Committee welcomes the gathering to the dedication ceremony of the Sergeant Lawrence Grenham Playground Oct. 9.



# Sgt. Lawrence Grenham Playground Dedicated

Cont'd From Page 19

ly risen through the ranks and attained sergeant at age 20.

Fratolillo said one day he was reading the Stars and Stripes newspaper while in camp and saw the name of Lawrence Alphonse Grenham listed in the obituaries.

"At first I tried to convince myself it was a different Lawrence Grenham," he said. "But try as I might, I knew what were the odds that another Lawrence Grenham would have the middle name Alphonse."

Fratolillo remembered his friend as a "big guy, truly an easy-going gentle giant" who was nicknamed Bear by his unit comrades.

"Larry epitomized what a true friend is, I think they now call it Best Friend Forever," he said. "I have absolutely no doubt that Sergeant Lawrence Grenham was a great leader and an outstanding soldier."

Fratolillo said when people set aside the politics surrounding the Vietnam War, they are able to "separate the warriors from the wars, and then we can truly appreciate their sacrifices...and bestow upon them the respect and honor and thanks they deserve."

Fratolillo said some years ago, then Ward 1 City Councillor Margaret Laforest supported a neighborhood drive to name the playground in memory of Grenham.

According to Fratelillo, the playground "was old school and not in great shape" at that time.

"It had a couple of swings and a large round metal disc that you would get on and spin," he said. "I think the principle of that device was to see how many kids you could get to fly off to be hurled to the ground."

The playground also had a flagpole and a flag that was privately purchased and had been installed by the Park Department.

Recently, Fratelillo approached city officials to have the playground upgraded. He credited the Quincy Veterans Council spearheading the move with help from Ward 1 Councillor Dave McCarthy, Quincy Veterans Services' George Bouchard, Sleiman, Councillor at-large Noel DiBona, and the city's Park Department Commissioner David Murphy for redesigning and refurbishing the park "making it one of the finest playgrounds in Quincy for toddlers and small children to safely play."

Morrisette American Legion Post 294 Chaplain Don Knight offered thoughts and a prayer.

"Let all who use this



VETERANS SALUTE as the Sergeant Lawrence Grenham Playground is dedicated in Hough's Neck at a ceremony Oct. 9. Quincy Sun photos/Tom Gorman

beautiful park know the story of Sergeant Larry Grenham, a Hough's Neck boy, a Necker, a true American hero who gave the ultimate sacrifice so that we may enjoy the freedoms we have today."

McCarthy said Fratelillo was the driving force to have the park upgraded. He added that the playground is "very special" and that veterans from any era can never be forgotten.

"Larry was a Necker, Jimmy (Fratolillo) was his best friend who didn't forget him," McCarthy said. "Quincy didn't forget him, and Hough's Neck will never forget him."

Mayor Thomas Koch recalled former Mayor Walter Hannon questioning what contributions would have been made by those lost in war had they lived.

"Those sacrifices are needed for us and others to make those contributions," Koch said, referring to the joint efforts to refurbish the park.

The mayor noted that it was the Vietnam War veterans who made the fall of the Berlin Wall possible.

"It was the Vietnam veterans who drew a line in the sand between communism and socialism that led to fall of the Berlin Wall," he said.

Koch pointed to the disrespect returning Vietnam veterans faced.

"Respect and honor are due to our Vietnam veterans," he said. "Today we not only honor Larry, but we also honor you. We can't do enough of this."

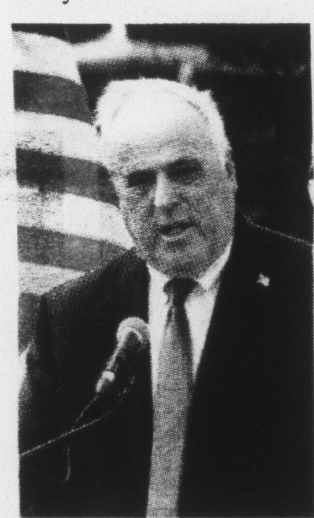
Because Grenham left high school in the 11th grade to join the service,

he never graduated. His sister-in-law, Carol Cooper of Weymouth and her daughter, Angel Cooper, were presented Grenham's high school diploma posthumously by Koch and School Committee member Emily Lebo. The Coopers also unveiled a stone and bronze memorial featuring a picture of Grenham.

Fratolillo said the playground serves as a lasting tribute to one of the city's war heroes.

"When someone you love physically dies and they are not forgotten, their spirit does not die, their spirit lives on," he said. "Larry's spirit lives on. Thanks to this memorial, this children's

playground, he will never be forgotten. His spirit will always live on."



WARD 1 COUNCILLOR Dave McCarthy told the gathering that "We can't ever forget any of the veterans from any era."



MORRISSETTE AMERICAN LEGION Post 294 Chaplain Don Knight offers a prayer at the dedication of the Sgt. Lawrence Grenham Park in Hough's Neck Oct. 9



JAMES RHEAULT, age 10, a student at the Atherton Hough School, leads the Pledge of Allegiance the Sergeant Lawrence Grenham Playground dedication.

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## Save Seeds Of Favorite Vegetable, Flower Plants

By MELINDA MYERS

Experimentation is part of the fun of gardening. Saving seeds from your favorite vegetable or flower for next year's garden or even the next generation is something you might like to try.

Keep in mind that all flowers and vegetables will not come true from seed. Hybrids and those pollinated by the wind or insects may produce offspring unlike the parent plant. The resulting surprise can add to the fun. Use heirloom or older varieties when looking for consistency.

Timing is critical. When saving flower seeds wait for the seeds, not the flower, to be full size and mature. This is usually when the seed-pod, capsule or seed head that houses the seeds turns brown and brittle.

Collect these and separate the seeds from the surrounding structure. Spread them on newspaper to finish drying. Place the dry seeds in an envelope labeled with the plant name and date the seeds were collected. This will make spring planting much easier. Store the seeds in an airtight container in the refrigerator.

Consider saving a few vegetable seeds as well. Heirloom peas and beans



**SAVING HEIRLOOM SEEDS, like this striped Roman paste tomato preserves both flavor and history.**

*Photo courtesy of MelindaMyers.com*

are open-pollinated, so they form seeds that will grow into plants that are similar to the parent plant. Allow the peas and beans you plan on saving to dry on the plant. Once the pods turn brown and the seeds rattle inside, they are ready to harvest. This is about six weeks after you harvest snap beans for eating and about four weeks after the normal picking stage for peas.

Protect plants from frost or pull them out of the ground and hang them in a cool dry location, so the pods can finish drying if needed. Remove the pods from the plants and allow them to further dry indoors for about two weeks.

Remove the seeds from the dried pods, store in an airtight opaque container in a cool dark location. Label with the varietal name and

date the seeds were collected.

Saving seeds from tomatoes requires a bit different preparation. Scoop out the gelatinous center of a ripe tomato. Place this in a container of water and let it ferment in a warm location for a week or two.

Then remove and compost the rather disgusting layer of fermented tomato waste and bad seeds floating on the surface. Pour the remaining water and the good seeds sitting on the bottom of the container through a fine mesh strainer. Rinse the seeds, removing any of the gelatinous material that may remain. Spread the seeds on a piece of paper to dry.

Once dry, place the seeds in an envelope labeled with the date and variety and set in a sealed jar or plastic container. Store in the refrigerator or other consistently cool location until it's time to start them for next season.

Start with these and then consider trying other flower, vegetable and even tree and shrub seeds. You'll find helpful information in books, online and on the Seed Savers Exchange website. Saving your own seeds can help you save money while preserving and planting a bit of gardening history.

## Concerts At The Crane: Liana Paniyeva (In-Person)

The Thomas Crane Public Library invites the public to an afternoon concert in the historic Richardson Building on Sunday, Oct. 24 from 3 to 4 p.m. featuring the award-winning pianist Liana Paniyeva.

Ms. Paniyeva will be performing Robert Schumann, Piano Sonata No.1 in F sharp minor, Op.11; Rachmaninoff Preludes Op.23, No.4 & 6; and Schubert/Liszt selected lieder.

Hailed by the New York Concert Review as "a sensitive player," Liana Paniyeva has won prizes in numerous competitions internationally and has performed at festivals in Norway, Hungary, Austria, Canada, England, Italy, Syria, South Africa, and Israel. Her recitals have taken her to Carnegie Hall, Worcester's Mechanics Hall, the Myra Hess Concert Series in Chicago, to note highlights.

Ms. Paniyeva has been a prizewinner in numerous international competitions and has been featured in various broadcasts and recordings. Her solo recital in 2016 at the Myra Hess Concert Series in Chicago was broadcast live on WFMT Radio.

Liana is a winner of the



**LIANA PANIYEVA**

American Prize 2021. A graduate of the Donetsk Music Academy in Ukraine, she earned her Professional Studies Diploma from the Manhattan School of Music and an Artist Diploma from The Hartt School of the University of Hartford. Ms. Paniyeva is a founder and artistic director of the Young Stars International Piano Competition, and runs a private piano studio in North Quincy.

Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start of the program. Visit the Crane Library website for more information.

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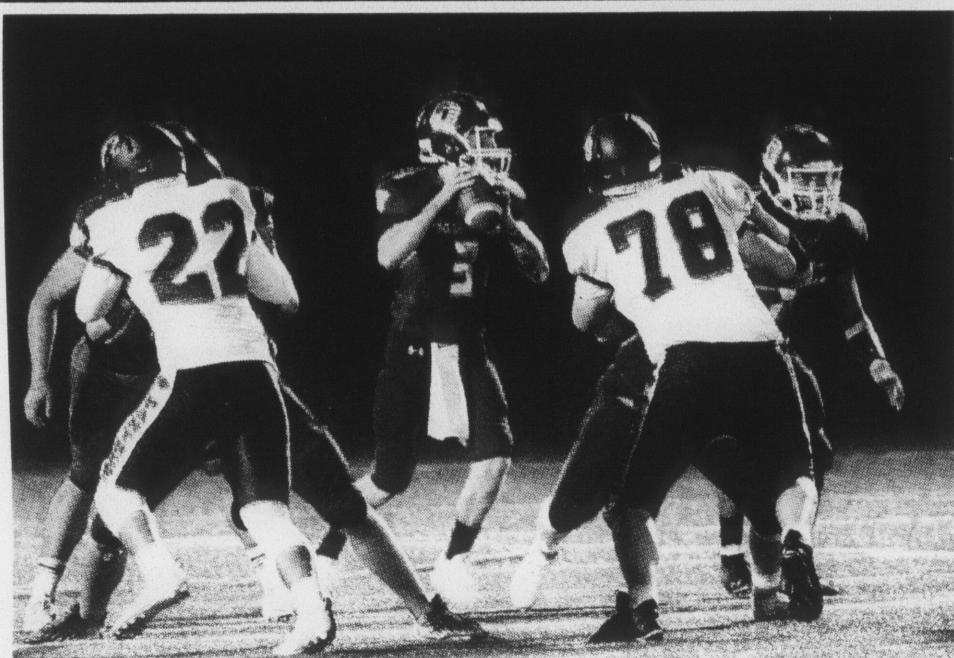


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QUINCY QUARTERBACK Andrew Novak sets to pass as teammates block Plymouth South defenders. The Presidents bowed to the Panthers, 27-6 last Friday night at Veterans' Memorial Stadium. Quincy (3-2) travels to Scituate Friday night at 7 p.m. Quincy Sun photos/Tom Gorman

## Presidents Bow To Plymouth South, 27-6

By TOM JOYCE

The Quincy High football team faced a tough challenge last Friday night.

They hosted the Plymouth South Panthers, who are having a strong season and have a talented running game and defense. The Presidents fell 27-6 in the game that took place at Veterans' Memorial Stadium. With the loss, the Presidents fell to 3-2 on the season.

The Presidents started the game with a three-and-out. They had a run for no gain, a five-yard penalty against them, a five-yard loss on a run, and an incomplete pass to bring up fourth and 20 at their own 20-yard line.

Plymouth South got the ball at the Presidents' 43-yard line after a strong return. Their first play from scrimmage was a 10-yard run for a first down. A couple of plays later, they converted on third-and-nine for a first down on the ground. Plymouth South scored two plays after that on a 17-yard play-action touchdown

pass; the team missed the extra point, so it led 6-0 with 5:06 left in the first quarter.

Jarod Walker responded by taking the ensuing kickoff to Plymouth South's 47-yard line. Walker (10 carries, 32 yards) got his team a first down on third down with an 11-yard run to the outside. However, Plymouth South responded by holding the Presidents to two yards on their next three running plays. On fourth down, they blitzed and got the sack, regaining possession.

Plymouth South got a first down on a quarterback run, but a penalty set them back on the next set of downs.

A defensive holding call against the Presidents helped Plymouth South convert on fourth down on its second set of downs of the drive. And a sack by defensive linemen Nick Blasi and Luke Murphy brought up fourth-and-long again later in the drive. However, Plymouth South converted on a 28-yard touchdown pass. The extra point at-

tempt was good, putting the team up 13-0 with 6:46 left in the first half.

Plymouth South quickly regained possession after that. The Presidents fumbled on the first offensive play of their new drive, giving Plymouth South the ball at the 35-yard line. While Murphy had a tackle for a two-yard loss to bring up fourth and three for Plymouth South, the team completed a waggle pass to bring up first and goal. Plymouth South scored three plays later on a fullback dive. That gave Plymouth South a 20-0 lead with 2:17 remaining in the first half.

The Presidents made it to the Plymouth South 17-yard line on their final drive of the first half; quarterback Drew Boretti (7-for-19, 96 yards) completed three passes and a pass interference call also helped the team gain some ground. However, Plymouth South played tough defense, stopping the next four attempted passes to end the first half.

Cont'd On Page 23



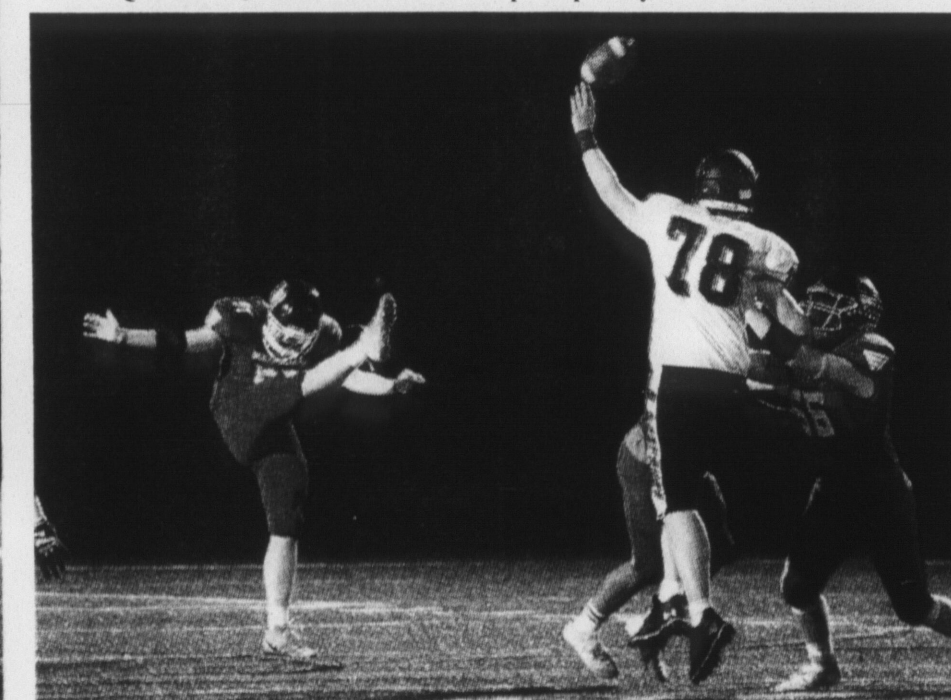
QUINCY'S JOSHUA WHITTAKER, right, clears Plymouth South's Donte Andrews out of the path of teammate Jarod Walker, left, after receiving a handoff from quarterback Andrew Novak, center.



QUINCY ball carrier Gabriel Rodriques eludes the grip of Plymouth South's Nicholas McNulty.



QUINCY'S JAROD WALKER races upfield past Plymouth South defenders.



QUINCY'S KYLE REGAN punts for the Presidents as teammate Riley O'Connell, right, blocks Plymouth South's Harrison Ottino.



QUINCY QUARTERBACK Drew Boretti launches a pass as teammate Luke Murphy, center, blocks Plymouth South's Coen Quinn Kennedy.

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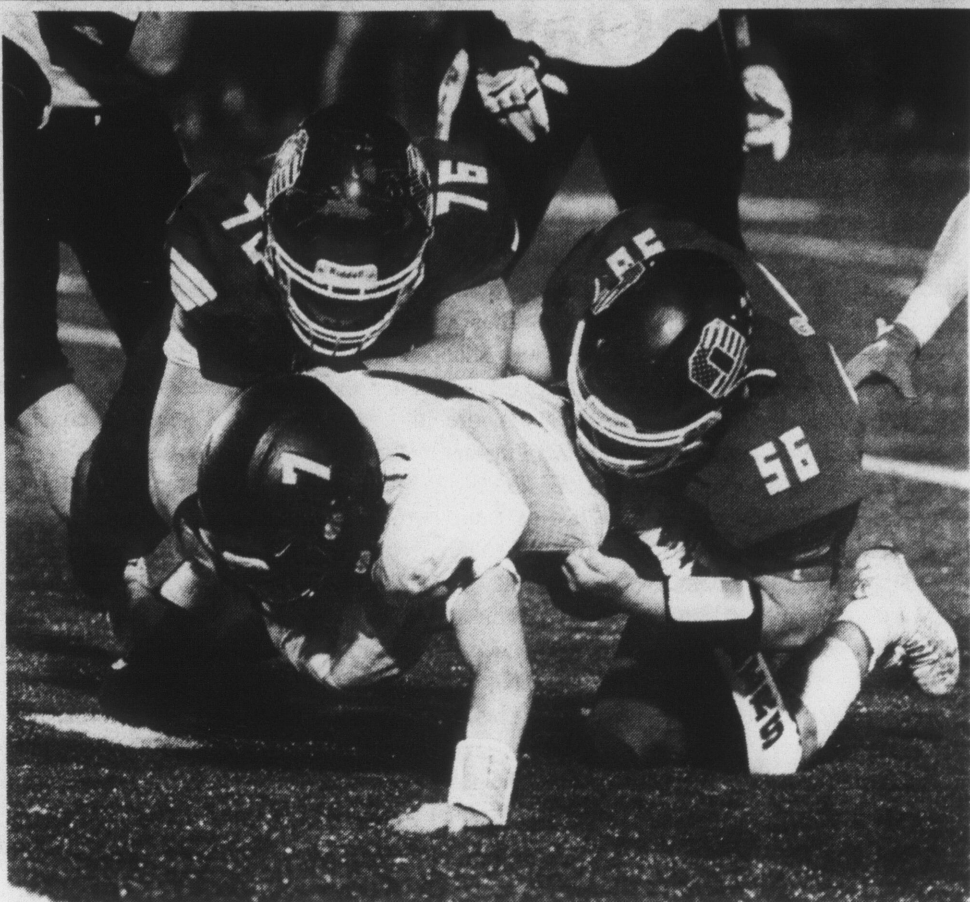
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PRESIDENTS' BRENDAN REGAN, left, dives after Plymouth South ball carrier Heath McGilvray. Quincy Sun photos/Tom Gorman



QUINCY DEFENDERS Luke Murphy, left, and Riley O'Connell, right, sack Plymouth South quarterback Cole Brunstrom.

## Presidents Bow To Plymouth S., 27-6, At Scituate Friday

Cont'd From Page 22

Plymouth South started the second half with the ball, but a sack from Nick Blasi on third down forced the team to punt. That gave the Presidents the ball at their

own 31-yard line. A holding call forced what looked to be a punt for the Presidents, but a direct snap to Walker gained seven yards and gave the team a first down. The Presidents then gained 15

yards on a pass interference call.

Walker picked up nine yards on a pair of runs, then Boretti got a first down on a QB sneak. The next play, Boretti connected with Jac-

ey Ham for a 28-yard touchdown pass. A direct snap to the holder on the two-point conversion attempt was unsuccessful, keeping the score at 20-6 with about four minutes left in the third quarter.

When Plymouth South got the ball back, the team took its time moving the ball down the field. The team converted on fourth down

twice -- once on a wheel route around midfield and once again on a quarterback keeper to get into the red zone. Plymouth South scored its final touchdown of the game on a four-yard run with 5:31 left in the game; the extra point was good, putting the team up 27-6.

Boretti had a 17-yard completion on fourth down

to wide receiver Reuben Charles, but four straight incompletions after that brought up a turnover on downs. Plymouth South regained possession and ran down the clock to win the game.

The next game for the Presidents will take place this Friday, Oct. 22 on the road against the Scituate Sailors (7 p.m.).

## North Quincy Football Downs Pembroke, 30-7

The North Quincy Raiders improved to 3-2 on the season with a 30-7 road win over Pembroke last Friday night.

North Quincy got on the scoreboard in the first quarter on a 3-yard touchdown run by senior Matt Craig. Thomas Murray kicked the extra point to give NQ a 7-0 lead. The Raiders added to their lead with 10 points in the second quarter, 6 in the third and 7 in the fourth. The Titans scored their own

touchdown in the fourth quarter.

Craig carried the ball 14 times for 100 yards for the Raiders in the win.

Senior tight end and defensive end Colm Geary had four receptions for 75 yards including a touchdown, two point conversion and a great game at defensive end.

Nate Caldwell returned an interception 16 yards and had a 78-yard kick return after a safety with one minute left to set up a touch-

down run by Cooper Hansen. Hansen was 10 for 16 for 111 yards passing. He threw for one touchdown and rushed for another.

Also playing a strong game on both sides of the ball was senior Brandon Baker who had two tackles for loss.

Senior Thomas Murray had all 3 punts inside the 20, including two downed inside five-yard line.

North Quincy visits Plymouth South Friday night. Kick off is at 7 p.m.

## Quincy Defeats North Quincy In Boys' Soccer, 3-1

By TOM JOYCE

The last time these two teams faced off, no one won.

This time, the Quincy High boys' soccer team enjoyed success late in the match offensively and pulled off the win.

The Presidents faced the North Quincy High Raiders at Creedon Field Oct. 16. It was a closely-contested match, but the Presidents capitalized on their opportunities late in the match and came out with a 3-1 win. With the win, the Presidents improved to 6-7-3 on the season. With the loss, the Raiders fell to 2-10-2.

The Presidents struck first in the contest. Senior Ryan Doherty nailed a free kick 12 minutes into the match from 40 yards out, giving his team a 1-0 lead. The Presidents would maintain that lead until the start

of the second half.

Then, the Raiders tied the match at one apiece thanks to senior Sam Wong; he had a few strong opportunities to score and capitalized on the third chance he had.

At the 48 minute mark, he had a free kick that went over the net and four minutes later, he took a penalty kick, but it went off the top post. A minute after that attempted penalty kick, Wong found himself out in front of the net and kicked in a goal to tie things at one apiece.

With 18 minutes left in the match, however, the Presidents regained the lead. They got it back on a penalty kick from senior Jair Whyte; he rolled the ball into the lower right-hand corner as the opposing goalkeeper looked to the left side. This put the team up 2-1.

And with seven minutes

left in the match, sophomore Antoine Johnson netted an insurance goal for the Presidents, making it a 3-1 match.

The victory stopped a four match winless skid for the Presidents. The team had three straight losses followed by a 2-2 tie against Scituate on the road Oct. 14. It was the first win for the Presidents since they defeated Silver Lake 1-0 Oct. 4. It was also their highest scoring total in about a month. The last time they put up more goals than they did against the Raiders was on Sept. 17; the Presidents defeated Duxbury 4-1 in that contest.

With the loss to the Presidents, the Raiders had lost back-to-back matches as of the start of this week. However, like the Presidents, the Raiders also tied Scituate 2-2 last week. That game was Oct. 12.

The last time that Quincy and North Quincy faced off it resulted in a 1-1 tie; that match took place Sept. 25 at Veterans' Memorial Stadium.

Both the Presidents and the Raiders are on the older side this season as far as

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### Public Access Channel 8

Thursday, October 21  
6:00pm: Bethany Congregational Church  
8:00pm: QHS vs. Plymouth So. Football 10/15

Friday, October 22  
11:30am: LIVE: Currently in Quincy  
8:00pm: Messages from the Candidates

Saturday, October 23  
12:00pm: Messages from the Candidates  
7:00pm: The Call

Sunday, October 24  
10:00am: LIVE: Quincy Dems Virtual Breakfast  
7:00pm: Messages from the Candidates

Monday, October 25  
11:30am: LIVE: Currently in Quincy  
8:00pm: QHS vs. NQHS Girls Soccer 10/16

Tuesday, October 26  
7:00am: LIVE: AM Quincy with Joe Catalano  
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, October 27  
6:00pm: Good News  
7:00pm: The Call

### Government Access Channel 9

Thursday, October 21  
8:00pm: Concerts at the Crane: Alex Minasian Trio

Friday, October 22  
6:00pm: Department Profiles: Quincy Health Dept.  
7:00pm: Good Deeds: Norfolk Registry of Deeds  
8:00pm: In Your Neighborhood: Ward One  
8:30pm: In Your Neighborhood: Ward Five

Saturday/ Sunday, October 23/24  
9:00pm: Good Deeds: Norfolk Registry of Deeds  
9:30am: TCPL Presents: Cooking with Colin  
10:00am: In Your Neighborhood: Ward One  
10:30am: In Your Neighborhood: Ward Five  
12:00pm: City Council, Incl. Public Hearing 10/18  
7:00pm: City Council, Incl. Public Hearing 10/18

Monday, October 25  
6:30pm: LIVE: City Council Public Hearing  
7:30pm: LIVE: City Council

Tuesday, October 26  
4:00pm: LIVE: Board of License Commissioners  
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, October 27  
6:00pm: In the Know: Norfolk County Sheriff's Office

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

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# North Quincy Defeats Quincy In Girls' Soccer, 4-0

By TOM JOYCE

Call it a sweep for the North Quincy High girls' soccer team.

For the second and final time this season, the Raiders met up with the Quincy High Presidents for an in-city rivalry match Oct. 16. This time, the Raiders hosted the match, and they came out on top once again. The Raiders enjoyed offensive success in the first half and defeated the Presidents, 4-0. With the win, the Raiders improved to 3-11 on the season. With the loss, the Presidents fell to 0-14 on the season.

The Raiders had most of their offensive success early in the match, putting it away in the first half. Senior captain and striker Teresa Sheedy was responsible for two of those three first half goals.

About 13 minutes into the match, Sheedy put the Raiders on the board. She was fed a pass right out in front of the net; she took the opportunity and put the ball in the back of the net to put her team up 1-0.

The score remained in place for much of the second half, but the Raiders surged offensively late in the second half. At the 35 minute mark, sophomore midfielder Paige Grippi doubled the team's lead. She found an opening and out in front of the net and tapped the ball in for yet another goal.

Less than a minute later, Sheedy provided the Raiders with an insurance goal. She lofted the ball over the head of the Presidents goalkeeper. While a Presidents defender got a piece of the ball when it was behind the goalkeeper, it still rolled into the net for a goal.

The Raiders continued to play tough defense in the second half and added one more insurance goal, preserving the shutout and increasing their margin of victory to four goals.

The win snapped a six-match losing streak for the Raiders. Before this win over the Presidents, the last win for the Raiders came the last time the two teams met up. When the two teams faced off at Veterans' Memorial Stadium on Sept. 25, the Raiders won that one 3-0. That win snapped a five-match losing streak for the Raiders. The Oct. 16 win was also the first match in which the Raiders scored a goal since the last time these two teams faced off.

Although the Presidents didn't come out on top in this one, they had scored a goal more recently than the Raiders going into this one. The team put one in the back of the net in its 8-1 loss to Scituate Oct. 14.

Both teams have a mix of younger players and older players on their rosters this season. The Raiders have six seniors this season while the Presidents have five.

The roster for the Presidents this season includes: sophomore Anna McPhillips, junior Ava Cook, sophomore Madison O'Hara Kelly, junior Helena Middleton, freshman Grace McGillicuddy, senior captain Lindsey Hatfield, senior Maddie Bailey, junior captain Mairead Folan, senior Mia Nguyen, freshman Abby Lyons, sophomore Zoe Stallbaum, junior captain Caroline Campbell, freshman Abby Dawe, junior Avery Pitta, junior Caroline Tracey, sophomore

Grace Connor, sophomore Kaitlyn Sampson, sophomore Mia Stallbaum, sophomore Mary Doherty, senior Abby Codner, senior captain Amyah Davis, sophomore Ciara Golden, junior Amira Aitsaid, freshman Ashlinn Folan, and freshman Ciara Folan. Their head coach is Bridget Coleman.

The roster for the Raiders this season includes: sophomore goalie Lucy McLaughlin, junior defender and captain Marybeth Smith, sophomore midfielder Paige Grippi, junior midfielder Jamie Collins, junior midfielder Keira Murphy, freshman midfielder Amy Tan, senior defender Zoe Kakarich, senior midfielder and captain Jamie McAleavey, junior midfielder Maggie Power, sophomore defender Maddy Gola, sophomore striker Faye Fitzpatrick, sophomore midfielder Piper Henderson, sophomore defender Nina Smith, senior defender Carly Amendolare, senior striker and captain Teresa Sheedy, junior defender and captain Melanie Chretien, freshman defender/midfielder Hannah Moriarty, freshman defender Sascha Walsh, junior defender Maddie Power, sophomore striker Avery Abrahamovich, senior defender Caroline Cavicchi, and senior midfielder and captain Alex Abrahamovich. Their head coach is Devon McKay.

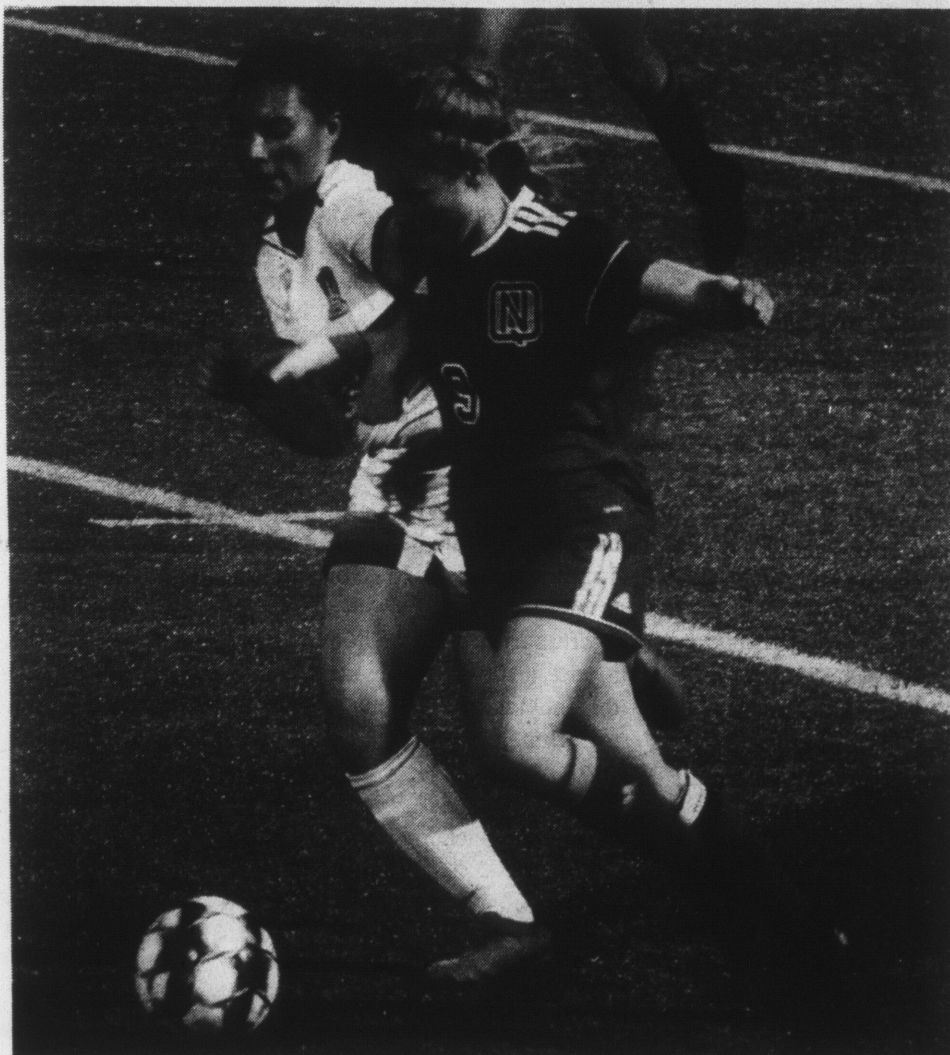
The next match for the Raiders will take place Friday, Oct. 22 at home against the Plymouth South Panthers (6 p.m. start time).

The next match for the Presidents will take place Friday, Oct. 22 on the road against the Pembroke Titans (6 p.m. start time).



QUINCY SENIOR Amyah Davis helps teammate/goalie Anna McPhillips block goal from North Quincy junior Keira Murphy.

Photos Courtesy Alexandra Talarico, NQHS senior and photography student



QUINCY JUNIOR Avery Pitta tries to get the ball as (right) North Quincy senior Jamie McAleavey advances towards the goal.

## Quincy Defeats North Quincy In Boys' Soccer, 3-1

Cont'd From Page 23

high school varsity soccer teams go. The Presidents have 14 seniors on their roster this year while the Raiders have 10.

The roster for the Raiders this season includes: junior Jack Cavicchi, junior Ben Dawe, senior Kevin Le, senior Mike Colantonio, junior Patrick Webber, senior Sam Wong, junior Neil McCole, senior Ethan Walsh, sophomore Arli Dylja, junior Nate Davis, senior Oliver Smith, senior Daniel O'Shea, senior John McLaughlin, sophomore Joe Bates, senior Pablo

Flores-Munoz, junior Sean Burns, junior Kyle DeBoer, junior Colin McPherson, senior Malik Francis, and senior Martin Demo. Their coach is Charles Kilmain.

The roster for the Presidents this season includes: senior Hugh Crawford, junior Huy Ho, senior Sai Kuchulakanti, senior Joseph Connor, senior Gabriel O'Brien, junior Harun Chaani, senior Ryan Doherty, senior Daniel Pakkala, junior Shubbam Kumar, senior Zachary Donaghue, senior Nicholas Ferrara, sophomore Declan Rogers, sophomore Antoine

Johnson, junior Thomas O'Neil, senior Coleman Ross, senior John Alesandro, senior Jack Fehan, senior Kellen Kopp, senior Nadan Nair, junior William Wisman, sophomore Kyle Tolini, sophomore Tim Heise, and junior Alex Carmona-Montufar. Their coach is Dan Mongo.

The next match for the Presidents will take place this Friday, Oct. 22 at home against the Pembroke Titans (4 p.m. start time).

The next match for the Raiders will take place this Thursday, Oct. 21 on the road against the Plymouth South Panthers (5 p.m. start time). The team's next home game will come two days later on Saturday, Oct. 23 against Archbishop Williams at Creedon Field (6 p.m. start time).



NORTH QUINCY senior Alex Abrahamovich runs with the ball towards goal with a Quincy player in close pursuit.

More Quincy news:

The Quincy Sun.com

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# North Quincy Girls' Volleyball Defeats Quincy, 3-2

By TOM JOYCE

Call it a comeback for the North Quincy High girls' volleyball team.

The Raiders were down early, but they made a comeback. They had a strong performance in the fifth set and were able to take down their in-city rival as a result. The Raiders defeated the Quincy High Presidents 3-2 on Monday. With the win, the Raiders improved to 13-4 on the season. With the loss, the Presidents fell to 14-2. The loss snapped an 11-match winning streak for the Presidents that included a 3-0 win over the Raiders Sept. 27.

The Presidents took the first set 25-15. Lucy Lynch and Mona Ly closed out the set with a serve that the Raiders couldn't return and a kill respectively.

The Raiders struck back with early success in the second set. Jen Lee had an ace to give the team a 4-1 lead. After the two sides split some points, Ava Bryan had an ace that tipped the net to put the Raiders up 9-4. The Presidents clawed back at the deficit and came within one point of the lead, making it 17-16 on a kill from Bridget Hoare preceded by an ace and a kill from Colleen Moran. However, a hitting error against the Presidents gave the Raiders the ball back and three straight aces from Bryan gave them a five-point lead 21-16; the Presidents couldn't over-

come that deficit, and the Raiders took the set 25-19 with the game point coming on a serving error against their opponent.

While the Presidents got off to a hot start in the third set, the Raiders fought back. The Presidents took a 5-1 lead on a point they got with Ly serving and went up 7-3 on a block from Moran. However, the Raiders outscored them 7-3 over the next 10 points to tie things at 10 apiece. ZiXian Situ made it 10-10 with an ace for the Raiders. The set remained virtually tied over the next several points, but a 6-1 run for the Raiders helped them pull away. It included an ace from Flora Chen to take a three-point lead and a pair of hitting errors against the Presidents to put them up by five. The Raiders took the set 25-20 with the game point coming on an ace from Situ.

The Presidents forced a set five with a dominant performance late in the fourth set. They initially went down 3-0. Yet, they closed out the set on a 10-1 run to win 25-14. Midway through the set, the Raiders pulled within two points, 15-13, on a kill from Bryan. However, a hitting error against the team on the next point gave the Presidents the ball back. The Presidents would go on to close out the set with a kill from Hoare, an ace from Moran, and a hit from Hoare that the Raiders were unable to return.

Early in the final set, the Presidents took a 3-2 lead on a Raiders hitting error, but a 6-0 run from the Raiders turned the game around. It included a couple of hitting errors from their opponent, an ace from Chen, and a stop up front from Bryan and Kiera Sleiman to take an 8-3 lead. The Raiders made their lead as high as 13-5 following an ace by Situ and a kill from Kaila Jacques. While the Presidents then got a few points back, a hitting error against them ended the set; the

Raiders took it 15-8.

The roster for the Presidents this season includes: freshman Alyssa Hopps, junior Annika Schmitt, senior Thu Luong, senior Elise Roche, senior Colleen Moran, sophomore Paige Mann, junior Maggie Lynch, junior Bridget Hoare, junior Tiffany Le, sophomore Mary Saccoach, senior Madeline Mayo, senior Leila Akhouzine, senior Emma Glavin, senior Lucy Lynch, senior Mona Ly, and junior Kelly Phu. Their head coach is Jacqui Niosi.

The roster for the Raiders this season includes: senior right side hitter Bridget Keane, senior outside hitter Kaila Jacques, senior defensive specialist Angelina Lee, junior defensive specialist ZiXian Situ, junior right side hitter Chika Akukwe, senior defensive specialist Breeana Chu, senior outside hitter Kiera Sleiman, junior setter Olivia Bailey, senior setter Olivia Kosinski, senior defensive specialist Flora Chen, senior libero Stephanie Huang, junior defensive specialist Jen Lee,

sophomore middle hitter Ava Bryan, senior outside hitter Amy Lien, senior middle hitter Mia Cluett, and senior middle hitter Bryanna White. Their head coach is Caitlin Plaskasovitis.

The next match for the Raiders will take place this Friday, Oct. 22 at home against the Hanover Hawks (5:15 p.m. start time).

The next match for the Presidents will take place this Friday, Oct. 22 on the road against the Plymouth South Panthers (5:15 p.m. start time).

## North Quincy Youth Basketball/Sacred Heart Basketball League, Quincy Recreation Form Partnership For Youth Basketball

NQ Youth/Sacred Heart Basketball League and Quincy Recreation will be forming a partnership to provide youth basketball opportunities this winter in Quincy.

Quincy Recreation will run House basketball leagues for children in grades K through 12 and NQ Youth/Sacred Heart will run a travel basketball program for youngsters interested in elevated competition.

Registration for the Quincy Rec Basketball League is underway online at [www.QuincyRec.com](http://www.QuincyRec.com). Participants in grades 3 and up will be offered one practice and one "Skills and Drills" session per week, 10 games during the season, and end-of-season jamborees.

The Quincy Rec Basketball League will kick off with two weeks of Pre-Season Clinics on Saturdays, Nov. 13th and 20th. Participants in grades K, 1, and 2 will meet once a week beginning on Saturday, Dec. 4th for a combined practice and game each week.

For additional information visit [www.QuincyRec.com](http://www.QuincyRec.com) or call Quincy Recreation at (617) 376-1394.

Travel basketball games for NQ Youth/Sacred Heart will take place on Sundays, avoiding conflicts whenever possible. Skills nights for travel players will take place on

Monday nights.

REGISTRATION INFO FOR TRAVEL is available at: <http://www.sacredheartquincybasketball.com/>

Travel Tryout INFO:

Travel Tryouts Saturday, Oct. 23, Sunday, Oct. 24 and Saturday, Oct. 30.

At North Quincy High School

5:30 p.m. Girls grades 3-6 6:30pm Boys grades 3-6

7:30 p.m. Boys grades 7&8 8:30pm. Girls grades 7&8

"We are well-positioned to leverage our existing resources to ensure ongoing recreational opportunities for young people in Quincy," said Recreation Director Michelle Hanly. "We ran a great new program two years ago before the pandemic hit and are confident that we can meet the needs of our youngsters this winter as well. We are looking forward to a great partnership with NQ Youth/Sacred Heart Basketball."

"Youth basketball has been a labor of love for many years, and I hope to stay very-much involved in training young people," said Mark Jaehnig, founder of NQ Youth/Sacred Heart Basketball. "A new partnership makes sense in order to include as many young people as possible."

## READERS FORUM

### Vote As If Your Future Depended On It

I urge my fellow Sun Readers to go to the polls on Nov. 2nd. Elections do indeed have consequences. Vote as if your future depended on it - because it does.

Ms. Kathryn Campbell, in her letter to the "Reader's Forum" of The Quincy Sun (Sept. 23), wrote of her disappointment and frustration that the turnout was so feeble for the Primary Elections for our School Committee. Only 8% of registered voters went to the polls. She reminded us that QPS Schools are operating with several disadvantages such as such as an unqualified superintendent and teachers who are working without a contract. At the same time, QPS teachers and staff have the responsibility to teach about our complicated and messy history which includes racism and injustice. She believes that the citizens of Quincy can and must do better.

The Quincy School Committee has a Big Job. Quincy Public Schools Dept. has an operating budget of \$104 million, 9,480 students and a staff of 1,164 (this number does not include custodians, cafeteria workers, or bus drivers.) This data was collected from ClearGov.com.

I am deeply troubled by the reports of violent disruptions of School Board/Committee meetings across our country. Even worse are the harassment and intimidation of individual members of these Boards/Committees some of whom require police protection to and from their homes. I pray that we never witness such anti-democratic thuggery here in Quincy. I salute the dedicated citizens who serve on our School Committee and all the candidates on this year's ballot.

Claire Fitzmaurice  
Quincy

### Where The Sidewalk Ends

Consider the Generals Bridge, currently referred to as the "Bridge to Nowhere." It runs roughly east and west across the MBTA and commuter rail tracks from McConville Way to Burgin Parkway. There are sidewalks on each side of it. The south sidewalk turns right and connects to the sidewalk running north on the east side of Burgin Parkway.

The north sidewalk? Well, as the subject of the email says, it. Just. Ends. It ends in a curb cut with one of those small pebbly plates known as a truncated dome. The east side of Burgin Parkway has no sidewalk running south from there.

As far as I know there is no plan to pave a sidewalk along the east side of Burgin Parkway, and there is no plan to mark a pedestrian crosswalk on either Burgin Parkway or Dunford Drive. So pedestrians who take the south sidewalk across the bridge come literally to where the sidewalk ends. What is worse, when they stand in the curb cut on the truncated dome plate, they are partially obscured from traffic by the wall along the east side of Burgin, and completely obscured by the southeast pillar of the Generals Bridge.

Imagine a snowy day in early winter; the swirling snow is causing poor visibility. There is a mobility-impaired pedestrian at that corner trying to figure out what to do next. And someone who is late for their appointment with a physician in the new medical building sits in their car, impatiently waiting for the light at Hannon Parkway to change. How do you imagine that scenario ends?

Who designed this? Who approved it? Who thinks this is a good idea? I would really like to know.

Greg Baryza  
Quincy

### Fair For All Seasons Nov. 6 At St. Thomas Aquinas Hall

A Fair For All Seasons will be held Saturday, Nov. 6 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

The fair will feature homemade craft items, quilts, jewelry, blankets, wood signs, sun catchers, aprons and bibs, ceramics, t-shirts, nature photos, bags, cooking salts, wooden crafts, crocheted bags, orna-

ments, knitted items and more.

There will also be a kitchen, raffles, kids table and bake table.

Admission is a non-perishable food or toiletry item.

The fair sponsored by the Holy Trinity Parish. For vendor or more information contact Eileen Timcoe, [etimcoe@yahoo.com](mailto:etimcoe@yahoo.com) or 617-479-4107.

### First Baptist Church

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, is open for everyone.

For those who have not fully vaccinated, continue to wear mask and safe distance. On-line worship will continue.

Rev. Bill will preach his sermon: "Living with Mystery" (Eph. 3:1-12). The reader will be Steve Montur.

The church online dial-in/Zoom weekly meeting is: (visit website: <http://firstbaptistchurchofwollaston.org/>)

• Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall: Pastor Duc

• Sunday 10:30 a.m. English Worship Service - Interim Pastor: Rev Bill Swilling

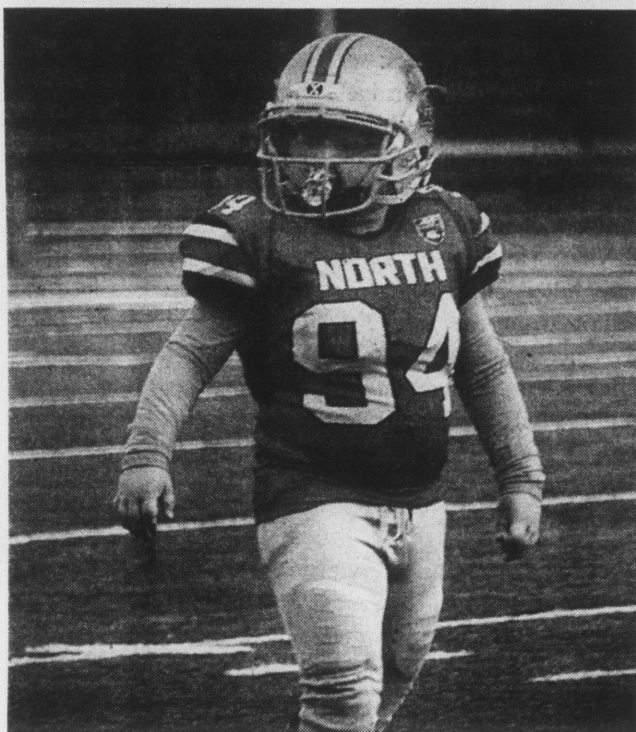
• Thursday 6:30 p.m. Bible Class - Book of Revelation - Pastor Paul Lee

• Friday 11 a.m. Prayer Group Meeting

For inquiries call 617-472-0824 and ask for Le-wann Mina, church administrator.



# Quincy United Defeats Natick 14-0 In Youth Football



**DEFENSIVE TACKLE** Keegan Sampson (#94) of the Quincy United 2nd/3rd Grade team.



**QUINCY 3RD grade fullback Will Franklin (#44) carries the ball against Natick.**



**QUINCY 2ND Grade Quarterback Jordan Keefe (#2) races in for his first of two touchdowns on Saturday.**



**QUINCY UNITED 3rd Graders Joe Fitzpatrick (#55) and John Walsh celebrate their 14-0 victory over Natick.**



**QUINCY UNITED 3rd grade defenders Mathew Chamberlain (#11), Mikey Shaw (#51) and Odhran Waldron (#47) shutdown the Natick offense in Saturday's victory.**



**QUINCY UNITED 3rd Grade Running Back, Jackson Halpin (#22) carries the ball in a 14-0 victory over Bay State rival Natick on Saturday.**  
Photos Courtesy Amy Sampson

## REQUEST FOR QUALIFICATIONS (RFQ)

### Request for Qualifications (RFQ)

City of Quincy, Massachusetts  
Purchasing Department  
1305 Hancock Street  
Quincy, MA 02169

### The City of Quincy invites sealed bids / proposals for Contractual Services for:

"Vendors for Communications Access for Persons with Limited English Proficiency and Persons with Disabilities."

PLANNING DEPARTMENT

NOVEMBER 16, 2021 @ 11:30 A.M.

In accordance with M.G.L.c. 30B, The City of Quincy is soliciting proposals for furnishing contractual services for **Vendors for Communications Access for Persons with Limited English Proficiency and Persons with Disabilities**. Proposals will be received at the office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Tuesday, November 16, 2021 @ 11:30 a.m.**

The Scope of Services includes, but is not limited to, the following activities:

Vendors may provide one or more of the following: Braille transcription, Communications Access Realtime Translation (CART), Translation, Interpretation, PDF Remediation, Video Audio description, Video Audio dubbing, Video captions and subtitles, other not specified of similar nature. Vendors must specify which languages and services they are able to provide. Vendors must also specify if they have their own interpretation equipment and the additional cost of use of equipment rentals. Availability is of huge importance in the case of emergency requests. Vendors must specify their availability for on-demand and scheduled services. Language specialists should specify if they hold current valid certifications and with which organizations. Additionally, the City seeks permission to share organization-specific contact information to our public vendor directory, hosted on [quincyma.gov](http://quincyma.gov).

One contract may be awarded for the whole service, or more than one contract may be awarded if it is deemed to be in the best interest of the City of Quincy.

Detailed specifications are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and also available at the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169 or by calling (617) 376-1060, between 8:30 AM and 4:30 PM, Monday through Friday.

Proposals shall be in accordance with any and all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity, OSHA, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, Section 26, when applicable. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFQ by formal addendum.

Thomas P. Koch, MAYOR  
Kathryn R. Logan, Chief Procurement Officer

10/21/21

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# Global Chip Shortage, Burning Oil, Interior Cleaners

## Ask John Paul: AAA New England's Car Doctor

I am interested in the Ford Bronco Sport. Looking online to get some info I see several used ones with very low mileage on them and wonder what and why I am seeing. I went to my local dealer they have one on the showroom floor they call a 'buy back' with 902 miles. They also have a new one on the lot. Neither one I am interested in; I'm looking for the right options and color. Now and again looking online I see ridiculously high prices for used. Can you figure what is going on? I do want new.

The Bronco and Bronco Sport are really popular right now and Ford can't make enough of them. With the semiconductor shortage and limited production, used car as well as new car prices are very high. Used cars prices are about 30 percent higher than last year and depending on the model, new cars are selling for \$10,000 over sticker price. If possible, it might make the most sense to wait until spring of next year when hopefully inventory and demand balances out.

**What is your opinion on the Global Chip Shortage that the auto industry is facing? Is it real or fabricated to jack up car prices?**

Regarding the chip shortage, I believe it is real and may continue into the second quarter of next year. Dealers are looking for vehicles to sell and customers are looking for vehicles to buy. I have seen reports of thousands of Ford F-150 trucks parked waiting for chips. I have also seen some reports of manufacturers shipping the vehicles to dealers and letting dealer technicians install the chips when they become available. The problem seems to be affecting every manufacturer, with many shutting down plants or lines for several weeks waiting for chips. And it is not just cars. I was talking with a boat dealer and many larger outboard motors are in short supply due to chip shortages and even high-end appliances that use microprocessors are having problems.

**My 2017 Ford C-Max has 24,000 miles on it. You can now see the seat heater wires through the leather upholstery on the driver's seat. I had a 2013 C-Max and drove it 56,000 miles in three years and didn't have this problem. Is this a common issue? Would we have recourse with Ford?**

I checked AllData, the technical data base that I use, and don't see any technical service bulletins about seat wear. I agree at four years old I wouldn't expect the seats to be worn through, some wear to leather seating is normal but not to the point you describe. Over time if the heating element wires wear this could become a safety issue. I would call this abnormal and see if the dealer/Ford will remedy the issue.

**I have a 2013 Acura RDX, it has 63,000 miles on it, and it runs great, looks like new. It has the standard equipment - rear camera - but no blind spot or rear cross traffic warning system. I got a quote from an installer who works with the Acura dealer of \$1,000 a year ago to add these items. I would like your input as to the cost, feasibility, and proper functioning of these aftermarket items.**

It has been a couple of years since I tried some of these aftermarket units and perhaps, they have improved. Based on my past experience they were clunky and didn't work well. I tried a cross traffic alert system and it really didn't do much better than just careful backing out of a space. The system used a modified license plate frame and I believe the sensor range was too narrow. Regarding blind spot systems, the only one I tried was a mirror mounted device and it really didn't work well. Again, these are best when they have a sensor in the mirror and the bumper. I think the biggest problem is the systems are universal and may work okay in one vehicle and not in another. Unless it was a direct replacement for the factory equipment, I would want to try it before I paid a \$1,000 or more only to find it wasn't what you hoped. Perhaps careful side mirror adjustment would

help. This video demonstrates what we recommend at AAA: <https://www.youtube.com/watch?v=6DXAA8z8we8>.

**I have a 2013 Buick Regal and it is burning oil. The car only has 80,000 miles on it. I took it to the dealer and my local repair shop, and no one could really find anything wrong. The car is using about three quarts of oil every 6,000 miles. What do you think I should do, my local garage told me to just add oil, which I have been doing, but is there a better solution?**

Adding oil is the most cost-effective alternative. Even though the car only has 80,000 miles on it, it is nearly nine years old. At nine years old adding a quart of oil every 2,000 miles is perfectly acceptable. General Motors did issue a technical service bulletin numbered 13-06-01-003H: titled excessive oil consumption, this is a technical bulletin only and not an extension of the warranty. Since your car is well outside of the warranty it would be unlikely that GM would do anything to help with the cost of repairs.

**With COVID I have spent more time working from home than ever and have noticed two things, when I go for a walk. First many SUVs are very noisy, not engine noise but what sounds like tire noise, why? The second issue is one neighbor has an electric car and another neighbor has a plug-in hybrid. When we stop to chat, both cars make a weird noise, why?**

Many SUVs today are designed to travel the Rubicon Trail even though they rarely leave the pavement. The large wheels with very aggressive tires are great for off road travel but can be quite noisy on local street and highways. Regarding electric cars and noise, starting in September of 2019 manufacturers needed to equip their vehicles with an alert when traveling at speeds of less than 19 miles per hour both in forward and reverse. This law was part of the pedestrian safety law passed by Congress in 2010.

**I have a 2007 Lexus RX 350 that has 207,000 miles on it. The person that I bought it from have always used Toyota brand conventional oil. My question to you: would it be best if I continue to use the same oil, or can I switch to full synthetic without a problem? I would be using the recommended 5w-30 grade of oil but another brand, Pennzoil or Quaker State.**

Switching to synthetic oil on a vehicle with high mileage isn't a problem as long as the car was properly maintained. Contrary to some opinion synthetic oil will not cause oil leaks, but it may find a leak on a poorly maintained engine that has excessive sludge buildup. One alternative is using a high-mileage synthetic oil. This oil has additives that help restore dried out seals and improve oil performance. Regarding brands of oil, as big as Toyota is they don't own an oil refinery and use oil manufactured for them. As with any vehicle, you only need to use oil that meets the manufacturer's specifications. For more information on oil, I had a chemist on my radio program. If you want to listen to the interview and much more, go to <http://johnfpaul.podbean.com>.

**I have a 1941 P-12 Plymouth Business coupe that I have owned for many years and have had very few problems. The other day I got behind the wheel, bumped the horn ring and the horn started to blow. I parked the car and disconnected the battery. How can I get the horn back to normal?**

The wiring of the horn is fairly simple. There is a horn button (switch and spring) located under the horn ring, horn relay and horns. The issue could be a sticking horn button or sticking horn relay. I would start with the horn relay - easier to check. If that doesn't work, you may need to remove the center cap to access the horn ring and horn button. After reading online (even I'm not that old) the Special Deluxe steering wheel center hub is held on with three screws, the base model the center hub you will need to pry off. Once the cap is off, you should get a clearer picture of the horn button and how it works. By the way, what a great car with its



JOHN PAUL  
AAA's Car Doctor

manual steering, brakes and transmission, it is a car that you truly felt like you were driving and not just going for a ride.

**My grandson just started college in Florida and his Hummer H3 has a problem with a power drain on the battery. It will not even take a jump to start. I understand these vehicles have a lot of electrical issues. Any suggestions?**

If the engine will not crank over with a jumpstart, the battery, starter or wiring could be an issue. If the battery has been repeatedly discharged it is possible that it has shorted out internally. At this point the best thing to do would be to get it into a repair shop and have the battery charged, tested and if needed replaced. If the engine starts up, then it is time to look for parasitic drain. Some common issues that contribute to current draw are the alternator itself, factory radio and trailer hitch wiring. If he is having trouble finding a local repair shop, AAA has Approved Repair shops across the country. Go to [aaa.com/repair](http://aaa.com/repair) to find a local shop.

**With COVID not going away how should I clean my car before and after servicing. Is there a certain product I should use?**

Most any alcohol disinfectant wipes should be fine. There are products marketed for cleaning interiors that also disinfect, these usually contain high concentrations of alcohol or hydrogen peroxide. It is never a good idea to use these products on lenses, reflectors or other lighting surfaces. On these surfaces use soap and water. Start with wiping down door handles, steering wheel, arm rests, mirrors, controls, shift levers and seat controls, turn signals, shifter, seat belts and any other high touch surface. Prior to using any cleaning product test for color fastness on an inconspicuous surface. The CDC in April of this year stated that depending on the surface the virus could last minutes to several days. If you are in doubt, just let the vehicle sit for a few days.

**I was looking under the hood of my car checking the oil and saw the battery connections were crusty and dirty. I want to clean them myself, because I know that dirty battery connections can cause starting problems. I'm concerned about disconnecting the battery and having the car's computer get stupid. What can I do?**

You are certainly correct: dirty battery connections don't just cause starting problems; the high resistance can cause computer problems as well. When you disconnect the car's battery the car's computer may lose its memory causing some temporary drivability problems until the computer relearns. Additionally depending on the car, it could also cause the radio to go into a theft mode and lock up. If that isn't something you want to go through, the best thing to do is to use a memory saver that plugs into the car or even a jump-pack connected to the car's battery cables. This way you can clean the battery posts and the cables without losing the car's computer memory. If you don't want to disconnect the battery you could try cleaning the cables and battery surface. Mix up baking soda and water and scrub with an old toothbrush, then rinse off the battery with fresh water. This is not as thorough as removing the cables but will certainly help.

**I have a 2020 Honda HR-V, Touring Model which includes GPS. The GPS location (which displays behind my steering wheel) is always displayed with words that are solid/stationary. While I was out Sunday I noticed that wherever I was the street location was "flickering"/"flashing." It was still flickering today. (It happened a few months ago also, but it went back to normal the next day). It catches my eyes when I'm driving and it's annoying. I called my Honda dealer this afternoon and my service advisor checked with his mechanics and they had not heard of this happening. Their suggestion was to reset back to factory settings. Have you heard of this happening? Is going back to factory settings the only viable solution? I hate to think that I'll have to repeat that if it happens again.**

It is possible that a "hard-reset" will fix the problem. With some many computers on today's vehicles occasion-

Cont'd On Page 28

## PAUL'S AUTO BODY

384 Centre St., Quincy 617-471-6280

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# Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 27

ally there can be a communication issue. Honda and many other manufacturers use this method (hard reset) to eliminate electronic gremlins. The procedure is simple, it really is nothing more than disconnecting the battery and holding the positive and negative cables together for a few minutes to clear the computer memory. It is simple and can be quite effective to solve mysterious problems.

I borrowed my brother-in-law's Honda Odyssey minivan to move my daughter (his niece) back to school and the brakes started to grind. I drove the truck about 2,500 miles and when I gave it back, I told him about the brakes. He took the van in for service, and they told him that because I continued to drive with the worn brakes the van needed brake rotors. He hasn't really said it yet, but he is hinting I should pay for the \$500 for the brake repair. I think the brakes were worn out anyway and that it isn't my fault. What do you think?

I think there is some shared responsibility. The brakes were quite worn when you borrowed the truck but driving it with the grinding brakes would have added to the repair costs. To keep family peace, my suggestion is to look at the repair bill and pay for the rotors (about \$200) and have your brother-in-law pay for the labor and brake pads, which he would have needed anyway. Perhaps when you step up to pay part of the bill your brother-in-law will tell you there is no need. The \$200 for brake rotors would have been far cheaper than a rental truck.

I received a recall notice on my 2017 Infiniti QX30 for a defective part in the steering column. After keeping the vehicle for several days, the dealership told me there are no repair parts available in the entire U.S. Should I try a different dealership or even Mercedes or continue to drive the car?

Your Infiniti shares many parts with the Mercedes GLA and the steering shaft was supplied by Daimler (the parent company of Mercedes Benz) but it is a different part than the one used in the Mercedes GLA. Unfortunately, the lower steering shaft currently is a dealer only part and not available in the aftermarket. From what I have read, Infiniti will provide a loaner car while the parts are on order and waiting to come in. Certainly, if the joints in the shaft show movement, the vehicle should not be driven.

I have a 20-year-old Subaru Outback wagon that just needed four new tires and a radiator replacement. My mechanic advised me that the exhaust system (approximately \$2,000) will need to be replaced within three-six months. I was going to limit myself to Subaru since that is what I am familiar with and I would drive my Outback forever if I could. It is the perfect car for me. Its visibility is unsurpassed. Do you have any thoughts as to whether it is advisable to buy at this time or wait until inventory increases? After some road testing, I think a Impreza hatchback would fit my needs and budget. Are there specific packages you would recommend?

The Impreza would be a good replacement for your 20-year-old Subaru Outback. The dimensions of the Impreza hatchback are within inches of your 20-year-old Out-

back. Regarding package choices, the Impreza only has one option, manual or automatic transmission. All other features such as Subaru's safety system Eyesight, come standard. There are a few dealer installing options such as cargo trays or remote starting. Regarding when to buy, dealers are in very short supply of vehicles due to the semiconductor (chip) shortage and cars are routinely sell for well over list price. If you can wait a few more months until there is more inventory, you will be able to negotiate for better pricing.

Any thoughts on new convertibles? I have looked and as much as I like the Corvette or even the Ford Mustang, I feel like they are more of a younger person's car. My husband thinks I'm going through some late mid-life crisis (I'm 65), but I think it is time to stop saving and have a little fun. Any convertibles that you really like in the \$70,000-\$90,000 price range and why?

I think the Jaguar F-Type is a great looking and performing convertible. I haven't evaluated one in a couple of years but remember it was great fun to drive. One car that I recently spent some time in and enjoyed was the Mercedes Benz E-Class; this car had a sophisticated style, very good road manners and you could easily carry on a conversation with the top down. With 369 horsepower available it had all the performance that I would need. In addition, it had great lighting and all the latest safety technology.

I went to a local parts store with my 2015 Chrysler. They did a free code scan and said I need a thermostat. Can a code scan detect something like a bad thermostat or did they just want me to buy a new thermostat and antifreeze.

Typically, when a shop or parts store offers a free scan, they are using a code reader. You didn't mention if the check engine light was on, if it is then the store could have read a code for low coolant temperature. In a shop they will have a more sophisticated tool, they can accurately read the engine temperature. Starting from cold to hot, the technician can watch the temperature change indicating the thermostat opening and closing. An abnormal low or high temperature will indicate a possible thermostat issue. A similar test can be performed by measuring the coolant temperature once coolant flow is detected in the radiator.

I am 63 years old and getting my license for the first time. I have a limited income but would like to buy my first used car. Any suggestions?

Congratulations on getting your license. You need to look at what is comfortable to drive, fits your budget and needs. Do you need a small fuel-efficient car or a bigger sedan? Perhaps a small SUV for winter weather driving and carrying more cargo or people. I would start by trying a variety of vehicles, perhaps try a large used car super store for the variety of makes and models. Even if a vehicle isn't in your budget, you can get an idea what kind of car fits you best. If you are buying from a private party, make sure it is their car—their name is on the title. Sometimes non-dealer (referred to as a curbstoner) will buy and flip cars. These cars may have issues and will have no warranty, since the person selling the car doesn't have a license or permit to sell vehicles. Some private party sales can be well main-

tained cars and offer a good value. Larger new car dealers have the better inventories and may offer better warranties. Some smaller used car dealers can also have high quality vehicles. I would look at websites such as [www.isecars.com](http://www.isecars.com) and [www.cargurus.com](http://www.cargurus.com) to search out what you like in your budget. Finally, before you buy any car have it checked out by a reputable repair shop—it is money well spent.

After our latest brush with Hurricane Henri, I am considering buying a generator for home. Since it has an engine, I thought you might have some ideas.

You need to decide what you want the generator to do. If all you want to do is run a few lights and keep your refrigerator running a 2000-watt generator should suit your needs. For a small generator I prefer the inverter style, the electricity is cleaner and overall, they are quieter. If you want to run bigger, higher capacity items such as your furnace, water heater, air conditioner and other household items, you have two choices. A whole house generator—these are permanently installed, generally operate on natural gas, propane or even diesel and will come on automatically when the power goes off. The other choice is a large portable generator that you would use with a manual transfer-switch or in some locations a "lock-out" plate. Never back feed a generator through a household outlet. Whatever generator you choose, when running keep it away from the house (not in a garage or shed) to minimize any chance of carbon monoxide poisoning. Just like your car or power equipment, use it periodically keeping gasoline fresh and maintain it according to the owner's manual.

I'm thinking of buying a 'toy-car' something that is fun, but I can leave to my grandson. I guess what I am looking for is a car that I can enjoy and will have value when it becomes his at some point. Any thoughts?

Performance cars usually can be considered future collectables. Something like a Dodge Charger Hellcat-Redeye edition. The Redeye edition of the Charger with nearly 800 horsepower is quite the vehicle and like any performance car requires driver restraint. In the same category, the Ford Mustang Shelby GT-500 or Mustang Mach-1 could also be considered a future collectable. Depending on your budget the second-generation hybrid Acura NSX is going to be discontinued next year and based on the previous generation NSX may go up in value. My suggestion is buy something you like and enjoy it. Regardless of the car whether, Corvette, Mustang or Porsche, it is the time you spend with your grandson and those memories that will have far greater value than any car.

My 2014 Buick had a nice sounding horn and now it sounds wimpy. I assume there are two horns, and one has quit. The dealer quoted my nearly \$300 to fix it during the last oil change. I want to replace it but can't find its location. Can you help?

You are correct there are two horns, high and low notes. To get to the horns you need to remove the bumper fascia. You can do it yourself but plan the better part of a morning or afternoon to find and replace the horns.

## Another Job Well Done

Cont'd From Page 10

The first suspect was described as a black male, late teens, 5'10" with a thin build and wearing a black colored hooded sweat top and dark pants. The second suspect (shooter) was described as a black male, early to late teens, approximately 5'8", thin build, wearing a red do-rag, dark pants, and a black zipped up hooded sweat top. Officer Scott Cooper deployed his K9 partner, Xido to search for any ammunition. K9 Xido located two shell casings on Avalon Ave.

Based on a thorough investigation by patrol officers that responded, detectives assigned to the Bureau of Criminal Investigations, the Quincy Police Canine Unit, the Braintree Police Department, as well as witnesses in the area who contacted 911, a juvenile and adult male were identified. On Oct. 7, the juvenile, believed to be the shooter, was placed under arrest for armed assault to murder, possession of a firearm without a FID card, discharging a firearm within 500 feet of a dwelling, and assault and battery. He was held pending a dangerousness hearing.

An arrest warrant has issued for the adult male, charging him with the same crimes. Detectives are attempting to locate him.

Great work!

More Quincy news:

**The Quincy Sun.com**

### REQUEST FOR QUALIFICATIONS (RFQ)

CITY OF QUINCY, MASSACHUSETTS  
Public Buildings Department

Thomas P. Koch, Mayor  
Paul J. Hines, Public Buildings Commissioner

### Request for Qualifications (RFQ)

In accordance with M.G.L. Chapter 7C, The City of Quincy, Massachusetts requests Qualification Statements from firms interested in providing services as the Building Commissioning Consultant on the proposed Public Safety Headquarters building at 1 Sea Street, Quincy, MA 02169 as defined further in the RFQ. Respondent Firms must have experience with CMAR projects as defined in M.G.L. Ch 149A. Price will be negotiated, work to commence immediately.

Statement of Qualifications will be received at the office of the Purchasing Department, City Hall, 1305 Hancock Street, Quincy, MA 02169 until **November 16, 2021 @ 11:00 am.**

Copies of the Request for Qualifications will be available in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 between the hours of 8:30AM and 4:30 PM or on-line at the City of Quincy's Website, [www.quincyma.gov](http://www.quincyma.gov)

The City shall determine the selected Proposer(s) and reserves the right to withdraw the Request for Qualifications; to reject any and all qualifications packages; and to select any qualifications packages deemed to be in the best interest of the City of Quincy.

The selection and award of potential Contract shall be in full compliance with Massachusetts General Laws, Chapter 7C, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity. The City reserves the right to waive any informality in or to reject any or all qualification packages when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFQ by formal Addendum.

All questions regarding this Request for Qualifications should be directed to Kathryn R. Logan, Purchasing Agent through email: [purchasing@quincyma.gov](mailto:purchasing@quincyma.gov) Questions will be accepted until November 12, 2021 at 12:00 PM.

**Non-responsive qualification packages may be rejected.**

Thomas P. Koch  
Mayor  
10/21/21

Paul J. Hines  
Commissioner, Public Buildings Dept.

Kathryn R. Logan  
Chief Procurement Officer

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2021



## SERVICES

**617-376-1914**



# OBITUARIES

## Charles F. Reardon, 88

Funeral services for Charles F. "Charlie" Reardon, age 88, of Hanover, formerly a longtime resident of Quincy, were held Oct. 15 in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Reardon died peacefully Oct. 11 at his daughter's home, in the comfort of his loving family.

He was born in Quincy, to the late Timothy and Mildred (Carson) Reardon. Mr. Reardon was educated in Braintree and had lived in Quincy for fifty-three years before moving to Hanover eight years ago.

Charlie and his late wife, Angelina, were the co-owners of the former Alumni Pizza and Sub Shop in the Montclair section of Quincy for twenty-five years. Previously, he had worked several years as a marine electrician at the former Fore River Shipyard in Quincy with both the Bethlehem Steel Company and General Dynamics.

Mr. Reardon was a member of the Adams Heights Men's Club of Quincy, and a former member of the Quincy Sons of Italy. He had also served as a former auxiliary police officer in Braintree.

Beloved husband of the late Angelina "Ann" (Rinaldi) Reardon. Devoted



CHARLES F. REARDON

step-father of Katherine J. Cinquegrano and her husband Matthew "Marty" of Weymouth, Marie L. Ferris and her husband David of Hanover. Loving grandfather of Kevin Cinquegrano, Jason Ferris and his wife Elizabeth, Leah Stump and her husband Robert, and Alex Ferris. Cherished great-grandfather of Shane M. Cinquegrano, Robert E. "Tripp" Stump III, and Joanna Catherine Stump. Mr. Reardon is survived by two brothers, Walter Reardon of Hawaii, Leo Reardon of Braintree, and many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Norwell VNA & Hospice, 120 Longwater Dr., Norwell, MA 02061.

## Michael J. Gillis, 69

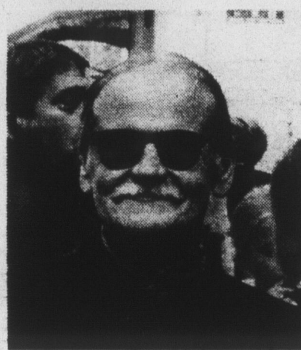
A graveside service for Michael J. "Mike" Gillis, 69, of Quincy, was held Monday in Pine Hill Cemetery, Quincy.

Mr. Gillis died peacefully at his home on Oct. 9.

He was born in Quincy on Oct. 7, 1952. He attended local schools and graduated from North Quincy High School with the Class of 1970.

Mr. Gillis was a sheet metal worker with Local 17. He enjoyed his work and the relationships he built throughout the years. In his spare time, Mr. Gillis loved to golf. An avid sports fan, he enjoyed the Red Sox and the Celtics. Mr. Gillis visited many baseball fields throughout his life and when he was in high school, was an excellent pitcher and his talents attracted many recruiters. When Mr. Gillis wasn't working, he volunteered his time as an umpire for both baseball and softball teams in the Quincy area. He was also a member of the Quincy Elks.

Mr. Gillis took pride in taking care of his family. He was a generous man with a kind and selfless heart. He would do anything to help



MICHAEL J. GILLIS

someone in need, even if it meant that he would go without. Mr. Gillis will be missed by all the lives he touched.

Mr. Gillis was a son of the late Everett and Theresa (Splaine) Gillis. He was the beloved partner of the late Judy Doyle, who died in 2015. Mr. Gillis was the devoted brother of Stephen J. Gillis of California, the late David Gillis, and the late Thomas Gillis. He was the loving uncle of Daniel Gillis and is also survived by many loving cousins.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

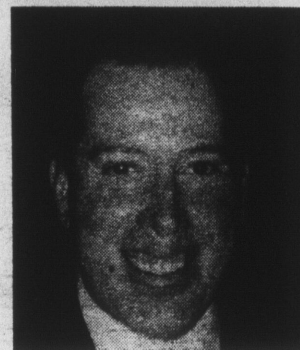
## Paul J. Morrison, Jr., 57

A funeral Mass for Paul J. Morrison, Jr., age 57, a lifelong resident of West Quincy, was celebrated Tuesday in St. Mary's Church, Quincy.

Mr. Morrison died Oct. 11.

Beloved son of Paul J. Morrison, Sr. and the late Anne T. Morrison (Flaherty). Loving brother of Susan and husband PJ Duggan of Holbrook, Tim Morrison of Quincy and Denise and husband David O'Dwyer of Cary, NC. Devoted uncle of Sean, Margaret and Caroline Duggan; Catherine and Ryan O'Dwyer; and Joshua Morrison. Also survived by his aunt Chris Henderson of Middleboro, uncle John Flaherty of ME and many cousins.

Mr. Morrison was devoted to his family and especially attentive to all his nieces and nephews, attending all their sporting events as their biggest fan. Mr. Morrison loved to golf. He enjoyed trips to Saratoga with his golfing buddies. He



PAUL J. MORRISON, JR.

was an avid fan of all the New England professional sports.

Mr. Morrison enjoyed many summers on Cape Cod earning the nickname "Waldo." He worked for many years at MTV Solutions where he formed lifelong friendships, and was a friend of Bill W.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Boston Rescue Mission, P.O. Box 120069, Boston MA 02112-0069.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

## Tecla V. Tozzi, 97

Funeral services for Tecla V. (Maddalena) Tozzi, age 97, of Pembroke, formerly of Quincy, were held Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Tozzi died peacefully Oct. 13 at home, in the comfort of her loving family.

She was born in West Quincy, to the late Primo T. and Louise (Iacobucci) Maddalena. Raised and educated in Quincy, she was a graduate of Quincy High School, Class of 1942. Mrs. Tozzi was a former resident of Quincy, Fort Lauderdale, FL, and had most recently resided in Pembroke, while continuing to winter in Florida for the past twelve years.

Mrs. Tozzi was a successful businesswoman and the well-known owner and manager of several restaurants including the former Knotty Pine in Quincy Point and Tecla's of Randolph. She started her first restaurant with her parents at the age of twenty-two, the former Tommy Colton's in Quincy's Houghs Neck.

Mrs. Tozzi was active and loved the outdoors, gardening, and fishing. She loved painting, music, puzzles, playing cards, bingo and cooking for family. Her face would light up at any mention of trips to the race tracks or casinos with family and friends.

Beloved wife of the



TECLA V. TOZZI

late Louis C. Tozzi and beloved companion of the late Thomas Croce, Jr. Devoted mother of Cynthia L. Tozzi of Pembroke and the late John L. Tozzi. Step-mother of Louis P. Tozzi and his wife Paulette of Marshfield. Loving grandmother of Amanda Dinitz and her husband Adam of Houston, Texas. Cherished great-grandmother of Zachary.

Interment at Mount Wollaston Cemetery.

Memorial donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or online at [stjude.org/donate/donate-to-st-jude.html](http://stjude.org/donate/donate-to-st-jude.html).

Tecla's family would like to acknowledge the compassionate care offered to Tecla by the Hospice of the South Shore in her final days of hospice. Additionally, our love and appreciation go to Jean Macchi for her overwhelming gift of love, care and advocacy shared with and on behalf of Tecla.

## John H. Ventosi, 87

Graveside services for John H. Ventosi, age 87, a lifelong resident of Quincy, were held Oct. 16 at Pine Hill Cemetery, Quincy, followed by military honors.

Mr. Ventosi died peacefully Oct. 12 at Carney Hospital in Boston, in the comfort of his loving family.

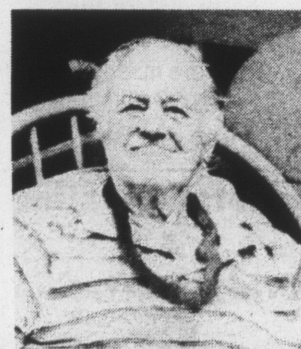
Born in Quincy, to the late Domenic and Alice M. (Jolly) Ventosi, he was raised and educated there.

Mr. Ventosi was proud to have served in the United States Navy during the Korean conflict.

He was employed with the City of Quincy's Highway Department for thirty-eight years and had been retired for many years.

Mr. Ventosi was known as a hard worker, always working two jobs to support his family. He was devoted to his family and enjoyed spending time with them.

Beloved husband of the late Catherine J. (Johndrow) Ventosi. Devoted father of



JOHN H. VENTOSI

Catherine Ventosi of Quincy, Domenic Ventosi and his wife Cristina of Braintree, Thomas Ventosi and his wife Julie of Quincy, and predeceased by John "Vinny" Ventosi and Elizabeth Landry. Loving grandfather of twelve and great-grandfather of seventeen.

Memorial donations may be made to Families Assisting Families, c/o Eastern Bank, 63 Franklin St., Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

## NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

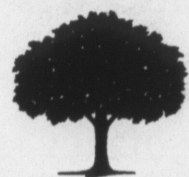
They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.



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OCT

21

2021



## Adam S. Harris, 44

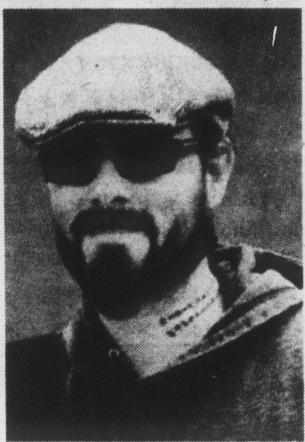
Adam Samuel "Atom" Harris, age 44, a lifelong resident of Quincy, died unexpectedly Oct. 16 at home.

Mr. Harris was born in Weymouth, raised and educated in Quincy. He was a graduate of North Quincy High School, Class of 1996, and attended Bridgewater State University.

Mr. Harris was employed as an analyst in the financial services industry for over twenty years, most recently with Voya Financial in Braintree.

He enjoyed gaming, was talented at drawing, and had an interest in Comic Con. He had a special place in his heart for Camp Wellville in Ashburnham. As a child he spent his summers there, and often went back as an adult for spiritual refreshment.

Beloved son of Martha Sue (Luongo) Harris of Quincy and the late Richard Ar-



ADAM S. HARRIS

thur Harris. Devoted brother of Scott MacDonald Harris and his wife Ofelia Martinez of New York, and Alexander Frederick Harris and his wife Susie Donahue of Boston.

Mr. Harris was an incredible uncle and loved spending time with his nephews, Xavier and Maxim.

Fiancé of Laurie Lynn Parrish of Quincy.

Mr. Harris is survived by his longtime friends, Daniel

Turner of Weymouth, Chad Cram of Florida and all the members of his honorary extended family in the Wakeham clan.

He is also survived by his aunts; Dona Stein, Betsy Dillbeck and his uncle Frank J. Luongo and several loving cousins and friends.

Memorial services will be held at the First Presbyterian Church, Quincy, on Saturday at 11 a.m. Pastor Drew Hanson will officiate. Relatives and friends are invited to attend. The family requests that those attending be vaccinated and wear face coverings.

Memorial donations may be made to Camp Wellville, c/o Kathy Rowe, 8 Main St., Ashburnham, MA 01430 or any charity that fights childhood cancer.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

## Joan M. Collings, 78

A funeral Mass for Joan M. (Daigle) Collings, age 78, of Quincy, will be celebrated Thursday at 11 a.m. at Divine Mercy Parish in Saint Mary's Church, Quincy.

Mrs. Collings died Sunday at the Pat Roche Hospice Home in Hingham, surrounded by her loving family.

She was born in Frenchville, Maine, to the late Joseph and Theresa (Dumais) Daigle. Although she was raised and educated in Holyoke, Mrs. Collings was always proud of her Frenchville, Maine roots. She had lived in Quincy for fifty years, previously in Holyoke.

Mrs. Collings was employed as a real estate agent at Century 21 Annex Realty, Inc. in Wollaston for over twenty years.

She was a member of the Neighborhood Club of Quin-



JOAN M. COLLINGS

cy, where she enjoyed many friendships.

Mrs. Collings loved gardening and time spent outdoors working in her yard. She treasured her friendships, especially the Tuesday night coffee group, which endured for the past fifty-five years.

Most of all, Mrs. Collings was devoted to her family and especially her cherished grandchildren, actively supporting their many activities

and accomplishments.

Beloved wife of the late Arthur W. Collings. Loving longtime companion for twenty years of Arthur Foley. Devoted mother of Arthur M. Collings, Q.F.D. and his wife Colleen of Weymouth, Teresa A. Tenney and her husband Kevin of Braintree, and Caryn E. Collings of Scituate. Loving Memere of Matthew, Ella, and Margo Tenney, and Harper Friend.

Visiting hours were 4 to 7 p.m. Wednesday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Pine Hill Cemetery, Quincy.

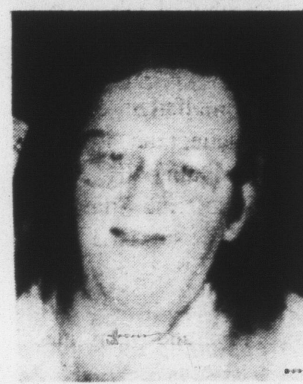
Memorial donations may be made to Beat Childhood Cancer, P.O. Box 850804, Braintree, MA 02185 or beatcc.org.

## Bruce Wheeler, 69

A funeral service for Bruce Wheeler, age 69, Weymouth, formerly of Quincy, will be held Thursday at 10:30 a.m. in McDonald Keohane Funeral Home, North Weymouth.

Mr. Wheeler died Oct. 14.

He worked as a truck driver for both Whitehall Liquor and The Boston Globe. Mr. Wheeler was a member of the Weymouth Elks and the Wessagussett Yacht Club.



BRUCE WHEELER

Beloved husband of Gayle (Imrie) Wheeler. Brother of the late Donald E. Wheel-

er. Nephew of Judy and Sal Salvatori of FL. Also survived by several nieces and nephews.

Visiting hours were 4 to 7 p.m. Wednesday at the funeral home.

Interment at Old North Cemetery, Weymouth.

Memorial donations may be made to the American Diabetes Association, P.O. Box 7023, Merrifield, VA 22116.

## Maria E. Hurley

A Mass of Christian Burial for Maria Elaina Hurley of Quincy will be celebrated Thursday at 12:30 p.m. in St. Mary's Church, Quincy.

Ms. Hurley died Oct. 16.

Beloved wife of Thomas J. Dormady. Cherished daughter of Frances V. (Clark) Hurley of Quincy and the late Edward F. Hurley. Devoted mother of Megan Wright and her husband



MARIA E. HURLEY

Timothy of Whitman and Katherine Dormady and her

boyfriend Tyler DeMoore-Gonzalez of Maine. Grandmother of Jocelyn and Brady Koch. Sister of Pauline Hurley of Quincy. Niece of Richard and Mary Clark of Milton and Pauline "Auntie Yetta" Clark of Hyannis.

Visiting hours were 4 to 8 p.m. Wednesday in Dolan Funeral Home, East Milton Square.

Private interment.

## Koch Introduces Proposed Zoning Change

By SCOTT JACKSON

Mayor Thomas Koch on Monday proposed amending the city's zoning code to limit the maximum percentage of lots that buildings may cover in residential areas, the first in a series of zoning changes he plans to introduce this year.

The proposed amendment would create a new category for lot coverage — which would be calculated by dividing the gross size of a foundational footprint by the total lot size — in the table of dimensional requirements included in the zoning code.

Lot coverage would be limited to 30 percent in Residence A and B zoning districts, and 42 percent in Residence C districts. There would be no limits in business or industrial districts.

The proposed changes would not affect any applications that have already been filed with either the Planning Board or Zoning Board of Appeals as of the date the public hearing on the change is first advertised.

Koch introduced the proposed zoning change at the City Council's meeting Monday evening. The item was

referred to the council's ordinance committee for consideration at a future date.

In a memo to councilors, Koch said the proposed change is "the first of what I suggest will be a series of zoning code amendments our administration in collaboration with the council intend to propose this year."

In his memo, the mayor said city officials initiated the first comprehensive recodification of the zoning code a decade ago. Councilors approved the new zoning code in June 2011, following a series of public hearings. Development in the city since then, he said, necessitates new changes to the zoning code.

"Over the past ten years, the city has seen substantial growth, which is vital to our city's future but also requires ongoing vigilance to protect our neighborhoods," Koch said.

"The growth we have seen is largely occurring where it belongs — the areas surrounding our transportation and business hubs, the downtown, and underutilized and blighted properties around

the city. This speaks directly to striking that balance at the heart of our planning efforts to foster growth and provide much-needed new housing stock while maintaining the strength of our existing neighborhoods."

Koch said the amendment introduced on Monday would help maintain the character of the city's neighborhoods as growth continues.

"That is the goal of this first ordinance submitted to you for consideration this evening: Quite simply, it will limit the amount of space a building can take up on a lot," he said. "This measure, among other things, will give the community an increased ability to regulate the size of a development on larger lots or, for example, if larger parcels are accumulated or split to create multiple lots."

"Our zoning code has served us well over this past decade," Koch continued, "and this measure and others that will be presented this year will aim to augment, not supplant, its efficacy. I look forward to working with you over the coming months on this important initiative."



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## BBB Tip: How To Know If Someone Stole Your Identity

Identity theft is stressful, and it can do tremendous damage to your finances.

It's important to recognize the signs early. The earlier you notice something is amiss, the faster you can

take action to minimize the damage. BBB recommends the following tips to help you recognize the signs of identity theft as soon as pos-

sible.

### Common Signs of Identity Theft

- You receive statements or bills in the mail

for accounts you never opened. If you get a bill for an account you didn't authorize, someone may have gotten a hold of your personal information and opened an account in your name. Contact the company

immediately to find out if there's been a mistake and check your credit report for unusual activity.

- You are surprised by being denied a loan or credit. You may think you have great credit, but if you apply for a credit card or loan and are shocked to find that you've been rejected, you may be the victim of identity theft. Thieves can open accounts in your name, run up the bill, and then default on payments, ruining your credit before you know what they've been up to. Check your credit report a few times a year to make sure no one has opened any credit accounts in your name.

- Your regular bills stop showing up in the mail. If you haven't signed up to go paperless and your bills stop showing up in the mail, it could be a sign that someone has changed your billing address. Contact your creditors and inquire if they sent the bill and if the address they have on file is correct.

- You notice suspicious activity in your bank account. Unfamiliar charges, new accounts, and withdrawals you didn't make are all signs of identity theft. Review your bank account regularly to make sure no one has access to your funds.

Cont'd On Page 33

### LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2620EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**Estate of:**  
John Francis Spillane, Sr.  
**Also known as:**  
John Francis Spillane,  
John F. Spillane, Sr.,  
John Spillane, Sr., John F.  
Spillane, John Spillane  
**Date of Death:**  
01/21/2021

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **John F. Spillane, Jr. of Norwell, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **John F. Spillane, Jr. of Norwell, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/17/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: October 13, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

### LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2660EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**Estate of:**  
Rose Lee Edwards  
**Also known as:**  
Rose L. Edwards,  
Rose Lee Cunningham,  
Rose Edwards  
**Date of Death:**  
07/10/2021

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Samira Edwards of Randolph, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Samira Edwards of Randolph, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/17/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: October 15, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

### LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2656EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**Estate of:**  
Katherine Susan Vento  
**Also known as:**  
Katherine Vento,  
Katherine S. Vento  
**Date of Death:**  
07/08/2021

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Anthony N. Vento of Weymouth, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Anthony N. Vento of Weymouth, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/17/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: October 15, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

### LEGAL NOTICE

**CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L.c. 190B, §5-304 & §5-405**

Docket No. NO21P2566PM  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
**In the matter of:**  
Gavin J. Davis  
**Of: Quincy, MA**  
**RESPONDENT**  
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Joseph Mogan of Quincy, MA in the above captioned matter alleging that **Gavin J. Davis** is in need of a Conservator or other protective order and requesting that Joseph Mogan of Quincy, MA (or some other suitable person) be appointed as Conservator to serve **With Corporate Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 11/10/2021. This day is NOT a hearing date, but a deadline by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

### IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: October 07, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

### LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2568EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**Estate of:**  
Frederick L. Berry, Jr.  
**Date of Death:**  
05/17/2021

To all interested persons:  
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Alliance Health at Marina Bay of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Mark D. Booth, Esq. of Middleboro, MA** be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in **unsupervised administration**.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/10/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: October 07, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

Cont'd On Page 33

### LEGAL NOTICE

**CITATION**  
Docket No. 16P1595PM  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Division  
**Case Name:**

The Anthony Godfrey Special Needs Trust  
To all interested persons:  
A petition has been filed by: **Anthony Godfrey of Watertown, MA** requesting: **General Trust Petition for more fully stated in said petition.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 11/10/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

**WITNESS, Patricia A. Gorman, First Justice of this Court.**

Date: October 08, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

10/21/21

OCT

21

2021



# BBB Tip: How To Know If Someone Stole Your Identity

Cont'd From Page 32

- **You notice suspicious charges on your credit card.** Scammers may make a small charge on your account first to test out their information, hoping you won't notice. If you notice any strange charges on your credit card bill, report them immediately. Even a small inconsistency can be a sign of fraud.
- **You get authentication messages for accounts you didn't set up.** Scammers could be trying to set up a new account in your name. If you receive unexpected authentication messages, don't reply. Review your bank accounts, credit card statements, and credit report to make sure no one has succeeded in making transactions in your name.
- **The IRS rejects your tax return.** If your tax return gets rejected, someone may have filed in your name

and made off with your tax refund. Contact the IRS if you suspect your tax identity has been compromised.

- **The IRS informs you a tax return has been filed on your behalf.** Sometimes the IRS catches a fraudulent tax return before the fake filer succeeds in getting your return. When this happens, you may receive a letter from the IRS with instructions on how you can verify your identity and prevent identity thieves from using your social security number for tax fraud in the future.

- **Your credit score inexplicably improves or deteriorates.** If your credit score is suddenly very low, a fraudster may have maxed out your credit without paying the bill. On the other hand, if your credit is improving when you haven't done anything to earn it, an identity thief may be building up your credit so they

can run through it later.

- **You are suddenly denied medical coverage.** Scammers can steal your identity to use your health benefits too. If you get medical bills in the mail, but you haven't been to the doctor, someone may be using up your benefits in your name. The same is true if you are unexpectedly denied coverage. Contact your insurance company to find out if you've been the victim of medical identity theft.

- **Debt collectors call about debts you are unaware of.** If you receive calls from debt collectors about money owed in your name for charges you never

made, someone may be using your personal information. In some cases, con artists may even use your child's name or social security number to rack up debts.

Get as much information as you can from the debt collector so you can investigate the supposed charges and take action to correct the matter.

If you suspect you are the victim of identity theft, visit [identitytheft.gov](https://identitytheft.gov) to report the matter and get a personalized recovery plan.

## AAA: Gas Prices \$1.17 Higher Than Year Ago

Massachusetts's average gas price is up nine cents from last week (\$3.18), averaging \$3.27 per gallon. Monday's price is 17 cents higher than a month ago (\$3.10), and \$1.17 higher than Oct. 18, 2020 (\$2.10). Massachusetts's average gas price is 5 cents lower than the national average.

"Compared to the price of gas a year ago, it now

costs consumers about \$17 more to fill up their vehicles," says Mary Maguire, director of Public/Government Affairs. "And unfortunately, it doesn't look like drivers will be finding relief at the pump any time soon." Increasing crude oil prices are the primary factor in the

higher prices at the pump.

The last time prices in Massachusetts were this high was October of 2014 at \$3.32 per gallon.

AAA Northeast's October 18 survey of fuel prices found the current national average to be 5 cents higher than last week (\$3.27), averaging \$3.32 a gallon.

### NOTICE OF PUBLIC HEARING

Case ZBA 21-77

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Susan Corcoran for a Variance to subdivide the property and create a new buildable lot for a residential structure in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **94 MERRYMOUNT ROAD, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)  
Join Zoom Meeting  
<https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09>  
Meeting ID: 852 8437 3540  
Passcode: Quincy  
Dial by your location  
+1 646 558 8656 US (New York)  
Meeting ID: 852 8437 3540  
Passcode: 956463  
Find your local number: <https://us06web.zoom.us/j/kQJCHVxix>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-79

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of 149 Quincy Street, LLC for a Variance/Special Permit/Flood Plain to remove the existing single family home and the construction of four (4) new, townhouses in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 3.0 (use regulations) and Chapter 8.1.7 (flood plain special permit) on the premises numbered **149 QUINCY STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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+1 646 558 8656 US (New York)  
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Martin Aikens, Chairman

10/21/21, 10/28/21

### NOTICE OF PUBLIC HEARING

#### NOTICE OF TIER CLASSIFICATION

**PARKINGWAY RIGHT OF WAY  
100 PARKINGWAY, QUINCY  
3-0036541**

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. The site has been classified as **TIER II** pursuant to 310 CMR 40.0500. On **October 22, 2021, the City of Quincy** will file a **TIER II Classification Submittal** with the Department of Environmental Protection (MassDEP). To obtain more information on this disposal site, please contact **Mr. Robert Stevens, Deputy Planning Director City of Quincy, 34 Coddington Street, 3rd Floor, 617-376-1411.** The Tier Classification Submittal and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) **3-0036541** at <http://public.dep.state.ma.us/SearchableSites2/Search.aspx> or contact **MassDEP, Northeast Regional Office, 978-694-3200.** Due to Covid-19 MassDEP Offices are Closed at this time. Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404.  
10/21/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-87

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Attorney Patrick Foley for a Variance to construct a six (6) unit residential building in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) and 4.1.1 (table of dimensional regulations) on the premises numbered **80 INDEPENDENCE AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)  
Join Zoom Meeting  
<https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09>  
Meeting ID: 852 8437 3540  
Passcode: Quincy  
Dial by your location  
+1 646 558 8656 US (New York)  
Meeting ID: 852 8437 3540  
Passcode: 956463  
Find your local number: <https://us06web.zoom.us/j/kQJCHVxix>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-83

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Attorney Patrick Foley for a Special Permit to change the use of the property from a industrial maintenance facility to an autobody shop in violation of Title 17 as amended, Chapter 3.1.3.F (motor vehicle uses) on the premises numbered **635 WASHINGTON STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)  
Join Zoom Meeting  
<https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09>  
Meeting ID: 852 8437 3540  
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Martin Aikens, Chairman

10/21/21, 10/28/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-86

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Wai Chu for a Variance to convert the existing rear accessory structure into a residential unit in violation of Title 17 as amended, Chapter 4.1 (table of dimensional requirements) on the premises numbered **47 PARKER STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)  
Join Zoom Meeting  
<https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09>  
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Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21



# SUN FUN PAGES

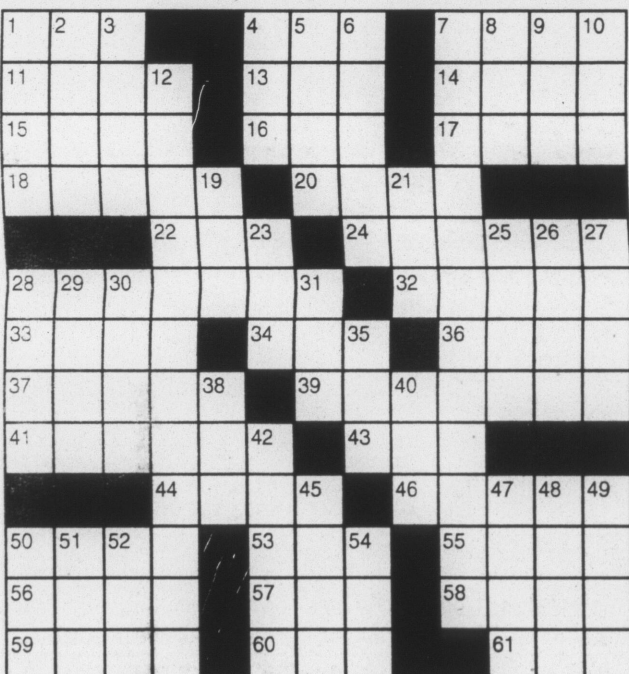
## King Crossword

### ACROSS

- 1 Request  
4 Lawyers' org.  
7 Jab  
11 Grub  
13 Sinbad's bird  
14 Way out  
15 Spanish greet-  
ing  
16 Somewhat  
(Suff.)  
17 Memorandum  
18 You'll get a rise  
out of it  
20 Iowa crop  
22 Owned  
24 Beginnings  
28 Pudding variety  
32 Lebanon's  
neighbor  
33 Press  
34 Rage  
36 Joyful tune  
37 Plaintive poem  
39 Sees the world  
41 Country singer  
West  
43 "Caught ya!"  
44 Frank
- 46 Gold mold  
50 Writer Didion  
53 Flushed  
55 Fascinated by  
56 Byron or  
Tennyson  
57 Nest-egg acro-  
nym  
58 Car  
59 Oil cartel  
60 Many millennia  
61 Drunkard
- 10 Tours season  
12 U.S. capital on  
the Potomac  
19 Eastern "way"  
21 ER-workers  
23 601, to Nero  
25 Canal of song  
26 Cash drawer  
27 Pre-college  
exams  
28 Even  
29 Woody's son  
30 Bard  
31 Illustrations  
35 Historic time  
38 Shriek bark  
40 Sushi fish  
42 Haunting  
source  
45 Sleuth Wolfe  
47 Wildebeests  
48 "Beetle Bailey"  
dog  
49 Horn sound  
50 "The Wedding  
Planner"  
actress, to fans  
51 "Alley —"  
52 Exist  
54 Dapper fellow

### DOWN

- 1 Needing lini-  
ment  
2 Oxford, for one  
3 Caffeine  
source  
4 "Entourage"  
character  
5 Pear type  
6 Sneeze sound  
7 The White  
House's  
"Avenue"  
8 Kitchen gadget  
brand  
9 Tool set



## MAGIC MAZE • TWO N'S IN THE MIDDLE

E E B Y V S P M J H E B Y V T  
Q O L L I G D B Y W T R P M K  
I F D A B Y W U S Q O M K I F  
D B Z E C X T W U L S Q O N L  
S L J H S I E M A F D C A Y W  
V I E A N E N I T R S S L Q P  
N L N N L E N N U T E I E K I  
H F S N N N O N A L E N N U G  
E C B A E E B O E R E N N A B  
Z Y W I V D K W U I Y E E I S  
R Q B P N M L J I H V T F F D

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: SHELTER FOR A DOG

Anna Bonnet Gunnell Tunnel  
Anne Dennis Inns Tyrannical  
Banner Dinner Minnow Viennese  
Biennial Fennel Tennis

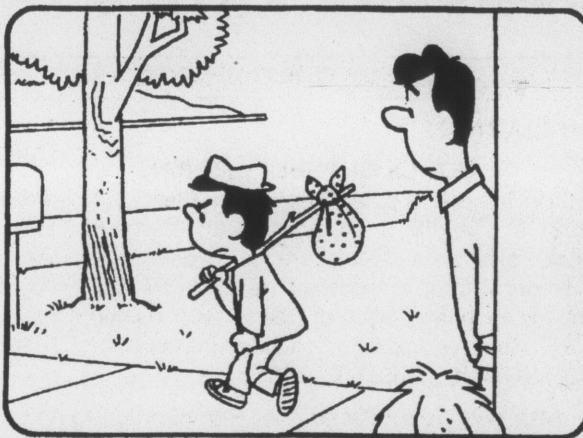
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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Fewer leaves on tree. 2. Bag is smaller. 3. Cap is reversed. 4. Sleeve is longer. 5. Shoe is different. 6. Branch is missing.

## Trivia test

1. GEOGRAPHY: What is the only country that ends with the letter Q?  
2. LITERATURE: Which Truman Capote nonfiction book begins with the line, "The village of Holcomb stands on the high wheat plains of western Kansas, a lonesome area that other Kansans call 'out there'?"  
3. MOVIES: What were the words on the hot-air balloon in which the wizard leaves Emerald City in "The Wizard of Oz"?  
4. HISTORY: Which amendment to the U.S. Constitution guaranteed the right to vote regardless of race?  
5. MEDICAL: What condition is the result of a decrease in red blood cells?

6. MEASUREMENTS: How many tablespoons are in a 1/4 cup?  
7. GENERAL KNOWLEDGE: What do deltiologists study and collect?  
8. TELEVISION: What is Netflix's highest rated original series in 2021?  
9. SCIENCE: What is a person who specializes in plant studies called?  
10. FOOD & DRINK: Is eggplant considered a fruit or a vegetable?

### Answers

1. Iraq  
2. "In Cold Blood"  
3. State Fair Omaha  
4. Fifteenth  
5. Anemia  
6. Four  
7. Postcards  
8. "Bridgerton"  
9. A botanist  
10. Fruit

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## Wishing Well®

7 6 4 7 6 5 4 8 4 2 6 4 6  
A I M P N B O B D A C E O  
3 6 5 6 7 4 5 8 5 6 8 4 7  
C M L E P R I U S A S A L  
4 6 8 6 3 6 5 3 4 2 6 4 8  
T U Y G A M S U E I E D D  
7 3 7 5 7 6 2 6 5 3 2 7 6  
Y T W I I N D T S I I L E  
2 3 2 6 3 7 3 2 7 4 3 4 2  
S O R D N L A E P E D S C  
4 3 4 2 4 2 3 4 3 5 3 2 3  
I V R E E I I S S Y E V D  
8 5 7 5 2 7 2 7 5 7 5 8 8  
A O O U E W D E R R S Y S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to your heart's content.

**TAURUS** (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence.

**GEMINI** (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.

**CANCER** (June 21 to July 22) You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.

**LEO** (July 23 to August 22) Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.

**VIRGO** (August 23 to September 22) It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.

**LIBRA** (September 23 to October 22) This is a good week

to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.

**SCORPIO** (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.

**SAGITTARIUS** (November 22 to December 21) This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.

**CAPRICORN** (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.

**AQUARIUS** (January 20 to February 18) Aspects favor relationships, whether platonic, professional or personal. On another note: Be a mite more thrifty. You might need some extra money very soon.

**PISCES** (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.

**BORN THIS WEEK:** You are impelled by a need to find truth, no matter how elusive. You would make a wonderful research scientist or an intrepid detective.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: V equals C

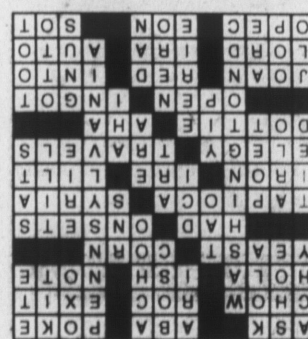
CMY VDSTM VPDCCMT IPDI  
UMDIEHMX DTT XQHIX QU XPQYX  
DSQEI CEVTMDH HMDVIWQXC:  
IMTM-UWXXWQC.

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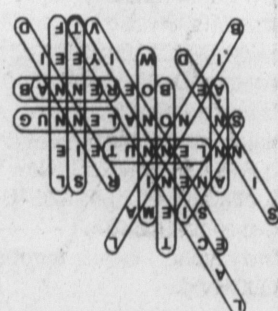
## King Crossword

Answers

Solution time: 22 mins.



## Magic Maze ANSWERS:



## CryptoQuip answer

Tele-fission.  
features all sorts of shows  
about nuclear reactions.

OCT

21

2021



# HOLLYWOOD

by Tony Rizzo

**HOLLYWOOD** – “Kevin Bacon Goes Gay,” the headline read, but of course it was referring to him starring and co-producing the (as yet untitled) LGBTQIA empowerment film set in a gay conversion camp, with Theo Germaine. It’s also a horror film, which Bacon’s done before in “Friday the 13th” (1980) and a slew of “Tremors” films starting in 1990. He’s kept himself busy doing Showtime’s “City on a Hill” (renewed for season three), co-producing and starring in “You Should Have Left,” with Amanda Seyfried, which went straight to streaming and was very successful. He’s completed the action thriller “One Way,” with Travis Fimmel and Colson Baker (aka Machine Gun Kelly), and is filming “Toxic Avenger,” starring Peter Dinklage, Elijah Wood and Jacob Tremblay, about an “everyman” pushed into a vat of toxic waste who becomes a mutant superhero. Bacon is currently taking direction from his wife, “Closer” star Kyra Sedgwick, making her directorial debut with “Space Oddity,” also starring “Big Bang Theory’s” Simon Helberg. Helberg hit Amazon’s streaming platform in August with the musical psychological drama “Annette,” starring Adam Driver and Marion Cotillard. He’s currently getting direction from his former “Big Bang Theory” co-star Mayim Bialik in “As Sick as They Made Us,” co-starring Dustin Hoffman and Candice Bergen.

\*\*\*

George Clooney has produced and directed “The Tender Bar,” a coming-of-age tale about a boy who bonds with the patrons at his uncle’s bar. It stars Clooney’s buddy Ben Affleck as the uncle to Tye Sheridan (of “X-Men” fame), with Christopher Lloyd and Lily Rabe rounding out the cast. It will have a short theatrical release on Dec. 17 before hitting Amazon’s platform on Jan. 7.

\*\*\*

We lost Jane Powell, one of the last great MGM musical stars who toplined “Royal Wedding” (1951), with Fred Astaire (remember he danced on the ceiling in that one), and “Seven Brides for Seven Brothers” (1954) with Howard Keel and some of the greatest dancing in movies. She worked with Romo Vincent in “Luxury Liner” (1948), and when she came to visit his widow (who lived next door to me) and learned she didn’t have a VCR to play his movies on, she came back the next day, unannounced, with a VCR and a new TV. That was the kind of lady she was. We lost her on Sept. 16 at 92 years young.

\*\*\*

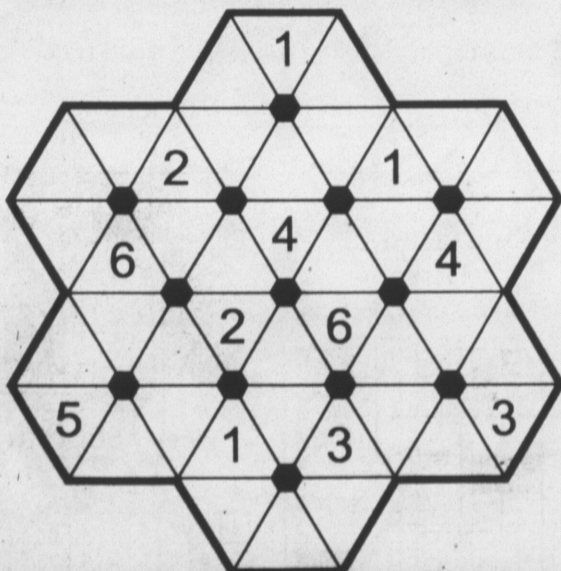
A last word on Kevin Bacon. Maybe you heard of the game “Six Degrees of Kevin Bacon”? Well, “Ben & Jerry’s Clash of the Cones” (Food Network) has taken it one degree further with Kevin as himself in the episode “Six Flavors of Kevin Bacon.” How’s that for a scoop?!

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## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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## GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

	x		-		19
÷		x		-	
	+		x		28
x		-		x	
	x		+		29
21		16		25	

1 3 4 4 5 6 7 8 9

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## KOVELS' Antiques & Collecting

By Terry and Kim Kovel

**Nested Tables**—A table has three or four or more legs and a flat top. But some modern designers can make furniture that is almost unrecognizable but still serve the same purpose. Cottone Auctions had a recent sale featuring a collection of modern furniture, including pieces by Gianfranco Frattini (1926-2004). He is best known as an Italian architect, but he designed unusual furniture for Cassina and modern lamps for many companies. He is considered an important member of the Italian design movement of the late 1950s and '60s. The strange table pictured here is really a nest of four tables designed by Frattini in the 1960s. The group is fitted together like a jigsaw puzzle. The four tables vary in height up to 15 inches. The hammer price for the set was \$1,416. The tables were first made by Cassina in 1966, and early examples have sold for almost \$4,000.

\*\*\*

**Q: I have a bisque or porcelain bride and groom wedding cake topper that was used on my grandparents' wedding cake. The bride is wearing a white dress with green sprigs on it. She has a wreath of pink roses on her head and is carrying a bouquet of pink roses. The groom is carrying his top hat in one hand and has his other arm linked through the bride's arm. The bride figurine is hollow. The back of her skirt is embossed with the number "8942" above "Germany." We'd like to know more about these figures.**

**A:** Wedding cakes were topped with bells, doves, cupid, flowers and sometimes by glass domes in the 1890s.

Bride and groom wedding cake toppers weren't used until the 1900s. They became popular in the 1920s. It's possible to date many of them from the style of the bride's dress. You know how old your topper is because you know the date of your grandparents' marriage, and cake toppers are almost always new. It's not possible to determine the maker since there is no maker's mark, just the model number and country of origin. We've seen bride and groom cake toppers with these marks selling for \$40 or more.

\*\*\*

### CURRENT PRICES

Silver-sterling, letter opener, bulbous tapered handle, teardrop end, incised bands, Sheffield stainless steel blade, 1950s, 9 inches, \$40. Doorstop, golfer, mid-swing, knickers & jacket, cap on ground, cast iron, painted, Hubley, c. 1920, 10 inches, \$175.

Advertising trade sign, Fresh Butter, cow shape, wood, painted, white with black spots, metal hanging loops, 21 x 30 inches, \$385. Glass sculpture, pelican, teal green, beak up, clear gullet with red & yellow fish inside, Elio Raffaeli, Murano, c. 1975, 22 1/4 inches, \$455.

\*\*\*

**TIP:** Never put hot glass in cold water or cold glass in hot water. The temperature change can crack the glass.

"Kovels' Antiques & Collectibles Price Guide" – the new 2022 edition with more than 12,500 all-new and real prices, 3,000 pictures and 500 marks – is available for pre-order. Visit [www.Kovels.com](http://www.Kovels.com) for a special offer.

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## STICKELERS

by Terry Stickels

Here are the names of some famous artists. What type of art do they create?

Rafal Olbinski  
Victor Vasarely  
Rob Gonsalves

Scott Kim  
Octavio Ocampo  
Bev Doolittle

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## Strange BUT TRUE

- Those having received at least one shot of the COVID-19 vaccine were eligible for a free marijuana joint in New York City and Washington, D.C., thanks to "Joints for Jabs." The organization behind the 4/20 event hoped to help counter vaccine hesitancy.
- The first lawnmower was an adapted carpet-cutting machine.
- Theodore Seuss Geisel dropped out of Oxford before getting his Ph.D. and called himself Dr. Seuss as a nod to his father.
- The four-penny coffin was one of the first homeless shelters created for the people of central London by the Salvation Army during the late 19th and early 20th centuries. For that amount, they received food and shelter, and could sleep in a coffin-shaped wooden box with a tarp.
- When you snap a whip, that sound you hear is the whip breaking the sound barrier.
- In 2015, a fan of the Aus-

tralian band Peking Duk got backstage at their concert by adding himself as a family member on their Wiki page and showing it to security. The duo wasn't upset, however, noting that they "ended up having a bunch of beers with him and he was an absolute legend."

• Swedish wasn't the official language of Sweden until 2009.

• The phrase "take something with a grain of salt" refers to an ancient Roman recipe for an antidote that protects against poisons.

• Phobophobia is the fear of phobias, or the fear of fear.

• Lee Hadwin "sleepdraws" gorgeous works of art, of which he has no recollection afterward. He has been drawing in his sleep since he was 4 years old.

• The ancient Aztecs believed that Techichis, fore-runners of today's Chihuahua, would absorb their owners' sins while escorting them to the afterlife.

\*\*\*

**Thought for the Day:** "Quality is not an act. It is a habit." – Aristotle

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## Now here's a tip!

by Jo Ann Derson

• "If you heat a pita in the microwave first, it will be easier to open and will rip less. About 10 seconds should do it." – *M.E. in Georgia*

• Baby have diaper rash? One of the best remedies is "air time" – that is, letting baby go without a diaper for a bit. Another simple soother is a baking soda bath. Try adding 2-4 tablespoons of baking soda to Junior's bathwater.

• Use this tip to vacuum seal your meat for the freezer without any special equipment! Add meat pieces to a plastic, zipper-top bag. Fill a large pot several inches deep with water. Seal all but an inch or so of the bag. As you lower the bag into the water (zipper top up) the air will escape through the unsealed portion. When no air remains, seal the bag and then remove from the water.

• "Have you tried this single-serving blender hack using a

mason jar? Many standard-size blender blades can be screwed on to a pint Mason jar. If you're one of the lucky ones, you can make single servings of smoothies to blend and go." – *T.U. in South Carolina*

• "Apply petroleum jelly to the panes of your windows before painting the trim. This works better than masking tape in many ways. It is easily removed, and even large paint flecks come right off." – *P.S. in Illinois*

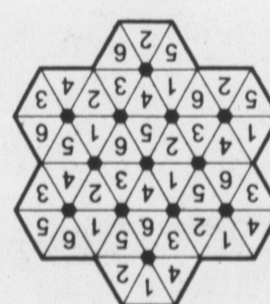
• After you've cooked your chicken whole, remove the meat and throw the bones and remaining carcass in the slow cooker with 3-4 cups of water. Let it cook on low for several hours for a spectacularly flavorful broth.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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## SNOWFLAKES

solution



## Go Figure!

answers

25	16	21
29	5	3
x	-	x
28	x	1
-	x	÷
19	6	7

## Stickelers Answer

These artists are creators of optical illusions.



# Super Crossword

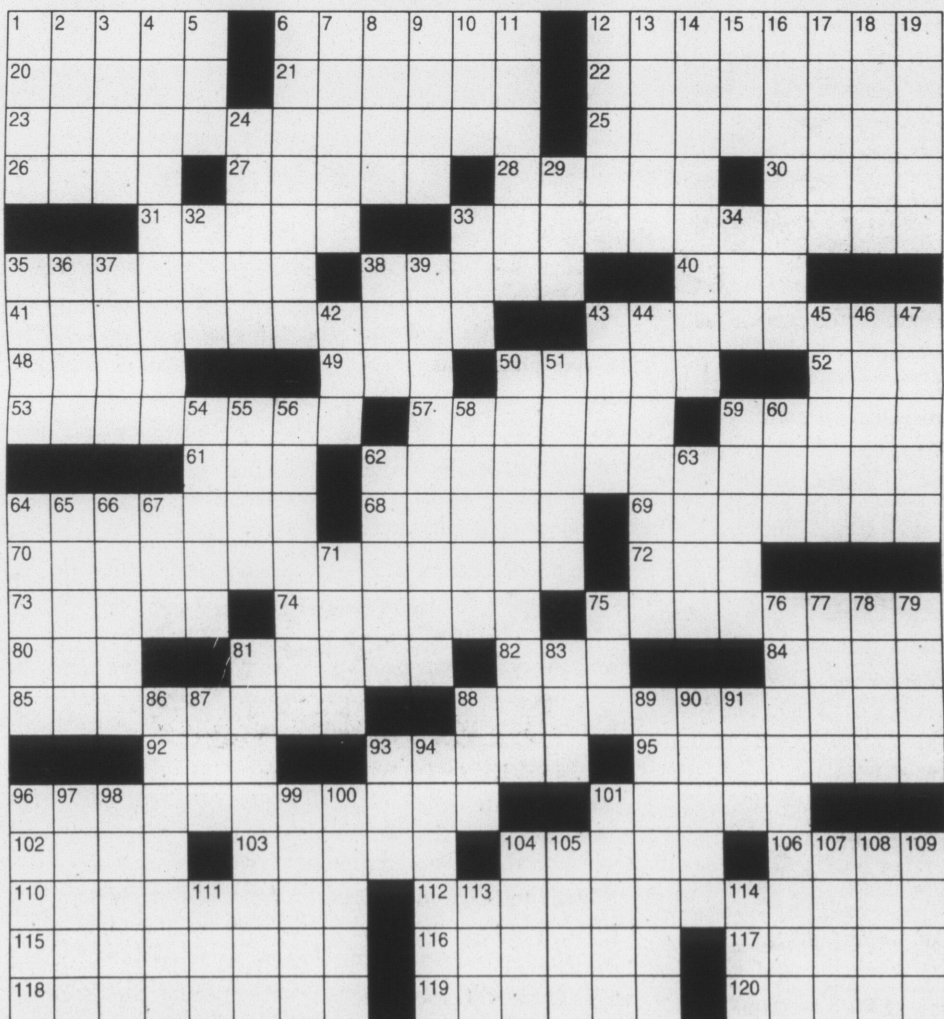
GONE FISHING

## ACROSS

- 1 Longtime movie theater chain
- 6 Sound signal booster, for short
- 12 Coiled like a corkscrew
- 20 As red as —
- 21 Accounting book
- 22 Oahu city
- 23 Possessions of a fish?
- 25 Catches in a trap
- 26 "Sax by the Fire" musician John
- 27 Donald's first ex
- 28 Flower girl, sometimes
- 30 Fender ding
- 31 Back street
- 33 Fish just beyond the visible light spectrum?
- 35 More flamboyant
- 38 Twisty turns
- 40 37-Down minus five
- 41 Puck-pushing fish?
- 43 With child
- 48 180 degrees from west, in Spanish
- 49 "Deathtrap" writer Levin
- 50 Made a dove's sound
- 52 Python kin
- 53 Hold to one's policy
- 57 Steak options
- 59 Bums around
- 61 No longer fashionable
- 62 Guy's retro 'do given by a fish?
- 64 Like a cook or a welder
- 68 Land amid water, in Italy
- 69 An inverse trig function
- 70 Fish going here and there?
- 72 Pasty luau food
- 73 Delivery path
- 74 Roaming sorts
- 75 Was a counselor to
- 80 Extra play periods, in brief
- 81 "Robin —" (old Irish ballad)
- 82 Simpson trial judge
- 84 Ashy-faced
- 85 Hot Chinese cuisine

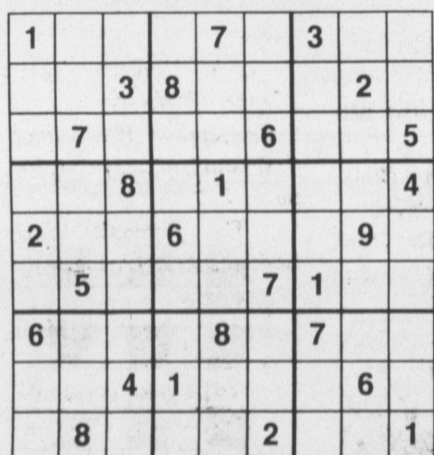
## DOWN

- 88 Swallow a fish quickly?
- 92 Tummy muscles
- 93 Yoga posture
- 95 Country singer
- 96 Fish skilled at mimicking sounds?
- 101 String ties
- 102 Woeful cry
- 103 Steer-roping contest
- 104 Milton of TV
- 106 Jai —
- 110 Reeling off
- 112 Fish alongside Harry Truman's wife?
- 115 Detest
- 116 "Spectre" co-star Greg
- 117 Get hitched on the run
- 118 Became dim
- 119 Singer Vic
- 120 Detect
- 1 Terminal
- 2 Slender reed instrument
- 3 Slender swimmers
- 4 New Jersey locale where Hamilton and Burr dualed
- 5 Big inits. in fuel additives
- 6 Short-billed shorebirds
- 7 Recompense
- 8 Adam and Eve's garden
- 9 Taj Mahal city
- 10 Convened
- 11 Hester in "The Scarlet Letter"
- 12 See-through bite of
- 13 Northern Oklahoma's — City
- 14 Slid in
- 15 "Solo" director Howard
- 16 Abu's master
- 17 Lorelei, e.g.
- 18 Kagan of the bench
- 19 Like used chalkboard erasers
- 24 Former Heat coach Pat
- 29 Possibilities
- 32 Repose
- 33 British verb ending
- 34 Work unit
- 35 Tom Jones' "— a Lady"
- 36 Quizmaster, e.g.
- 37 Prefix meaning "eight"
- 38 Corn unit
- 39 Info provider at the bottom of a PC window
- 42 Tool set, e.g.
- 43 Keats, e.g.
- 44 Form again
- 45 Simple calculators
- 46 Like wet blankets
- 47 Take a small bite of
- 50 Secret cooperation
- 51 — a time
- 54 "Death Be Not Proud" penner
- 55 Entreated
- 56 Extras after the main text
- 58 It flows through arteries
- 59 Permissible
- 60 Surg. centers
- 62 Heat's city
- 63 Middle name of Elvis
- 64 Frizzy dos
- 65 Collapse in frustration, in slang
- 66 Awaken
- 67 See 94-Down
- 71 Equine color
- 75 Sun. follower
- 76 Like human thumbs
- 77 Parade ruiner
- 78 Sommer of "Zepelin"
- 79 Hart or hind
- 81 From Graz or Linz
- 83 Onetime JFK carrier
- 86 Queasy from riding, in a way
- 87 "Euphoria" ailer
- 88 "Lah-di —!"
- 89 Like many highways
- 90 Rock's Van —
- 91 Vanity
- 93 Live
- 94 With
- 67-Down, eyed to evaluate
- 96 Peeled
- 97 Amazon Echo's personal assistant
- 98 Relay athlete
- 99 Italian bridge
- 100 Sidled
- 101 "Heaven" singer Adams
- 104 Fill-up point
- 105 Waffle brand
- 107 Writer Uris
- 108 Vipers
- 109 "Understood"
- 111 Luigi's three
- 113 Eggs, to Livy
- 114 — Plains



## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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## Super Crossword

Answers



## Even Exchange

answers

1. Great, Great
2. Musher, Musher
3. Dorms, Dors
4. Haven, Raven
5. Nimble, Nibble
6. Linger, Linger
7. Flirt, Flirt
8. Biker, Biker
9. Jolly, Jelly
10. Gravel, Travel

## celebrity extra

by Dana Jackson

**Q: How is "NCIS: Hawai'i" doing in the ratings so far? I hope it doesn't get canceled, but it seems like these network spinoff shows do well.**

**A:** You can rest assured that "NCIS: Hawai'i" won't be canceled. In fact, star Vanessa Lachey said the show has just been picked up for a full season of 20-24 episodes, up from 13 plus the pilot in its debut season. According to TV-Line.com, "NCIS: Hawai'i" is the fall's "most watched series launch, having debuted to 6.6 million total viewers." Lachey stars as Jane Tennant, the first female special agent in charge of NCIS Pearl Harbor. "NCIS: Hawai'i" airs Mondays on CBS at 10 p.m. ET.

\*\*\*

**Q: We have watched "Gunsmoke" for years. Can you tell me about the actors who played Miss Kitty, Doc and Festus? Also, was there a character named Chester?**

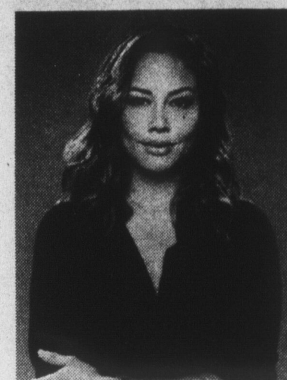
**A:** "Gunsmoke" made its TV debut in 1955. It was set in Dodge City, Kansas, in the 1890s and centered on U.S. Marshal Matt Dillon, played by James Arness. Miss Kitty (Amanda Blake) was the red-haired proprietress of the

Long Branch Saloon, while Doc Adams (Milburn Stone) was the town doctor. There was indeed a Chester: Deputy Marshal Chester Goode, played by Dennis Weaver, who left the series in 1964. Blake started out on the stage before MGM studios discovered her, viewing her as "the next Greer Garson." After 19 seasons on "Gunsmoke," she left to devote time to breeding cheetahs in captivity. She passed away in 1989 at age 60.

Milburn Stone grew up in a tiny Kansas town much like Dodge City. He was briefly replaced by actor Pat Hingle while he underwent heart surgery, but returned for the final four seasons. Dennis Weaver chose to leave "Gunsmoke" because, as he told The Toronto Star, he didn't want to be the "second banana" anymore. He eventually played the titular role in "McCloud," a TV series that ran seven years. Weaver was replaced on "Gunsmoke" by Ken Curtis as Festus Haggen. Curtis, a singer and the son-in-law of director John Ford, has appeared in numerous films, including "Mister Roberts" and "The Searchers." "Gunsmoke" ran until 1975 on CBS and was the longest running scripted series in history before "The Simpsons" broke that record in 2018.

\*\*\*

**Q: What happened to the Native American characters in "FBI: Most Wanted"? One played the right-hand**



Vanessa Lachey

Photo Credit: Christopher Patey/CBS

**man to Agent LaCroix. They all simply disappeared. — M.H.**

**A:** Actor Nathaniel Arcand confirmed in July that he would not be returning to "FBI: Most Wanted" as Agent Clinton Skye, who is also Special Agent LaCroix's (Julian McMahon) brother-in-law. No reason was given for his exit, but he can be seen in the upcoming Martin Scorsese film "Killers of the Flower Moon," starring Leonardo DiCaprio. As for LaCroix's mother- and father-in-law, Marilou and Nelson Skye (played by Irene Bedard and Lorne Cardinal), their future remains uncertain as they haven't appeared on the new season and are not listed in the upcoming credits.

Send me your questions at [NewCelebrityExtra@gmail.com](mailto:NewCelebrityExtra@gmail.com), or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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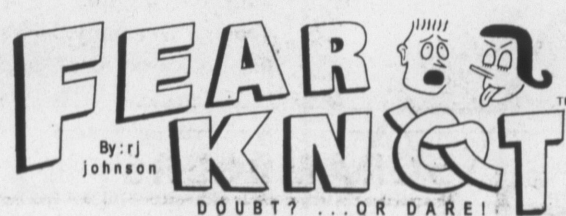
## Even Exchange

by Donna Pettman

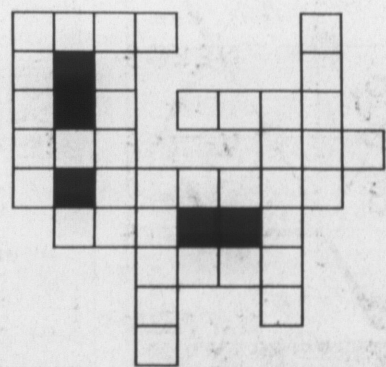
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                    |             |                     |             |
|--------------------|-------------|---------------------|-------------|
| 1. Like Alexander  | — — — — A — | Welcome             | — — — — E — |
| 2. Iditarod driver | — — — — H — | Gather up courage   | — — — — T — |
| 3. College rooms   | — — — — M — | Actress Day         | — — — — I — |
| 4. Safe harbor     | H — — — —   | Blackbird           | R — — — —   |
| 5. Agile           | — — — — M — | Take small bites    | — — — — B — |
| 6. Lumberjack      | — — — — G — | Hotel visitor       | — — — — D — |
| 7. Fire starter    | — — — — N — | Make eyes at        | — — — — R — |
| 8. Beach wear      | — — — — I — | Using a two-wheeler | — — — — G — |
| 9. Good-humored    | — — — — O — | Toast topping       | — — — — E — |
| 10. Pebbles        | G — — — —   | Take a journey      | T — — — —   |

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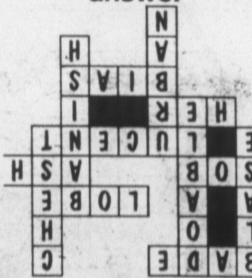
- RHE  
CUTNLE  
♥LEBSA  
SIBA  
♥OBDEAL  
♥SHA  
♥ELBO  
NARBU  
OSB  
HIBSNA  
ETHCS  
♥DEBA



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fill each string's word either across or down to knot all twelve strings together.



answer



Weekly SUDOKU

Answer



OCT

21

2021



## Amber Waves



## Out on a Limb



## R.F.D.



## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Thick  
NEEDS

Lyric  
VERSE

Gun  
PILOTS

Teacher  
ONTERM

TODAY'S WORD

## Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	4	1	2	2	6
6	3	3	3	1	4
3	6	2	1	4	2
4	2	2	3	5	5
1	2	4	6	3	5
2	2	6	3	5	3

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**DEAR PAW'S CORNER:** I read your column about a pet sitter who had to deal with a sick cat. Even though it was a scary story, I still want to be a professional pet sitter. I'm still in high school, but this is a dream job for me. How do I get started? Do I need to be certified by a national organization? — Sarah, Blue Ridge, Georgia

**DEAR SARAH:** Pet sitting can be a rewarding career, especially if you do the groundwork needed to really succeed at it. You don't need a certificate from an organization like the National Association of Professional Pet Sitters, but having a certificate helps prospective clients feel more confident that you know your job and take it seriously. Here's a few steps to take before starting a pet sitting business.

— Talk to your parents about

what you want to do. Because you're under 18, it's important to involve them in this decision.

- Do some trial pet-sitting. With your parents' permission and supervision, pet sit for family friends or relatives. You'll get valuable experience and learn if you really like doing this.
- Join pet sitting groups on social media. You can glean lots of useful advice from experienced pet sitters.
- Learn about starting and running a small business. If your high school doesn't offer a class or a club, sign up at a nearby community college.
- Contact the Small Business Association (SBA.gov). They offer free counseling services to help you get a small business off the ground.
- Check out some major pet sitting organizations online. The NAPPS (<https://petsitters.org>) in the U.S. and Pet Sitters International (<https://www.petsit.com/>) have lots of information and advice on running a great pet-sitting business.

Send your tips, questions or comments to [ask@pawscorner.com](mailto:ask@pawscorner.com).

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## TOP VIDEO RENTALS AND SALES

**TOP TEN VIDEO, DVD**  
for release week of  
October 18, 2021

- Video On Demand**
1. F9: The Fast Saga (PG-13) Vin Diesel
  2. Snake Eyes: G.I. Joe Origins (PG-13) Henry Golding
  3. The Forever Purge (R) Ana de la Reguera
  4. Boss Baby: Family Business (PG) animated
  5. Cruella (PG-13) Emma Stone
  6. Apache Junction (R) Scout Taylor-Thompson
  7. Venom (PG-13) Tom Hardy
  8. The Hitman's Wife's Bodyguard (R) Ryan Reynolds
  9. The Conjuring: The Devil Made Me Do It (R) Patrick

Wilson  
10. A Quiet Place: Part II (PG-13) Emily Blunte

- DVD, Blu-ray Sales**
1. F9: The Fast Saga (PG-13) Universal
  2. Black Widow (PG-13) Disney/Marvel
  3. The Forever Purge (R) Universal
  4. Cruella (PG-13) Disney
  5. Hocus Pocus\* (PG) Disney
  6. Boss Baby: Family Business (PG) Universal/Dreamworks
  7. Zach Snyder's Justice League (R) Warner
  8. Beetlejuice\* (PG) Warner
  9. Venom\* (PG-13) Sony Pictures
  10. The Hitman's Wife's Bodyguard (R) Lionsgate
- \*Re-release  
Source: Comscore/Media Play News  
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## Hitori answer

3	5	3	9	2	2
5	3	9	2	4	1
5	5	3	2	2	4
2	1	4	2	1	4
4	3	3	3	3	9
6	4	1	2	2	6

**SCRAMBLERS**  
solution  
1. Dense 2. Serve 3. Pistol 4. Mentor  
Today's Word  
DELIVER



# MORE FUN



**The Way Down** — This three-part documentary exposes The Remnant Fellowship, a Southern megachurch that seemed to follow the Scientology playbook of brainwashing, intimidation and guilt-based money-grubbing. The church was created and led by Gwen Shamblin, a diet guru obsessed with weight loss and big hair (and money, and power). The film was well into production when Shamblin, her husband and five others from the church were killed in a small-plane crash in Tennessee in May 2021. As such, two more upcoming episodes will be released in early 2022 to cover the fallout of the loss of the church's leadership, including pending lawsuits. (HBOMax)

**Life's a Glitch With Julien Bam** (16+) — Imagine being a wildly famous internet influencer when out of the blue, a "Back to the Future"-like car crash transports you and your best buddy to a parallel universe where you are now a big fat nobody but your friend is a world-famous rapper. Such is the plot of this four-episode German comedy series starring Julien Bam — an actual YouTube celebrity — and Joon Kim. While attempting to find their way back to their previous reality, the two gents encounter various misadventures from mistaken identity hijinks to an MMA beatdown. Premieres Oct. 21. (Netflix)

**Invasion** — A series of unexplained and seemingly random incidents, accidents and tragedies fall upon the planet. But the increasingly destructive events are soon determined to be interconnected, and their origin is not of the earth. Crashes, explosions, sickness, plagues; will it be the end of humanity? The 10-episode original series feels very "War of the Worlds '05," but it stars Sam Neill, so there's still hope. Premieres Oct. 22. (Apple TV+)

**Behind the Music** — From 1997 to 2014, VH1's "Behind the Music" was the ultimate weekend couch-vegging program. Every episode brought to light all of the darkest days of our favorite musicians. It seemed every musical act from Leif Garrett to Hall & Oates to Anthrax was featured, exposing their addictions, bankruptcies and broken relationships. It was awesome. And now it's back! Eight all new episodes are currently available, some with artists who have been previously featured on the show. My episode recommendations: Huey Lewis and Duran Duran. (Paramount+)



Julien Bam in "Life's a Glitch"

**Dopesick** — In the mood for an emotional series about how corporation-encouraged opioid addiction has overtaken and destroyed America's already financially depressed coal mining towns? Look no further than this original series based on a true story. In it, Michael Keaton plays Samuel Finnix, a local physician who believed the hype about Purdue Pharma's painkiller, OxyContin. After widely prescribing the alleged miracle drug, he comes to realize he unwittingly contributed to the addiction and deaths of many of his patients. Dr. Finnix then joins the fight against Purdue alongside the U.S. Drug Enforcement Agency. The cast also features Peter Sarsgaard, Rosario Dawson and Will Poulter. (Hulu)

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## Contract Bridge

### FAMOUS HAND

East dealer.

Neither side vulnerable.

NORTH			
♦	—		
♥	A J 5		
♠	A Q J 10 4		
♣	A Q J 3 2		
WEST			
♦	Q 5 3		
♥	8 7 6 2		
♠	8 5		
♣	K 10 7 5		
EAST			
♦	—		
♥	—		
♠	—		
♣	—		
SOUTH			
♦	8 7		
♥	4		
♠	K 9 7 6 3 2		
♣	9 8 6 4		

The bidding:			
East	South	West	North
2♦	Pass	2 NT	3 NT
4♦	Pass	5♦	Pass
5♥	Pass	5♠	6♦
6♣	Pass	Pass	7♦
Pass	Pass	Dble	

Opening lead — three of spades.

This deal occurred many years ago in a rubber-bridge game at New York's Cavendish Club, where some of the world's top experts once congregated daily.

East opened with a forcing two-bid, and his partner responded two notrump. North, a bit mystified, now bid three notrump. This was the "unusual notrump," indicating length in both minor suits.

When East next bid four spades, South ventured five diamonds, which rolled around to the opener, who now revealed his second suit. This in turn drew a five-spade bid from West, six diamonds from North and six spades from East. North's seven-diamond bid, doubled by West, then became the final contract.

Declarer ruffed the spade lead in dummy, cashed the ace of diamonds and overtook the queen with the king. He then led the club eight, planning to let it ride!

But West was right on his toes and covered the eight with the ten. South finessed the jack, and sure enough, East showed out. Next came the heart ace and a heart ruff. Declarer now led the club six, covered by the seven and queen.

After ruffing another heart, South led the club nine, covered by the king and ace. As a result of all these maneuvers and counter-maneuvers, declarer had to go down one, West scoring the setting trick with the club five, which had become the high club!

And so, East, who opened with a strong two-bid, never took a trick, and West defeated the grand slam because he had been dealt the club five instead of the four!

Oddly enough, the hand proved to be a complete washout, since North's 100 honors offset the 100-point penalty, resulting in no score.

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by Steve Becker

## Puzzles4Kids

by Helene Hovanec

### CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

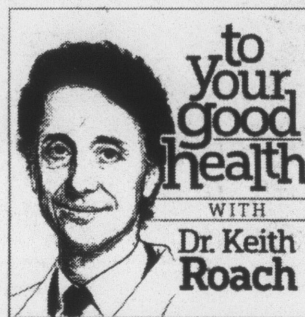
Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X I B U E P Z P V T B Z X I F O Z P V

N F F U B H I P T U ?

"I P X E P Z P V C P P ?"



## Help With Parkinson's Disease Symptoms

**DEAR DR. ROACH:** Is acupuncture a possible therapy to relieve back pain and stiffness associated with Parkinson's disease? -- R.G.

**ANSWER:** There have been many trials that show acupuncture is superior to no treatment for various symptoms of Parkinson's disease. This is true especially for fatigue, but also in a composite score that includes stiffness. A systematic review of published studies found that "acupuncture has significant positive effects."

Other studies have shown that sham acupuncture, where random areas of the body were needled, was also effective in treating symptoms. This has led some skeptical authors to conclude that acupuncture is a placebo effect. The treatment convinces people that they are getting better, so they do feel better. However, if acupuncture were completely harmless and improved symptoms, I would recommend it to people who were interested.

Acupuncture is mostly, but not entirely, harmless. Adverse events are not common with acupuncture, but they do happen. Minor adverse effects happen in about 9% of cases. Serious adverse events such as pneumothorax (sometimes called a collapsed lung) and nerve damage are occasionally reported.

**DEAR DR. ROACH:** I recently read in a magazine that it would be better to contact a registered nurse over a physician assistant for medical questions. I was surprised. Just what is the hierarchy below a doctor? How about a nurse practitioner? -- P.H.

**ANSWER:** I don't look at doctors, nurses and physician assistants as being in a strict

hierarchy, but as important members of a team, whose job is to provide care. All of us on a team have different strengths and different knowledge. There are many parts of a nurse's role that I (like the vast majority of doctors) am unqualified to perform, and any hospital (and many doctor's offices, including mine) would descend into chaos within hours without nurses.

Individual offices have different ways of answering patient's questions by phone. In some offices, the doctor answers it directly, but in others, the nurse or PA might. Both have knowledge and expertise to do so, and can contact other members of the team if necessary. Both PAs and RNs are trained and skilled professionals.

Nurse practitioners are clinicians. They act in nearly all ways as a doctor does with their patients. Most NPs I have known have specialized areas of knowledge. In my first faculty position at the University of Chicago, the NPs there had near-encyclopedic knowledge of gynecologic care of healthy women, and not only did they teach me a great deal, they were a valued resource when I had questions about well-woman care or common gynecologic issues.

My NP colleagues at Cornell have great expertise in care of diabetes, and I frequently solicit their advice; I am also delighted to answer questions my NP colleagues have of me in other areas. Years of practicing together has led to a mutual respect for each other's strengths.

However, NPs are not physicians and generally do not perform surgery as a gynecologist does, nor usually take care of complex cases of Type 1 diabetes with insulin pumps, for example. It's important for all of us clinicians not to exceed our level of competence, and to recognize when we need help and to make appropriate consultations.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu).

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## Puzzles4Kids

Answer

What do you say when you meet a ghost?  
How do you do boo?

## Comfort foods

Made fast and healthy



by Healthy Exchanges

## Cranberry Graham Squares

While cranberry sauce is always appropriate, why not share this cranberry-studded recipe this season? After all, it won't be long before these ruby delights won't be anywhere to be found.

- 12 (2½-inch) graham crackers
- 1 (4-serving) package sugar-free vanilla instant pudding mix
- 2/3 cup nonfat dry milk powder
- 1¾ cups water
- 1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix
- 1 cup reduced-calorie cranberry juice cocktail
- 1 cup fresh or frozen cranberries
- 1 cup reduced-calorie whipped topping

1. Evenly arrange 9 graham crackers in a 9-by-9-inch cake pan. In a large bowl, combine dry instant pudding mix, dry milk powder and 1 ¼ cups water. Mix well using a wire whisk. Pour mixture evenly over graham crackers. Refrigerate while preparing cranberry sauce.

2. In a medium saucepan, combine dry cook-and-serve pudding mix, cranberry juice cocktail, remaining 1/2 cup water and cranberries. Cook over medium heat for about 5 minutes or until cranberries soften, stirring often.

3. Remove from heat, place saucepan on a wire rack and allow to cool for 30 minutes, stirring occasionally. Evenly spoon cooled mixture over set filling.

4. Spread whipped topping evenly over cranberry mixture. Crush remaining 3 graham crackers into fine crumbs. Evenly sprinkle crumbs over top. Refrigerate for at least 1 hour. Serves 8.

• Each serving equals: 93 calories, 1g fat, 2g protein, 19g carb., 297mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch.

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1. Name the group who released a debut album titled "Children of the Future."
2. What was the real name of Iron Butterfly's song "In-A-Gadda-Da-Vida"?
3. What is Styx's "Renegade" about?
4. Dead or Alive had to fund recording of one of their songs because the record company hated it. What was it?
5. Name the song that contains this lyric: "See the way he walks down the street, Watch the way he shuffles his feet."

### Answers

1. The Steve Miller band, in 1968. The album didn't do well, topping out at No. 134. The next one, "Sailor," did better, however, reaching No. 24.
2. "In the Garden of Eden." It was written wrong by someone who was taking down the lyrics. The 1968 song was over 17 minutes long.
3. "Renegade" is a message from an outlaw to his mother saying he'd been caught.
4. "You Spin Me Round (Like a Record)," in 1984. The song went to No. 1.
5. "He's A Rebel," allegedly by The Crystals in 1962, but actually recorded by The Blossoms because The Crystals weren't available. In his rush to get the song out, producer Phil Spector hired The Blossoms, but credited The Crystals (one of his own acts).

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**WOODWARD SCHOOL** sixth grade students are led on the hike at the Blue Hills by their "Big Sisters," the seniors.  
*Photos Courtesy Woodward School*



**NINTH GRADE STUDENTS** hold their ground in traditional tug of war game with upperclass students.

## Woodward School Hikes The Blue Hills Together

The total of Woodward students and staff set out to hike to the top of the Great Blue Hill Sept. 27, the highest of the 22 hills in the Blue Hills Chain. After missing this annual field trip last year, due to COVID-19 restrictions, anticipation ran high with students to carry on this tradition.

The Woodward School Blue Hills Day connects all the generations of Woodward students. It is a bonding event where new friends are made. The Senior Class hiked as big sisters, with our youngest students in Grade 6.

During this three-mile hike, our community followed the Skyline Loop to the 635-foot summit, where they climbed the Charles Eliot Great Blue Hill Observation Tower and took in the expansive views. After an all-school picture at the top, everyone descended to enjoy a picnic lunch, fun games, and contests, including the anticipated rope tug-of-war.

A teacher remarked, "Our students promote environmental awareness and practiced, bringing the Leave No Trace principles: "leave only footprints" and "what you pack in – pack out We all made it up and down; it was a lot of fun and a beautiful, uplifting day in this shared conservation land."

The Woodward School, located in historic Quincy Center, is an independent, secular all-girls school offering grades 6 – 12. Woodward has been educating and empowering young women for college to be leaders and exemplary citizens for over 125 years.

To learn more visit [www.thewoodwardschool.org](http://www.thewoodwardschool.org).



**EIGHTH GRADE STUDENTS** Elizebeth Kowski of Hanson, Laila Whyte of Boston and Heidi Barber of Quincy admire the view from Blue Hill Observation Tower.

### Quincy Point Congregational Church

Sunday, Oct. 24 at 10 a.m. there is in-person worship at Quincy Point Congregational Church, 444 Washington St. and it will also be streamed live for people at home.

Rev. Kim continues her "All About" series with the sermon, "All About Job." Pam Sawyer will be the liturgist of the day.

The live broadcast will have a feed to YouTube, Facebook and Vimeo. The church sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side of the church.

Come and join us in the Social Hall for our third annual pumpkin carving and pizza, fest on Halloween

after 10 a.m. worship. This event is for all ages and levels of skill.

Are you nervous about wielding a carving knife? No fear – just draw on your pumpkin with provided sharpies and our skilled knife wielders (all adults) will carve your design for you.

Judy Morris will be making pizza. We encourage you to bring your own pumpkin.

Sign up so we will know how many pizzas to provide at: <https://www.signupgenius.com/go/5080e4fa4ae2da0f94-pumpkins3>.

Save the Dates for St. Nicholas Festival Weekend Dec. 3-5. Dec. 3 from 6:30-9:30 p.m. will be a

concert, followed by a fair preview. The concert features the musical and instrumental talents of QPCC soloists, members of South Shore Piano School and stu-

dents of South Shore Children's Chorus.

Then on Dec. 4 the fair will take place from 9 a.m. to 3 p.m. More details to follow.

### Bereavement Support Group At Council On Aging Oct. 28

Michelle Lydon, funeral director of Hamel-Lydon Chapel & Cremation Service of MA, will be facilitating a monthly bereavement support group at the Quincy Council on Aging, 440 East Squantum St. on Thursday, Oct. 28 from 1 to 2 p.m.

The monthly group provides a space of support and sharing for those who are grieving the loss of a loved one. This month's group

will feature guest Lori Scott of Lori Scott Yoga in Wollaston who will lead the group in a guided meditation focusing on mindfulness skills for grief and finding peace and refuge in a time of great loss.

There is no cost to attend and all are welcome. Call Rose Cristiani Pope at Hamel-Lydon Chapel (617)472-5888 for more information.



**NINTH GRADE STUDENT** Jarvia Ramos of Dorchester joins 10th graders Leah Terry of Braintree and Hannah Charron of Cohasset on the trek up.





Please join us on Friday, October 29, 2021

6:00 pm - 10:00 pm

Boston Marriott Quincy - 1000 Marriott Drive, Quincy, MA

To purchase tickets or for information on event sponsorship,  
please visit DOVE's website at [www.dovema.org](http://www.dovema.org)

For more information please contact Dawn Hayes, Director of Marketing & Philanthropy:  
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